



Director Dental Services Comments

by Colonel Scott Becker, D Dent Svcs

Spring has sprung, the birds are singing, the posting plot versions are now into double digits, PER writing is fast reaching a crescendo, and the last of the snow is gone from my driveway. Let's see, what other signs of spring do we have... wrapping up the annual military occupational review, tidying up the fallout of another very successful Winter working Group, financial cleanup at end fiscal year (where did that \$100K go?... We are how much in the hole??) and of course CF Transformation continues to insert itself into our days on a regular basis. I hope the CO let's the 1 DU DCOs out of the PER writing bunker soon or they will miss spring completely.



The conference was very productive from my view on many fronts. There was as much business done at the social events as there was socializing, which would not have taken place in more formal settings. I convened an overdue closed-door Senior Dental Officer Council (SDOC) meeting (LCols, Cols and Col Cmdt) which ran, despite severe sleep deprivation from the previous Mess Dinner night, a full 5 hours. This was reflective of the energy and commitment of the senior leadership to addressing outstanding issues. It did not turn out to be the no-holds-barred cage match it could have been, and although no blood was let, we covered much in an open forum (and I didn't need the paramedics to

survive the evening). We also decided our mission statement needed to better reflect current reality and went through the exercise to rewrite it. I am currently running what SDOC produced past the Snr NCM Council for final input before promulgation. The CFHS mission statement is also currently under revision and I am coordinating strategy with the Commander.

The CFDS establishment review has already begun and the effort to ultimately increase our numbers to something that better reflects the mission (did somebody say something about a new mission statement?) and the demands on the Branch is ongoing.

CFHIS is beginning rollout and although I know it will be a pain to transition into it, we must forge ahead. It is a big improvement on some things and it has a way to go in others. Like the CFDOs when they first came out, this is the 85% solution and we can make it better as we go. Hang in there!

Our new Colonel-in-Chief, HRH The Duchess of Gloucester, has granted a personal audience to myself, Col MacInnis and the BCWO. We will be going to London at the end of May to meet her at Kensington Palace.

Oh, and did I mention we all have another pay raise coming



Maj Phil Bosch retired on 03 Jan 06, having completed almost 44 years of service to the CF, including important contributions to the RCDC and the CFDS as both an NCM and as an officer. CFMSS/CFDSS held a retirement party on 2 Dec 05 to say farewell to Phil and Margaret, as well as present Maj Bosch with the third clasp to his CD.



This year, for a United Way fundraiser, the staff of 1 Dent Det Trenton donated over \$500 worth of items to fill a gift basket. The staff then took turns selling raffle tickets on the basket during their lunch hours at the Galley (combined Mess Hall) and at other Wing events. The result was over \$2,000 raised for United Way. The picture shows Maj Campbell (United Way OPI for 8 Wing Trenton) and Maj Greg Austin holding the winning ticket with the Dent Det Trenton staff in the background.



WO Duane Forward was promoted 1 Dec 05 by Maj Mike Moser. Congratulations, Duane!



Sgt Jackie Bell received an early Christmas present from Col Scott Becker and CWO Leslie Burton – a promotion effective 1 Jan 2006. Congratulations, Jackie!



MCpl Amber Medcalf is promoted to her new rank, effective 1 Jan 2006, by Det Comd Maj Christine Holmes and Clinic Coordinator Sgt Patti Powell.



WO Kim Haley graduated from ILQ on 16 Dec 05 in St-Jean. MWO Sylvain Luneau and WO Josée Dubois attended the graduation parade.

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Cpl Julie Lavoie carrying the flag during the 33 kilometer 32nd Canadian Liberation March this past Nov in Knokke-Heist. Sgt Nora Larocque is to her left and Maj Colin Duffy is just to the left of Sgt Larocque.

CFDS Honoured with First Colonel-in-Chief Appointment

by Gloria Kelly, PFAO

The Canadian Forces Dental Service has been granted Royal Patronage for the first time in its 90-year history.

Her Royal Highness The Duchess of Gloucester, accepted the honorary appointment as Colonel-in-Chief of the Canadian Forces Dental Service from Queen Elizabeth II in January 2006. While The Duchess of Gloucester is patron of a large number of organizations, many of which have medical, education or welfare connections, this appointment is her first affiliation with the Canadian Forces.



The process to have The Duchess of Gloucester become the honorary Colonel-in-Chief took the better part of three years. Colonel Scott Becker, Director of the CF Dental Services, said there was a feeling in 2003 that the time was right for the Branch to make a formal request to the Duchess. The appointment was formally announced to members of the dental services at the CFDS winter working group meeting at the end of February.

Thanks to the cooperation that flourishes between the Canadian and British dental services Colonel Becker was aware that Her Royal Highness was also the Patron of the Royal Army Dental Corps and had an interest in health related organizations. He wrote a letter of request asking for her consideration as Patron and forwarded it to Rideau Hall and Canada's Governor General forwarded the letter through the appropriate channels in London.

A letter came back outlining a few concerns that were ultimately addressed, and at the end of January Colonel Becker was notified the appointment had been approved by The Queen and accepted by The Duchess.

"We were made aware The Duchess was initially concerned about forging a real relationship with our Branch, given the distance and that she currently had no other association with the CF," said Colonel Becker. "We have immense respect for her desire to have a genuine relationship if she was to accept this appointment."

Arrangements will be made in the near future for a small delegation from the CFDS to travel to London to meet with her and in the future we hope she will be able to visit us here in Canada.

"For our dental service this is an honour and it is something of a coming of age, a maturity if you will for our Branch," said Colonel Becker. "There is a pride of association in having The Duchess as part of our extended Dental Corps family. We are all thrilled that the appointment has come to fruition. "

"This honour began with the question some years ago of why the Branch did not have a patron," said Colonel Becker. "We did not have an answer to that question, decided this was something we wanted to do, and are very pleased things worked out as they have." The Duchess was born and brought up in Denmark and is married to HRH The Duke of Gloucester, a cousin of the Queen.



KENSINGTON PALACE
LONDON W8 4PU

From: HRH The Duchess of Gloucester, GCVO

28th February 2006

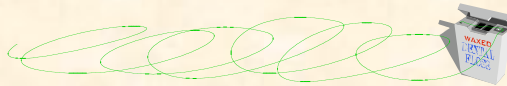
I am delighted to have become Colonel-in-Chief of the Canadian Forces Dental Services. The Canadian Dental Corps has a fine history and the present Branch, as part of the Canadian Forces Health Service, has already earned itself an admirable reputation as it supports the Canadian Forces both at home and overseas.

I look forward to meeting members of the CFDS in London this summer and to learning more about the Branch and discussing my role as your Colonel-in-Chief.

In the meantime, I send all members my warmest good wishes for a successful Conference.

A handwritten signature in black ink, appearing to read 'B. Gloucester'.

Colonel-in-Chief



Editor's Comments

by Major Richard Groves

Welcome to Issue 2 of the new CFDS newsletter. Thank-you to all of you who have contributed to this publication. I initially hoped to have 8 pages each issue – last issue was squeezed into 16 pages and this issue fills another 24 pages.

The name of the newsletter will remain *The CFDS Newsletter / Le Communiqué SDFC* for now, as indicated in the masthead. No comments were received about the name, and no new suggestions were received. This could mean that nobody reads the editorial; or there are more important issues to worry about, such as PERs, the DCP, business planning, and spring break; or you are happy with this name.

I owe apologies to both Sgt Andy Plante and MCpl Andrea Plante. In the last issue, I added first names to all of the lists of CFDS personnel that appeared in various columns. Unfortunately, I missed giving credit to MCpl Andrea Plante for successfully completing PLQ (Congratulations!) and also implied that Sgt Andy Plante had been unqualified for his rank all these years. Mea culpa.

I hope you enjoy this issue of the newsletter. Please keep those letters, articles and photographs coming. CFDS personnel are doing a lot of impressive things in many interesting places, and the rest of us are glad when you share your stories.



In Aug 05, LCol Kevin Goheen and Col James Taylor were inducted as Fellows into the International College of Dentists. Congratulating them are other CFDS Fellows of the College present at the ceremony. From L to R, LCol Goheen, BGen (retired) Vic Lanctis, Col Taylor, Maj (retired) Maillet, Col Scott Becker, LCol (retired) Euan Swan and CFDS Colonel-Commandant Col Bill MacInnis.

CFHIS Update

by Major Nathalie Morin, D Dent Svcs D DP-3



Yes, it happens; after we kept giving you all sorts of information about the Canadian Forces Health Information System (CFHIS), and after giving you tentative dates for the Pilot of the Project, we are finally LIVE in Ottawa. Dentists, Specialists, Hygienists, Dental Assistants, and Receptionists are creating and using electronic dental charts for their patients at this very moment.

Everyone knows that implementing an electronic health record represents a major change in the day-to-day life of dental providers. Obviously, there are some fears of the unknown associated with it, and some reluctance in changing the way we do things; nothing is more comfortable than an

old pair of slippers, eh! There is also the excitement of going forward with what will eventually be the standard in the provision of medical-dental care. There is the satisfaction of learning something new, and the challenge of making it work as a team.

What the CFHIS team saw on the Go-Live dates (April 4-5-6-7 and forward) was really encouraging. The personnel of the Ottawa dental clinics (NDHQ and HCC) performed very well with the system right from the first day of use. A blitz of Phase 1's, where patients were booked every 15 minutes for 2 dentists, went very well: they were able to see all of the patients and the waiting room looked no more crowded than usual. The confidence with the system rapidly increased as users performed their treatment, consultations, and examinations. It should be mentioned that Major Drouin (Prosthodontist) was the first one to perform an electronic signature on an actual patient record. It was quite an emotional moment! It will make history!

Positive feelings about the system are rapidly growing. Comments like: "It makes my job easier", "I love it, and don't want to go back to paper", and "It is even faster than before", are promising. Having an open mind, confidence in our potential to learn new business practices, and the courage to go forward with change are certainly representative of CFDS personnel, and this is why we were not surprised at all to see how well the Pilot went.

Be patient, we will be coming to your site in the upcoming year and a half!



On 4 April, Maj Bob Drouin (standing) and Mr Frank Plourde were the first dental team to sign a patient chart using the new electronic health record.

Kindness in Action

by Maj Colin Duffy, 1 Dent Det Geilenkirchen
and Capt Mélanie Dumas, 1 Dent Det Moose Jaw

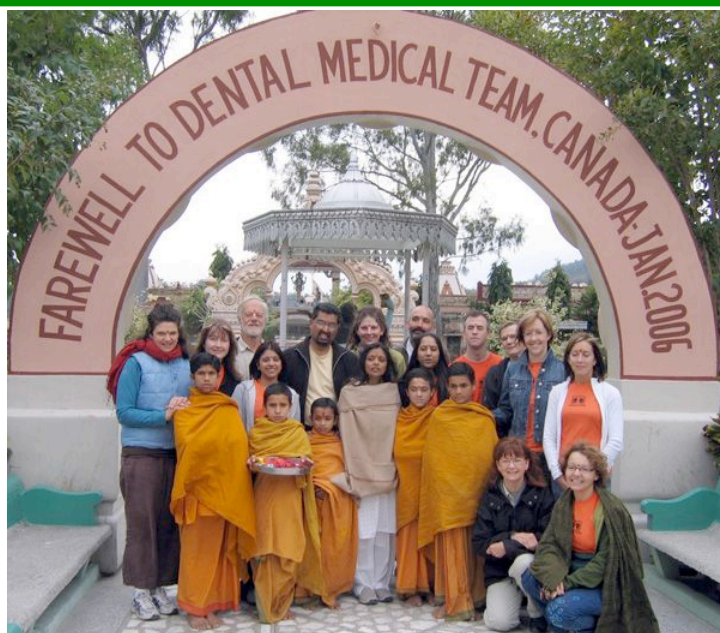
In January 2006 Capt Mélanie Dumas, Dent Det Comd Moose Jaw, and Maj Colin Duffy, Dent Det Comd Geilenkirchen, participated in a humanitarian dental mission in India. This mission was sponsored by the charitable organization *Kindness in Action*, which is based out of St Paul, Alberta. This organization has missions in 9 countries, and about 200 volunteers each year donate their time and money in order to participate. The India team was composed of 3 dentists, 6 hygienists, and 4 non-dental volunteers.

The mission took place in the Rishikesh region of India, which is 200km north of Delhi, but is a 7-hour drive due to the many potholes, bicycles, and donkeys and cows on the road. The team spent 10 days working with the local community of Parmath Niketan, a Hindu religious community known as an ashram, located in the foothills of the Himalayans. The ashram contains a medical clinic with a dental bay, which hadn't been used for some time. The

group set up in the clinic and used tables, beds, regular chairs, and the one dental chair for patients. A black garbage bag would be taped either next to the patient's head on a bed, or on the arm rest of a chair, to serve as a spittoon as there was no suction. The bag would be replaced at the end of the day, or sooner if it looked really disgusting. Typically on these types of missions, the types of dentistry performed involve restorative, extractions, and hygiene and, occasionally, prostheses by denturists. Unfortunately, on this mission, the restorative kits were lost in transit, thus only extractions and hygiene services were provided. Due to an injury suffered by the team leader, Capt Dumas and Maj Duffy conducted the bulk of triage and treatment of the patients. Capt Dumas happily took on the heavy surgical load while Maj Duffy tried to hide out by doing triage. This worked for a while, until Capt Dumas's arm became sore from the excessive amount of teeth being extracted and she made Maj Duffy do

his fair share of extractions. There was definitely no shortage of extractions to do, but also of significance was the heavy workload for the hygienists. This was just the second time that a dental team from *Kindness in Action* had come to this area and many of the patients never had dental treatment before. As such, walls of calculus were the norm amongst the adults.

The workday was normally from 0900hrs until 1200hrs and then again from 1400hrs to 1700hrs. These were the hours provided by the ashram, but the team often worked beyond these hours in order to maximize the amount of patients seen. As one can imagine, the patients were



Kindness in Action Team in India

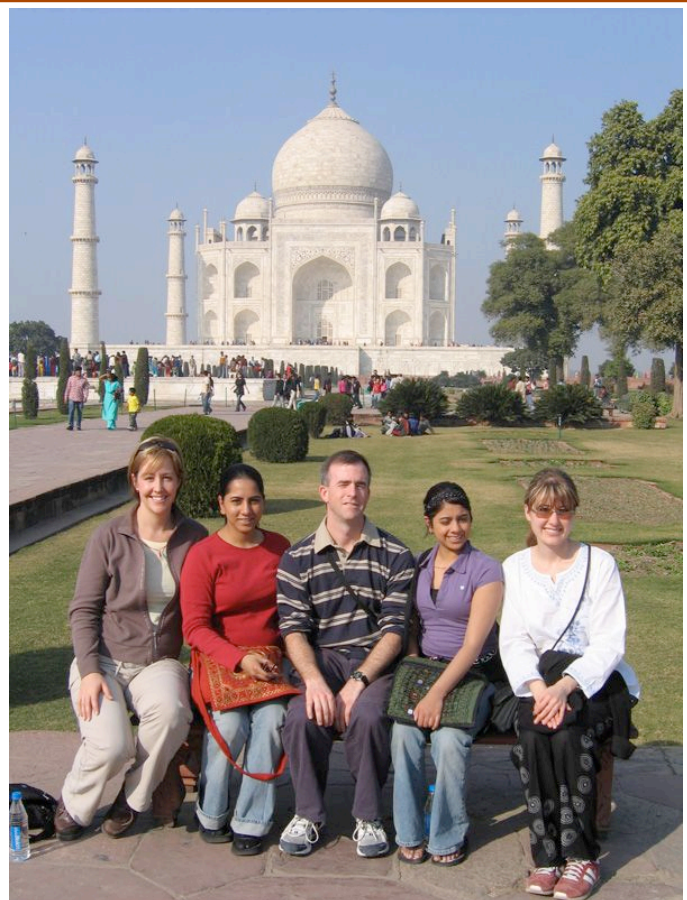
extremely grateful for the work that we provided to them, as they are extremely poor and simply would not be able to afford to pay for the work. The ashram operates a boys' orphanage in which the boys, known as Reshikumars, are educated according to national standards, including English and computer lessons, as well as in Hindu religious studies. Many of the kids come from families who are poor and have sent their kids to the ashram in order to give them a better chance in life. A large bulk of the patients were the Reshikumars, and they were happily welcomed by the hygienists, as their dental conditions were generally much better than the average adult.

One of the team members spoke Hindi and provided group oral hygiene instruction to the Reshikumars. Many of the people understood some English, but a language barrier did exist. Fortunately, local medical students served as translators when required. Many of the older Reshikumars understood English but were often too shy to use it. One interesting incident of a language and cultural barrier involved Maj Duffy. When attempting to extract teeth the patients sometimes seemed to be in pain. When asked if the patient was 'frozen' the patient often moved his head to the side which was interpreted as "no" because it looked like the patient was shaking his head. After a few days of this (and more anaesthetic), it was finally recognized that this movement of the head was actually their way of indicating 'yes'.

One of the many benefits that we experienced was the cultural experience. Every night at 1700hrs the ashram held a religious ceremony that was largely headed by the Reshikumars. As we were considered special guests, we were often included in the ceremony in order to thank us for being there. We felt it to be a great honour to be so welcomed and to be able to participate with them in the ceremonies. As well, when walking down the streets, we were readily recognized as members of the

dental team and we felt very appreciated for being there. One shop owner had the team over to his house for dinner one night as he considered us as 'special friends.'

Both Capt Dumas and Maj Duffy have participated in other dental missions in other third world countries. Capt Dumas participated with *Dentistes sans Frontieres* in the Dominican Republic, Bolivia, and Guatemala, while Maj Duffy has participated with *Kindness in Action* in Guatemala and Peru. Both have found the experiences to be fulfilling at many levels, including cultural, professional, and personal, and plan to continue with missions in the future.



Kindness in Action Team at Taj Mahal

News from the School

Major Alain Ouellet, OC Trg Coy, CFMSS/CFDSS

CFMSS/CFDSS Dental Training Company has been hard at work this fall and winter. Here are a few highlights of the past 5 months:

BDOC: This course ran from 13 September to 6 October 2005, with one of the largest groups of dental officers in recent memory. The group was split into two serials, so that while one serial was hard at work in the field, the other was absorbing vast quantities of knowledge from AGDs LCol Lemon, Maj Campbell and Maj Ouellet. Kudos to the course NCMs, who made sure the two consecutive field exercises went smoothly. The course director, Maj Moser, and the assistant course director, Maj Mailhot, held up the morale of the students with their particular brand of dry humour while lecturing on dental policy. The course was capped off by a mess dinner combined with the Basic Nursing Officer Course (BNOC) and the Basic Medical Officer Course (BMOC) that were in house at the same time. CO 1 Dental Unit, Col Taylor, addressed that assembly as the guest of honour, and then stayed to review the 23 students who completed the course on parade. Particular congratulations to Capt Pellerin, the top field candidate, and Capt Irvine, the top overall candidate. Well done!

Oral Surgery: Once again, RMC was the site of the 2005 Oral and Maxillofacial Surgery Course. Six dental officers performed over seventy wisdom tooth extractions under the supervision of Maj Lee Chamberlain (Crse Director), Maj Alain Ouellet (Asst Crse Director) and Maj Tony Nguyen (Guest Instructor). MCpl Sean Molyneaux and the incremental staff put in a tremendous effort to ensure the course's success. Special thanks to Capt Deidre McLean for her invaluable work in screening patients for the course.

La compagnie d'entraînement dentaire de l'ESSFC/ESDFC a travaillé très fort cet automne et hiver. Voici un aperçu de leurs exploits:

CEDM : Le CEDM a eu lieu du 13 septembre au 6 octobre. Vingt-trois candidats, séparés en deux syndicats, ont suivi ce cours. C'est le plus gros groupe jusqu'à maintenant ayant participé à ce cours de mémoire d'homme. Tandis que l'un des syndicats manquait de sommeil lors de leur exercice en campagne, l'autre recevait un flot d'information des instructeurs DGA, lcol Lemon, maj Campbell et maj Ouellet. Bravo aux MR du cours pour leurs efforts qui ont assuré le succès des deux semaines d'exercice en campagne. Les présentations sur les politiques dentaires, sujet plutôt ennuyant, ont été animées de façon humoristique par le directeur du cours maj Moser, et le directeur adjoint du cours maj Mailhot. Un dîner militaire cérémonial tenu conjointement avec le cours élémentaire de l'infirmière militaire (CEIM) et le cours élémentaire du médecin militaire (CEMM) a été le point culminant pour les étudiants à la fin du cours. Col Taylor a assisté au dîner en tant qu'invité d'honneur. Le lendemain, il



G à D: maj Lee Chamberlain, capt Karen Léveillé, maj Louis Haché



Back (L to R): MCpl Molyneaux, MWO Wilson,
Capt Dalglish, Maj Ouellet.
Front: WO Southall, Cpl Morris, Sgt Tremblay.

Curling: Dental Training Company ventured down the road to the town of Alliston for a January afternoon sporting event. After lunch at the Winchester Arms (where Capt Dalglish sampled the deep-fried “Jam Buddy”), the curling began at the Alliston Curling Club. The three-man teams competed with great intensity and concentration, but in the end the rink of Maj Alain Ouellet, Sgt Jacques Tremblay and MCpl Sean Molyneaux (skip) took the championship.

The future is bright and busy for the Training Company, with a QL5A Dental Technician course in March, and officer clinical courses in periodontics and endodontics in May.



était l'officier de revue lors de la parade de graduation des 23 candidats. Félicitations à capt Pellerin, meilleur candidat lors de l'exercice en campagne, et à capt Irvine, meilleur candidat du cours.

Chirurgie Buccale : Le cours de chirurgie buccale et maxillofaciale de 2005 a eu lieu au CMR à Kingston encore une fois cette année. Six candidats ont enlevé les dents de sagesse de soixante-dix patients, sous la surveillance de maj Lee Chamberlain, directeur du cours, maj Alain Ouellet, directeur adjoint du cours et maj Tony Nguyen, instructeur invité. Le cours s'est très bien déroulé grâce aux efforts de cplc Sean Molyneaux et de toute son équipe. Un grand merci à capt Deidra McLean du CMR pour son aide en faisant le triage des patients pour le cours.

Curling : La compagnie d'entraînement dentaire a participé à un après-midi de sports en janvier au club de curling d'Alliston. Les sept membres de la cie dentaire se sont rassemblés pour un dîner au restaurant Winchester Arms, où capt Dalglish s'est distingué en essayant un « Jam-Buddy » cuisiné dans la friture. Après le repas, les deux équipes de trois joueurs ont “lutté” avec intensité pendant les huit bouts de la partie. Finalement, l'équipe du maj Alain Ouellet, sgt Jacques Tremblay, et cplc Sean Molyneaux (capitaine d'équipe) a gagné le championnat.

L'avenir demeure occupé pour la compagnie dentaire d'entraînement, avec entre autres, un cours de technicien dentaire QL5A en mars, et des cours cliniques de parodontie et d'endodontie en mai.

Aboriginal Spiritual Journey

by MCpl P.J.E. LeBlanc, 1 Dent Det Esquimalt

Voyage spirituel aborigène

My name is MCpl Patrick LeBlanc. I am a proud CFDS Member of Mi'Kmaq descent, stationed at 1 Dental Detachment Esquimalt. With the support of 1 Dental HQ and my Detachment, I participated in a historic, memorable and spiritual journey to the battlefields and cemeteries of WWI and WWII.

Within aboriginal cultures, when a life is lost outside of its ancestral territory, there is a strong belief that the individual's soul wanders without rest. Until October 2005, Canada's aboriginal soldiers who bravely fought and died in service of their country have had no peace and their souls have wandered the battlefields of Europe since the day of their fall.

After assembling in Ottawa, Aboriginal Veterans, Spiritual Elders, Healers/Shamans, Traditional Dancers, Drummers, Singers, and selected CF Members, including myself, crossed the Atlantic. The purpose of this aboriginal spiritual journey was to find those lost souls and bring them home to their ancestral lands for rest and long-deserved peace.

Mon nom est Cplc Patrick Leblanc. Je suis un fier membre du SDFC de descendance Mi'kmaq en garnison à Esquimalt au Détachement de la 1^{re} Unité dentaire. Avec le support du QG de la 1^{re} Unité dentaire ainsi que de mon détachement, j'ai participé à une aventure spirituelle mémorable à travers les champs de bataille et cimetières de la Première et Deuxième Guerres mondiales.

Selon la culture aborigène, lorsque quelqu'un perd la vie à l'extérieur de sa terre ancestrale, il y a une forte croyance que l'âme de cette personne erre sans repos. Jusqu'en octobre dernier, les âmes des soldats canadiens d'origine aborigène ayant bravement combatus et périés en servant leur pays erraient à travers les champs de bataille européens.

Après s'être rencontrés à Ottawa, vétérans aborigènes, anciens, guérisseurs, chamans, danseurs traditionnels, tambours, chanteurs ainsi que certains membres des FC dont moi-même avons traversé l'Atlantique. Le but de ce voyage spirituel était de trouver ces âmes perdues et de les ramener vers leurs territoires ancestraux afin qu'elles puissent finalement trouver la paix et un repos bien mérité.



Nous nous sommes rassemblés à Lille, France (près de la frontière belge) où une cérémonie empreinte d'émotion s'est déroulée à la Colline 62 (Bataille de la Somme). Les danseurs ont alors utilisé un sifflet en os d'aigle pour réveiller les soldats tombés au combat et les guider vers leur terre natale. Des cérémonies semblables ont eu lieu dans d'autres cimetières militaires canadiens incluant : Beny-sur-Mer,

After assembling in Lille, France (near the border with Belgium), a very emotional ceremony was held at Hill 62 (The Battle of Somme). Here the dancers used eagle whistles to awaken the fallen soldiers and guide them home. Similar ceremonies were held at other Canadian military cemeteries including, Beny-Sur-Mer, Passendale, Tyne Cot, Beaumont-Hamel and St-Julien. The group then visited Juno Beach. As we walked the same beach that was stormed 61 years earlier we listened to the aboriginal vets recall the amazing and sad events of long ago. Our journey continued to Vimy Ridge, one of the most historic battlefields for the Canadian Forces. I was humbled by simply standing on such ground.

In Ypres, at the site of the last public ceremony, I found myself overwhelmed by the display of respect thousands of Belgian people demonstrated by lining the streets leading up to the Menin Gate. The Belgian people truly respect Canadians. I was humbled beyond words.

"The Last Post" had played at the Menin Gate 26680 times since WWI. During the ceremony, as "The Last Post"

played, 6000 poppies fell from 3 large circular holes in the peak of the gate. As the poppies fluttered to the ground all in attendance were filled with reverence, pride, and humility.

I was filled with pride for being a Canadian aboriginal soldier and this experience is the highlight of my military career. Thank-You to my supervisors and to 1 Dental Unit HQ for allowing me to participate in this memorable experience.

Passendale, Tyne Cot, Beaumont-Hamel et St-Julien. Le groupe a ensuite visité Juno Beach. Alors que nous marchions sur la même plage qui avait été prise d'assaut 61 ans auparavant, les vétérans aborigènes se remémoraient les événements extraordinaires et tristes qui s'y étaient déroulés. Notre voyage s'est poursuivi jusqu'à la crête de Vimy, un des champs de bataille les plus importants de l'histoire des FC. Le simple fait de fouler le sol de ces lieux me remplissait d'humilité.

À Ypres, lors de la dernière cérémonie, j'étais très ému face à la démonstration de respect de milliers de Belges qui s'étaient rassemblés dans les rues menant à la Porte de Menin. J'étais ému au-delà des mots.

Le *Last Post* (hommage posthume aux soldats tués joué à tous les soirs) a été joué plus de 26 680 fois à la Porte de Menin



depuis la Première Guerre mondiale. Pendant la cérémonie, alors que le *Last Post* jouait, 6 000 coquelicots ont été lâchés des trois grandes ouvertures au sommet de la Porte

de Menin. Alors que les coquelicots tombaient vers le sol, toutes les personnes présentes étaient remplies d'un profond respect, de fierté et d'humilité.

J'étais fier d'être un soldat canadien de descendance aborigène et cette expérience a été le point culminant de ma carrière militaire. Merci à mes superviseurs et au QG de la 1^{re} Unité dentaire de m'avoir permis de participer à cette expérience mémorable.

LE DÉTACHEMENT DENTAIRE DE VALCARTIER

Capt Louis-Simon Roy

DENTAL DETACHMENT VALCARTIER

L'année 2005 fut assez mouvementée au sein du détachement dentaire de Valcartier. On peut affirmer que le changement fut omniprésent pour notre équipe. Ces quelques lignes pourront vous initier à notre expérience.

D'abord il faut souligner la promotion du Maj Martin Brochu au grade de lieutenant-colonel, qui après avoir été commandant au détachement de Petawawa s'amène pour poursuivre à Valcartier son expérience de leadership. Capt Louis Haché fut promu au rang de major puis muté à l'Ambulance de Campagne pour y prendre le commandement du peloton dentaire. Cpl Marie-Christine Chubbs promue au rang de caporal-chef intégra, elle aussi été mutée à l'Ambulance de Campagne au printemps.

Mentionnons aussi l'arrivée du Major Mario Mailhot qui agit maintenant comme commandant-adjoint. Quant aux Capitaines Richard Mansour, Simon Abbey et Laurent Richard, ils ont joint le détachement l'été dernier.

D'autres heureux événements ont marqué la vie à la clinique : Caporal Simard et M^{me} Doyon ont donné naissance à deux nouvelles recrues. Capitaine Grenier et Caporal Paquet seront bientôt maman à leur tour et finalement Sergent Asselin et Caporal Giroux nous reviennent d'un congé parental.

L'architecture même de la clinique n'échappe pas aux changements. La préparation pour l'agrandissement des lieux physiques est entreprise. En fait, les travaux ont récemment débuté pour aménager un centre pouvant accueillir de nouveaux spécialistes. La première phase

2005 was an eventful year within the Detachment. We can say that change for our team was omnipresent. These few lines will, we hope, bring our experience to life for you.

Foremost, we must highlight Maj Martin Brochu's promotion to the rank of Lieutenant-Colonel. Posted from Petawawa, where he served as detachment commander, he brings his leadership experience to Valcartier. Also promoted, this time to the rank of Major, Maj Louis Haché is now serving as the dental platoon commander at 5 Field Ambulance. Master Corporal Marie-Christine Chubbs also was posted to the Field Ambulance last spring.

We should also mention the arrival of Major Mario Mailhot, who now acts as the second in command of the clinic. In addition, three Captains joined our wonderful group last summer, they are: Captains Richard Mansour, Simon Abbey and Laurent Richard.

The clinic's life has been marked by other happy events: Corporal Simard and Mrs. Doyon gave birth to two new recruits. Captain Grenier and Corporal Paquet will soon be happy moms, and Sergeant Asselin and Corporal Giroux are both back from parental leave. Best wishes!

Even the physical aspect of the clinic could not escape change. An extension will soon be built in order to hold a specialist clinic. The construction has already started and may be completed by summer 2006. This new specialist clinic will accommodate an Oral Surgeon, a Prosthodontist, a Periodontist and an Advanced Dentistry specialist. This new infrastructure and its

des travaux progresse rapidement et dans un avenir rapproché, la deuxième phase des travaux sera entreprise. Ce nouveau centre accueillera un chirurgien maxillo-facial, un prosthodontiste, un parodontiste et un dentiste généraliste avancé. Cette nouvelle infrastructure ainsi que le personnel qui y sera affecté va permettre d'offrir aux patients des soins spécialisés requis afin d'être déployable et ainsi nous aider à accomplir notre mission.

La 1^{ère} Unité dentaire a une section opérationnelle au sein du détachement dentaire de Valcartier. C'est la section d'Op Cadre qui évolue à ce niveau. La section d'Op Cadre est composé de deux sections de traitements. Notons que Op Cadre Valcartier a activement participé à l'exercice Patriot 05 qui s'est déroulé au Wisconsin, États-Unis. Cet exercice a entre autre permis aux membres d'Op Cadre Valcartier de travailler avec une équipe multidisciplinaire internationale en plus de se familiariser avec des équipements à la fine pointe de la technologie.

Ce bref résumé est un survol de la dernière année, l'année 2006 sera sûrement tout aussi excitante.

À bientôt!

Congratulations to:

LCol Eric Reid on his retirement from the CF after more than 32 years of meritorious service.

LCol Kevin Goheen, OMM, CD on being named an Officer of the Order of Military Merit.

MWO Mike Wilson, MMM, CD on being named a Member of the Order of Military Merit.

Sgt Cynthia Jordan on her retirement from the CF after 20 years of meritorious service.

personnel will offer the variety of specialty dental care necessary to our patients and furthermore it will help us accomplish our mission.

1 Dental Unit has an operational component within Dental Detachment Valcartier. It is the Ops Cadre, comprised of two sections. Most significantly, the Ops Cadre Valcartier participated in an exercise called Patriot '05 in Wisconsin, United States. This exercise allowed the Ops Cadre members to work with an international multidisciplinary team as well as to familiarize themselves with the latest top of the line equipment.

This brief article is a quick summary of last year's events. We are sure 2006 will be just as thrilling.

So long...



Maj Reeve was promoted on March 3rd while on AGD PG training at Fort Bragg. She was presented with her epaulets by the Commander of the Fort Bragg Dentac, COL Shelley

Dental Detachment Esquimalt Awarded Spirit Award for the United Way Campaign 2005

by Capt M.J. Hopkins , Dent Det Esquimalt

Le Détachement dentaire Esquimalt récompensé par le « Spirit Award » pour la campagne Centraide 2005

The 1 Dental Detachment Esquimalt was recently awarded the United Way Campaign Spirit Award for organizations with less than 50 employees. Spirit Awards are presented to volunteers and organizations in the community that have put forth and exceptional effort on behalf of the United Way during the annual campaign.

The Employee Campaign Spirit Award is given to the workplace that has the largest percentage of employee participation, leadership donations and overall funds raised. The criteria involved with this award make it one of the hardest awards to receive.

Bravo Zulu to the generous members and staff of the detachment and special thanks for the hard work of MCpl Kelly Scott, whose efforts in recruiting monetary support will benefit countless people in need of assistance in our community.



Le Détachement de la 1^{re} Unité dentaire Esquimalt a récemment été récompensé par le *Spirit Award* décerné aux organisations comptant moins de 50 employés pour la campagne Centraide. Ces prix sont présentés aux volontaires et aux organisations des communautés ayant fournies un effort exceptionnel au nom de Centraide lors de la campagne annuelle.

Le *Employee Campaign Spirit Award* est attribué au milieu de travail qui a le plus grand pourcentage de participation de la part des employés, le plus de donations leadership ainsi que le plus grand total de fonds amassés. Les critères impliqués dans l'attribution de ce prix en font l'un des plus difficiles à obtenir.

Bravo Zulu aux généreux membres et aux employés du détachement. Un merci tout spécial pour le travail effectué par Cplc Kelly Scott dont les efforts pour amasser des fonds permettront de venir en aide aux plus démunis de notre communauté.

Trenton WWG 2006 Curling results:

'A' event winners: Maj Murray Cuff, Col (ret'd) John Currah, Bruce MacLeod, Cathy Cornie

'A' Runners-up: Maj Mike Moser, Maj Colin Duffy, Capt Tim Pohlman, Capt Annick Gingras

'B' event winners: Col Scott Becker, COL Russell Czerw, LCol Eric Reid, LCol Rick Johnson

'B' Runners-up: CWO Burton, Sgt-Maj Spadaro, WO Trina Roberge MCpl Dearman-MacIsaac,

'C' event winners: Col James Taylor, Michele Rosko, MWO Sylvain Luneau, MWO Dan Giroux

'C' Runners-up: LCol J-P Picard, Maj Duncan Chambers, Capt Deb Carter, WO Mario Bizier

'D' event winners: Maj Tony Nguyen, Maj Francine Lavoie, Capt Erin Hennessy, WO Kim Haley

'D' Runners-up: MWO Marina Roberge, WO Carole Buxcey, WO Karen Nemes, Sgt Pattie Powell



On 23 March 06, Sgt T.L. Garnier received the Wing Commander's Commendation from Col Deschamps, Wing Commander, 8 Wing Trenton. The commendation was for her selfless act of rendering First Aid and comfort to a victim of a tragic motorcycle accident in June 2005.



Secretary of Defense Donald H. Rumsfeld recently announced that the President has nominated Army Col. Russell J. Czerw for appointment as the Chief, U.S. Army Dental Corps, and appointment to the grade of Major General.



WO Remi Desmarais graduated from ILQ at St-Jean, congratulated by CWO Burton, Col Becker and Maj Carolyn Boyd.



Capt Mélanie Dumas with patient in India. Please see article on page 8.

CFDS Winter Working Group, Trenton 2006

by Major Richard Groves, D DPP-2

The CFDS held a Winter Working Group, hosted by 8 Wing Trenton, from 25 Feb until 03 Mar 2006. This assembly gets bigger and better every year, and judging from the many smiles seen that week, this year was no different. In addition to the traditional activities (merit boards, meet and greet, bowling, curling, mess dinner, clinic tour, and Continuing Dental Education) there was an alternate sports program for the non-curlers, an all-ranks evening at the JRC and a trip to a Belleville Bulls hockey game. Maj Greg Austin, Sgt Tracey Garnier, all of the Det Trenton staff, and all of the incremental staff (led by WO Duane Forward) are to be commended. Preparations are already under way for next year's event.

Even before the Trenton WWG started, the Branch CWO, CWO Leslie Burton, attended a Board of Directors of the Canadian Dental Assistants' Association meeting, which was also held in Trenton. Three members of the CDAA executive were able to stay and participate in the first half of the WWG.

Suzette Jestin (Past President), Michele Rosko (President Elect), and Michael Brennan (Executive Director) joined CFDS members for the curling bonspiel, mess dinner and the first day of meetings. This gave the CDAA executive the opportunity to see us (the newest corporate member of the CDAA) in action and get to know many of us personally.

Other guests at the WWG were Colonel Russell Czerw, Commander DENCOM, and Sergeant-Major Steve Spadaro, Corps Sergeant-Major of the US Army Dental Corps. The CFDS and USADC have had close ties for many years, and this visit certainly strengthened the bonds. Colonel Czerw was the Guest of Honour at the Mess Dinner, and surprised the attendees by joining the band for an excellent rendition of 'New York, New York.' By popular acclaim (boisterous applause from all in attendance) both Colonel Czerw and SGM Spadaro were made honorary members of the CFDS.



At the mess dinner, BGen (retired) Bill Thompson was there to personally present the W.R. Thompson Trophy, awarded annually to recognize a significant contribution to the land, sea, or air operational role of the CFDS, to Major Ellen Sim for her role in Op Athena/Op Archer in Afghanistan. Her citation pointed out that while preparing herself for a short notice deployment, she was also responsible for the dental fitness of deploying 8 Wing members, and also the complexity of moving the dental facility from Kabul to Kandahar with an astronomical increase in international patient load, including battle casualties. A certificate is also being awarded to Sgt Chuck Burley, the other half of the Op Athena/Op Archer dental team, for his efforts in the move from Kabul to Kandahar.



many CFDS members, and this was the perfect opportunity for Eric and Cathie to say goodbye to their many friends and admirers.

The curling trophies and crests were also awarded at the mess dinner. Winners of the 'A' event were the Ottawa team of Maj Murray Cuff, Col (ret'd) John Currah, Bruce MacLeod and Cathy Corney. (For complete curling results, please see page xx.)

Another highlight of the Mess Dinner was a short farewell to LCol Eric Reid, who is soon retiring with over 32 years of service in the CF, and his wife Cathie. The official luncheon isn't until April 20th, but LCol Reid has had a positive impact on the careers of

Too early the next morning, the D Dent Svcs briefings started. An impressive flag



ceremony was held, with the flag party marching in the Canadian flag, the US flag, the CFDS flag and the CDAA flag. Before the coffee break, the CFDS Senior Hygienist, MWO Marina Roberge, briefed the attendees on the history of dental hygiene in Canada. 2006 marks the 50th anniversary of dental hygienists in the CF, and we celebrated it 'hygienist-style' – with cake and coffee.

Col Becker continued the tradition, started last year, of awarding Director's Commendations to deserving CFDS personnel at the WWG. This year's recipients were Maj Mario Mailhot (Dent Det Valcartier) for his work with the ODQ, FDI and SDFDS organizing committees in hosting the World Dental Congress and World Military Dental Congress in Montreal last summer; Sgt Roxanne Boudreau (1 DU HQ), who has been traveling as a CFHIS trainer and acting Clinic Coordinator in several clinics this past year; Georgia Hoyle, who has provided outstanding service as a civilian dental assistant in the Trenton clinic for over 30 years; and Anne Fitzpatrick, who has provided outstanding service as a civilian dental assistant in the Halifax clinic for over 32 years. Well done!!



lectures on Oral Hygiene Instructions, Infection Control Guidelines, and a moving presentation from Maj Ellen Sim on her recent deployment to Afghanistan.

The last two days of the WWG were spent in CE lectures. On Thursday, the NCMs and Officers met separately. The NCMs focused on leadership and clinic management, and the officers received clinical seminars from CFDS specialist officers. On Friday, we finished off the WWG in one room, with

By noon Col Becker had closed the conference, and Maj Austin was personally ensuring that every one of us left the base as quickly as possible. After a week of sleep deprivation, learning and good times, we were happy to oblige him.



Sgt Garnier and Maj Austin by Exit sign – giving us a hint to go home??



Winners of 'A' Event

1 Dent Det Shilo

by Sgt P Powell



Greetings from sunny Shilo, or should I say fertile Shilo. We are pleased to announce three of our six military members are expecting: Maj Christine Holmes, MCpl Amber Medcalf and Cpl Kelly Zseder. As you can imagine our staff of 9 will undergo major changes this year because of these pregnancies. As well, we will be welcoming a new clinic coordinator -the lucky recipient is yet to be announced! Shilo is Canada's best-kept secret! Lots of snow for snowmobiling, ice fishing and the sun shines almost every day. Please note the base has trails for snowmobiling in the winter and Quads in the summer. Not many bases can boast about that option, except maybe Goose Bay and Gander but we are not isolated. There have been many days where I've looked out my window and seen Quads or snow sleds in the patient parking lot.

On a more serious note, we have two members of our team whose spouses are serving in Afghanistan until Aug-Sept '06 and are holding up the home front. We are so proud of your bravery. We have been extremely busy getting our troops ready for deployment and it is with heavy hearts we must say farewell to two of our fallen comrades next week.

Even with the hectic work schedule we have taken the time to enjoy ourselves at the WWG and the Base Winter Carnival. We would also like to congratulate MCpl Medcalf on her recent promotion to her current rank. Our CFHIS computers have finally arrived and are being prepared by 731 Sig Sqn as we speak. It is anticipated they will be installed and up and running by month's end.



Branch CWO Corner

by CWO Leslie Burton



What a whirlwind of activity the last three months have been for the NCMs in the Dental Branch. As you are all working hard tidying up your year-end financial commitments and preparing PERs and PRRs, we, at the Directorate, have been busy planning for the next APS. The 2006 Annual Military Occupation Review, 2006 academic year and numerous training issues are also currently up front and center.

Haley (Secretary/DCC 1 DU Det Kingston). Various issues and initiatives such as Continuing Education and Professional Development, Succession Planning and Mentorship, Training Systems which included the JBOS, QS and TP boards, Hygiene Get Well Program and the Annual Military Occupation review were discussed. The next meeting is tentatively scheduled to be held in Ottawa this fall.



A Senior NCM Council Meeting was held in Trenton during the 2006 WWG. In attendance were CWO Burton (Chair/Branch CWO), CWO Leitch (1 DU CWO), MWO Giroux (1 DU Regional MWO), MWO Luneau (1 DU Regional MWO), MWO Roberge (Snr Hygst), MWO Wilson (CSM CFDSS Trg Coy), MWO Crowell (DCC 1 DU Det Ottawa), MWO Morash (DCC 1 DU Det Halifax), MWO Tracy (DCC 1 DU Det Petawawa), MWO Savoie (DCC 1 DU Det Valcartier), and WO

Dental NCMs were very well represented at the CFDS 2006 WWG in Trenton. We were fortunate to have a group of dynamic speakers this year and they presented on subjects like communication, management processes, mentorship and leadership in the Dental Branch. All members in attendance had an opportunity to talk about their experience in the CFDS and we all appreciated the wealth of knowledge, inspirational messages and dedication shared by this group.

In honour of the Dental Hygienists celebrating 50 years of service, MWO Roberge provided us an entertaining presentation on the history of Hygienists in the Branch, and we all joined in the celebration with cake and coffee. The Dent Tech Hygsts also conducted a very productive meeting where they discussed the concerns and career issues of the hygiene occupation.

As part of the Dental Assistant's Recognition Week 2006 celebrations, the CDAA along with the CDA and members of the CFDS worked together on a project to promote the profession of dental assisting, the CFDS and the CFDS Dent Techs. Together we provided the two thousand CF soldiers deployed in Afghanistan an oral health care package. Each package contained a kit bag



The QL5A Dental Technician Direct Entry Course at CFMSS/CFDSS Borden started on 20 March and will end, 28 Apr 06. This is the first bilingual QL5A and the first time that we have a Reserve Dent Tech on course at CFDSS. The Dental Tech QL6A Qualification Standard Writing Board took place in Borden this February and the Dental Tech QL5A QSWB is scheduled to start in May 2006. There is a bilingual QL6A course scheduled for September 2006.



with the CDAA logo on it and included a toothbrush, paste, mouthwash, pen and gum. Sgt Andy Plante and Cpl Amy Kowalysin had a great time distributing the CDAA packages to some very appreciative soldiers in Kandahar. There is a great article and photo of Sgt Plante and Cpl Kowalysin in (Vol 9 no. 13) the Maple Leaf. Thanks to all CFDS and CDAA members involved in this project.

A final thought as we enter into a new season. Spring is traditionally a time to clean house, to reorganize, to throw open the windows and let the clean, fresh air in. What better time to examine our attitude. Attitude is a choice, perhaps the most important one you will ever make.

"Everything can be taken from a man but one thing: the last of the human freedoms – to choose one's attitude in any given circumstances, to choose one's own way."
Viktor Frankl

As you think about your attitude remember that your ability to choose your own attitude is one of the most important resources you have for succeeding in Life.

Letter from Dent Det Comox

Comox Calling

Now most people think that we in Dental Detachment Comox spend our days in eternal sunshine; fishing, skiing and golfing, and maybe all in the same day. In reality, we only spend every other day fishing, skiing and golfing. Let me assure you that the long arms of CWO Leitch, MWO Giroux and the DCO(W), LCol Johnson, also reach across the Rocky Mountains to Vancouver Island. When support for the Dental Corps is needed, Comox gets the call.

In the past year, half the clinic dental officers, (i.e. Capt Hall) have been on TD backfill to Moose Jaw, and in January, too. This balances his TD backfill to Esquimalt in the spring. The other half of the dental officers (i.e. Maj Hedley) was Assistant Course Director for the Advanced Dental Officer Course last June. Sgt Rousseau, our DCC, was tasked to Borden for a Supervisor Level Qualification Standard Writing Board. Experience tells me that he who assists with the Qualification Standard gets 'invited' to teach when the course is run. MCpl Gauthier will be assisting CFDSS as incremental staff for the Dent Tech Direct Entry course for 6 weeks starting in May. Of our senior staff, only our new hygienist, Sgt Chalmer, has so far escaped detection by 1 Dental Unit HQ. Oops, sorry France, they probably didn't know where you were.

Well, I had better sign off now. I hear the sound of Headquarters reloading. Comox out.



This February 2006 photo of dental officer Capt Jeff Hall and dental technician Cpl Nathalie McIsaac of Dent Det Comox was taken by 19 Wing Imaging as part of an ongoing campaign called "People in the Forces" for display at the local shopping mall in Courtenay, BC. Now open wide...