



Director Dental Services

By/par Colonel Scott Becker

Directeur - Service dentaire

Spring has sprung, the snow banks are almost gone, and PER deadlines are popping up faster than the crocus and daffodils. Aside from the normally busy PER season, and the post-WWG admin clean-up, there has been no shortage of other important business that continues to need care and feeding.

As we discussed in Trenton, RESTORE is ahead of schedule in many regards and this, combined with additional Blue Cross funding, is already producing initial signs of CF dental fitness recovery. The downward trend has been halted and all three elements are on the upswing. Levels are still far too low, but we are seeing small but sure movement in the right direction.

I have been working hard to get the next critical step in the RESTORE path completed, namely the remaining military establishment upgrades. Six new positions, including another LCol and MWO, are already on the books and the remaining 26 military position changes are being submitted as a block. I very recently had a good meeting with senior

VCDS and CMP staff to move this piece forwards. The political will to move this forward was universally evident and a plan to integrate this with current Level 1 and Level 0 BP activities was agreed upon. I am hopeful to have this done by late spring or early summer this year. When this is complete we can move forward quickly with the remaining civilian positions in Phases 2B and 2C.



The infrastructure pace remains frenetic, force generation activities are continuous, major equipment acquisition and contracting is busy, the strategic dynamic is nonstop, and I am not even going to talk about CFHIS. A high Directorate workload is being complicated by releases of some of my long-time key staff. LCol Lévesque will be retired by the time you see this, and Majors Groves, Boyd, and Moser will likely leave the directorate by end APS. They have been exceptional and loyal members of my team for some time and will be greatly missed. Any keeners looking for a posting to Ottawa?

Le printemps est finalement arrivé! Les bancs de neige ont presque tous fondu, et la date limite pour les RARs approchent plus vite que les fleurs du printemps. En plus d'être occupé avec la saison des RARs et la finalisation des procédures administratives du groupe de travail hivernal, les situations prioritaires à régler ne manquent pas!

Tel que discuté à Trenton, 'RESTORE' prends de l'avance à beaucoup d'égards et ceci, combiné avec les subventions supplémentaire de la Croix Bleue, produit déjà des signes de rétablissement de la santé dentaire au sein des FC. La tendance décroissante a été arrêtée et les niveaux de santé dentaire des trois éléments s'améliorent. Les niveaux sont encore trop bas, mais nous constatons une amélioration certaine.

Je continue à travaillé très fort pour atteindre la prochaine étape critique du plan de 'RESTORE' en particulier la mise à jours de l'établissement militaire. Six nouvelles positions, y compris un lcol et un adjum additionnels sont déjà établies et les autres 26 changements de positions militaires seront soumis ensemble. J'ai récemment eu une très bonne réunion avec le personnel supérieur du bureau du

VCESMD et du CPM pour faire avancer ce sujet. La volonté politique était en notre faveur et un plan fut consenti pour intégrer les changements de positions au Niveau 1 actuel et les inclure parmi les activités du plan d'affaires du Niveau 0. Je suis optimiste à ce que ceci se réalise par la fin du printemps ou tôt cet été. Dès que complété, nous pourrions avancer rapidement avec les postes civils qui restent à combler dans les Phases 2B et 2C.

Le rythme au sujet des infrastructures reste frénétique, les activités reliées à la génération de la force sont maintenues, l'acquisition d'équipements et de contrats est toujours très actif, la dynamique au niveau stratégique est incessante, et ce, sans parler du SISFC. Le travail au sein du Directeurat se compliquera puisque plusieurs membres clés du directeurat prendront leur retraite cette année. Lorsque vous parcourrez ces lignes, le lcol Lévesque aura pris sa retraite des FC tandis que les majors Groves, Boyd, et Moser quitteront vers la fin de la période d'activité des affectations. Ils ont été des membres exceptionnels et loyaux de mon équipe et seront sincèrement manqués. Il-y-a-t-il des « keeners » intéressés à venir travailler à Ottawa?

Congratulations to the following CFDS members, who have been promoted since the last newsletter:

MWO Marilyn Ryan, promoted on 1 Dec 2008.

MCpl Marie-Claude Brulotte, promoted on 27 Mar 2009.

MCpl Cheryl Spring, promoted on 1 Dec 2008.

MCpl Arielle McLelland, promoted on 1 Dec 2008.

MCpl Jody Snow, promoted on 1 Dec 2008.

MCpl Jordana Malone, promoted on 1 Dec 2008.

MCpl Julie Lavoie, promoted on 1 Dec 2008.

Congratulations to the following CFDS members who are retiring or releasing from the CF:

Sgt Roger Denault, who commences retirement leave in May 2009, after 33 years of service.

Maj Alain Ross, who retired from the CF on 13 Feb 2009, after 32 years of service.

MWO Dave Southall, who retired from the CF on 9 Apr 09 after 31 years of service.

LCol Gilles Lévesque, who retired from the CF on 9 Apr 2009, after 30 years of service. Gilles and Christiane will remain in Gatineau, where Gilles has joined a private practice.

WO Trina Roberge, who retires from the CF on 21 May 2009, after 30 years of service.

WO Marlène Bouchard, who retired from the CF on 8 Jan 2009, after 28 years of service. Marlène and Terrance will remain in Burton, NB.

Maj Greg Austin, who will retire on 7 May 2009 after 27 years of service. Greg, Mary and their children will be residing in St Albert, Alberta for the foreseeable future.

WO Yves Rousseau, who retires from the CF on 28 Apr 2009, after 27 years of service. Yves will reside in Comox, BC and plans to work on his fly fishing and snowboarding skills.

WO Carole Buxcey, who retired from the CF on 13 Feb 2009, after 24 years of service. Carole and Mike will remain in Cobden, ON.

WO Remi Desmarais, who retired from the CF on 6 Feb 2009 after 24 years of service. Remi has returned to work at D Dent Svcs as a Public Service employee.

Cpl Cleo Cormier, who retired from the CF on 6 Apr 2009, after 22 years of service. Cleo, Karen and their 3 children will retire to Grand Bay-Westfield, NB.

Sgt Roxanne Boudreau, who retired from the CF on 16 Mar 2009, after 21 years of service. Roxanne, her partner Reynald and his son Philippe, her dog Max and her horse Mindy will remain in the Greater Toronto Area.

Cpl Nathalie McIsaac, who retired from the CF on 3 Feb 2009, after 10 years of service.

Capt Jeremy Blaquiere, who released from the CF on 27 Feb 2009, after 8 years of service.

Cpl Amanda Lagace, who released from the CF on 6 Feb 2009, after 7 years of service.

Cpl Paula Ranford, who released from the CF on 6 Jan 2009, after 4 years of service.

Pte Nicholas Flood, who will release from the CF on 12 May 2009 after 2 years of service.

Branch Chief Warrant Officer Corner

*By CWO P.G. Leitch / par adjuc P.G. Leitch
CFDS Branch CWO / adjuc du SDFC*

Coin de l'adjutant-chef du SDFC

Le message d'appel pour les techniciens dentaires qui considère un changement au groupe professionnel d'hygiène dentaire sortira dans les prochains mois. J'ai donc pensé que ce serait une bonne occasion de communiquer et clarifier quelques points.



Le programme d'hygiène "Get Well Program" eu un grand succès en rectifiant le nombre décroissant d'hygiénistes en uniforme et la sous-occupation est dorénavant en croissance. Il faut aussi rappeler que c'est la dernière année du programme et que deux candidat(e)s seront sélectionnés au mois de septembre 2010.

Quand le programme fût mis en place, la décision était d'abaisser le rang d'entrée pour permettre à un caporal technicien(ne) dentaire avec moins de 36 mois dans l'occupation de pouvoir faire application et être recommandé par sa chaîne de commandement. Un conseil de sélection prenait place à l'automne pour choisir cinq candidat(e)s, au lieu de deux, qui appliqueraient alors à un programme accrédité en hygiène de 2 ans, dans un collège Ontarien.

Comme vous le savez, le rang de base pour cette sous-occupation est sergent. Il y a une fausse idée qu'un caporal qui change de

groupe professionnel comme technicien(ne) dentaire - hygiéniste recevra automatiquement le rang de caporal-chef lorsqu'ils ou elles commenceront leur cours et sera ensuite promu sergent suite à la graduation. Pour être éligible à une promotion, le dossier de l'individu doit être

évalué en premier lieu par le Conseil de Mérite. Le membre doit être classé dans un rang élevé sur la liste de mérite pour être promu; c'est donc possible que le membre pourrait graduer comme un caporal et demeurer au grade de caporal jusqu'à ce qu'il soit recommandé pour une promotion. Ceci s'apparente aux officiers alors que les spécialistes peuvent avoir le grade de capitaine suite à la graduation.

Cette situation peut être en partie expliquée par le PRF et le gel du recrutement des années mi-'90; les FC doivent maintenant régler les effets de cette 'bulle' ou 'vide' de l'occupation. Nous devons donc attribuer des promotions au grade minimal avec une expérience limitée et, dans cette situation, offrir des cours de carrière pour ces techniciens dentaires qui n'auraient pas normalement été éligibles jusqu'à qu'ils/elles atteignent leur séniorité en grade.

Bien qu'au grade de caporal ou caporal-chef et travaillant comme hygiéniste

dentaire militaire, vous devriez voir le côté positif des choses. Ce programme permet aux sous-officiers subalternes d'obtenir un diplôme en hygiène dentaire avant leurs pairs et de continuer à servir en uniforme. Vous serez promu en temps opportun et votre choix de devenir hygiéniste devrait être basé sur vos intérêts professionnel et personnel plutôt que la possibilité d'être promu.

Un dernier mot. Si vous pensez à un changement au groupe professionnel comme technicien(ne) dentaire – hygiéniste n'attendez pas à la dernière minute pour compléter vos préparatifs. Il s'agit d'un programme collégial de 2 ans jugé très difficile. Dépendamment de vos résultats scolaires du secondaire, nous vous suggérons de prendre des cours pour améliorer vos chances de réussir au niveau académique. Si c'est une profession que vous voulez absolument exercer, alors mettez toutes les chances de votre côté et ne vous enlignez pas pour l'échec, mais pour le succès.

The call message for those Dent Techs considering reassignment to hygiene will be out in the next couple months so I thought this would be a good opportunity to pass on, and clarify, a few points.

The hygiene *"Get Well Program"* was successful in turning around the diminishing number of hygienists in uniform and the sub-occupation is now seeing growth. Hence, this is the last year of the program and it will be back to two starts in September 2010.

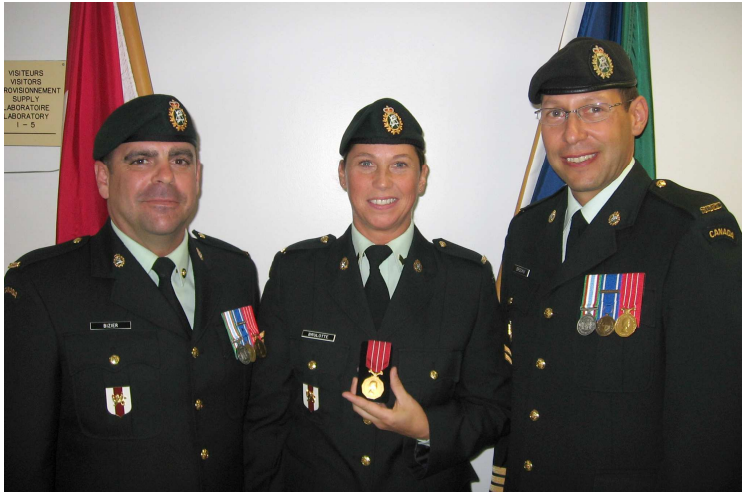
When the program was first put in place, the decision was made to lower the entry rank to allow a Cpl with a minimum of 36 months in the Dent Tech occupation and be recommended by their chain of command to apply. A selection board sat in the Fall to select five candidates, instead of the normal two, who would then apply to selected 2-year accredited programs here in Ontario.

As you know, the base rank for the sub-occupation is Sgt. There is a common misconception that a Cpl reassigning to Dent Tech-Hygst will automatically receive their MCpl rank when they commence college and graduate as a Sgt. In order to be eligible for promotion, the individual's file must first have been seen by the Merit Board. He/She must also be high enough in the rankings to be promoted; therefore, it is conceivable that he/she could graduate as a Cpl and remain a Cpl until such time they are recommended for promotion. This is an exact parallel to the officer situation where specialists are graduating as captains.

This is partly due to the result of the FRP and the recruiting freeze of the mid-90s; the CF is now having to deal with the effects from this *'bubble'* or *'void'*. This includes promoting at the minimum rank and experience and, in this case, offering courses to Dent Techs that would not normally have been eligible until more senior in rank.

Whether a Cpl or a MCpl and working as a Dent Tech-Hygst, put a positive spin on this instead of being negative. This program affords some Junior NCOs the opportunity to obtain a hygiene diploma ahead of their peers and still be able to continue to serve in uniform. When the time is right to be promoted, it will happen. Choosing to become a hygienist should be because it is something you want to do, not just because of the potential for higher rank.

One final word. If you are thinking about reassignment to Dent Tech-Hygst, don't wait until the last minute to make sure all your ducks are in order. This 2-year college program is not a walk in the park. You may decide, depending on when you graduated high school or how high your marks were, to do a little bit of upgrading on prerequisite courses. If this is what you really want to do, then don't set yourself up for failure, set yourself up for success.



Clockwise from Bottom Right:

Norine Ebel welcomes Remi Desmarais to the Public Service.

CWO Julie Beach receives her new rank from BGen Jaeger, CWO Sylvestre and LCol Goheen.

LCol Martin Brochu presents Canadian Forces Decorations (CD) to Cpl France Paquet and Cpl Marie-Claude Brulotte, and the first clasp to the CD to MWO Mario Bizier.





Cmdt 1^{re} Unité Dentaire / CO 1 Dental Unit

by/par LCol Kevin Goheen



MILITEM PRAEPARAMUS

Winter is almost behind us and we can now focus on the next season...PER season...no, spring!! We've had an extremely successful year-to-date and continue to make progress on all fronts. In particular, the combination of increased staff from CFDS RESTORE and Blue Cross treatment funding has halted the downward spiral in dental fitness levels at around 70% Operationally Fit and, as a self-proclaimed optimist, there is a slight upward trend. Well done to all!!

The 1 Dental Unit Command Team, consisting of the Detachment Commanders, Clinic Coordinators and HQ leadership, concluded another progressive and productive Winter Working Group in February 2009. Most notable was the completion of the Unit Ranking Boards as a transparent and informative forum for equitable evaluation of Unit personnel. Additionally, formal briefings were provided as well, which focused on addressing important Unit initiatives such as hiring, Terms of Service, PER lessons learned and Calian.

Knowing that all work and no play makes for a dull crowd, there were opportunities to socialize and mark special occasions as well. First and foremost, we said goodbye to CWO Giroux and officially recognised CWO Beach as the Unit Chief Warrant Officer through a "Change of Responsibility" ceremony (see photos). CWO Giroux was genuinely touched with the framed 1 Dental Unit CWO pennant and the 1 Dental Unit CWO's cane that were presented to him on behalf of all Unit personnel. Further, we were all able to

enjoy each others' company during the Meet & Greet, the Mess Dinner and the CFDS Annual Curling Bonspiel. Bravo Zulu once again to Major Cupples and her staff in Trenton for hosting such a great event!

As the CO, I wanted to pay particular attention to our collective focus in the upcoming year. In my CO's briefing, I highlighted 4 areas that I consider to be high priority for Unit effort and challenged the Senior Leadership in attendance to ensure that they support and encourage these priorities at their detachments as well. I'll be reinforcing these initiatives when I make regional visits, but have outlined them below for general knowledge as follows:

1 Dental Unit Operational Initiatives for 2009 (with Strategic Impact)

#1 – Dental Fitness Levels

- Dental Care Plan (DCP): Detachment Commanders to set specific goals for local fitness levels.
- Undetermined status: DCP strategies must increasingly focus on category 4 client status.
- Dental debt: Blue Cross will remain a key means of reducing diagnosed treatment, but funding availability is expected to fluctuate throughout the year. Dets must remain ready to seize the opportunity.

#2 – CFDS RESTORE

- Hiring: Civilian hiring of CFDS RESTORE Phase 2a is >90% complete!
- Phases 2b/2c and beyond: 1 Dental Unit is ready to implement but the Canadian economic downturn is creating temporary funding delays. Remain ready to continue.
- Infrastructure: Several new clinics are in the final stages of planning and funding has been secured.

#3 – Morale and Welfare of Unit Personnel

- Sustainment Capacity: over the long-term, ensuring that our level of activity doesn't cause burn-out.
- QL Initiatives & Work / Life Balance: finding ways to build positive relationships and achieve personal satisfaction.



- Regional Cont Ed / Unit Ranking Boards: to continue with the addition of Esquimalt as a new Regional Centre (Dets Comox, Winnipeg and Shilo to fall under their CE umbrella). Unit Ranking Boards to become a separate event with the CFDS Curling and CFDS Golf assigned to 2 different Regional CE Centres each year. New this year, a CFDS/RCDCA Golf Tourney will be held in conjunction with the Det Ottawa Regional CE, 10-12 June 09, and CFDS Curling will be held in conjunction with the Det Halifax Regional CE, 3-5 Nov 09.

#4 – Best Business Practices

- Lead from HQ: to create the capability to centrally collect and share valuable knowledge and best business practices for use at the Det level.
- Expertise at Dets: recognising that the people best positioned to solve problems and create better ways to work effectively and efficiently are within the Dets, consistent efforts will be made to offer opportunities for these subject matter experts to brief peers and submit their successes for common use. This endeavour was well received at the Winter Working Group when Dets Edmonton, Greenwood, and Trenton presented their approach to Blue Cross Funds while Dets Shilo, Borden and Valcartier presented their Dental Care Plans.

In closing, I continue to be extremely optimistic about the upcoming year and I'm confident that the major initiatives outlined above will assist us in



our vision of being “A Professional Military Dental Service Providing Exceptional Care As An Integral Part Of A World Class Fighting Force”.

Looking forward to seeing you soon!

L'hiver est presque terminé, et nous pouvons maintenant nous concentrer sur la nouvelle saison... la saison des rapports d'appréciation du personnel (RAP)...non, le printemps!! Nous avons eu un cumul annuel extrêmement réussi et nous continuons de faire des progrès sur tous les fronts. La combinaison, en particulier, de l'augmentation des membres du personnel de CFDS RESTORE et des fonds pour les traitements de La Croix-Bleue a interrompu la spirale descendante du niveau de santé dentaire des militaires à environ 70 % d'un bon conditionnement et, à titre de personne qui se considère optimiste, je peux dire qu'une tendance légèrement à la hausse se fait sentir. Bravo à tous!!

L'équipe de commandement de la 1^{re} unité dentaire, composée des commandants de détachement, des coordonnateurs de clinique et des membres de la haute direction du quartier général, ce mené à terme, en février 2009, un autre groupe de travail d'hiver productif et orienté vers le progrès. Ce qui est le plus remarquable, c'est la réalisation des comités de classement de l'unité en tant que forum transparent et informatif aux fins d'évaluation équitable du personnel de l'unité. En outre, il y a eu la présentation de séances d'information officielles qui étaient axées sur des initiatives importantes de l'unité telles que l'embauche, les conditions de service, les leçons apprises des RAP et Calian.

Sachant que les participants s'ennuient lorsqu'il ne s'agit que de travail, il y a eu des possibilités de socialiser et de célébrer aussi au cours d'occasions spéciales. D'abord et surtout, nous avons dit au revoir à l'Adjud Giroux et avons officiellement reconnu l'Adjud Beach en qualité d'adjudant-chef de l'unité par une cérémonie de «changement de responsabilités» (voir les photos). L'Adjud Giroux a été sincèrement touché par le fanion encadré de la 1^{re} unité dentaire et la canne d'adjudant-chef de la 1^{re} unité dentaire qui lui ont été présentés au nom de tout le personnel de l'unité. En outre, nous avons tous été en mesure de profiter de la compagnie de chacun pendant la séance d'accueil, le souper au mess et le Tournoi de curling annuel du Service dentaire des Forces canadiennes (SDFC). Bravo zulu encore une fois au Major Cupples et à son personnel à Trenton d'avoir organisé un tel événement!

En qualité de commandant, je tenais à prêter une attention particulière à notre objectif collectif lors de la prochaine année. Dans ma séance d'information, j'ai souligné quatre secteurs que j'estime d'une haute priorité pour les efforts de l'unité et j'ai mis au défi les membres de la haute direction qui étaient présents de s'assurer qu'ils appuient et favorisent également ces priorités dans leurs détachements. Je verrai à renforcer ces initiatives lors de mes visites régionales; d'ailleurs, je les ai soulignées ci-dessous aux fins de connaissance générale de la façon suivante :

Initiatives opérationnelles de la 1^{re} unité dentaire pour 2009 (avec impact stratégique)

N° 1 – Niveaux de santé dentaire

- Régimes de soins dentaires (RSD) : Les commandants de détachement doivent établir des objectifs précis concernant les niveaux locaux de santé dentaire.
- Situation non déterminée : Les stratégies des RSD doivent de plus en plus mettre l'accent sur la catégorie 4 de la situation du client .
- Dette dentaire : La Croix-Bleue restera un principal moyen de réduire le traitement diagnostiqué, mais on s'attend à des fluctuations de la disponibilité des fonds au cours de l'année. Les détachements doivent être prêts à saisir l'occasion.

N° 2 – CFDS RESTORE

- Embauche : L'embauche de civils dans le cadre de [CFDS RESTORE], phase 2a, est >90 % terminée!
- Phases 2b/2c et au-delà : La 1^{re} unité dentaire est prête à faire la mise en œuvre, mais le ralentissement économique du Canada est la source de délais temporaires de financement. Elle reste prête à continuer.
- Infrastructure : Plusieurs nouvelles cliniques se trouvent aux étapes finales de planification et le financement est assuré.

N° 3 – Moral et bien-être du personnel de l'unité

- Capacité de maintien en puissance : À long terme, s'assurer que notre niveau d'activités n'est pas la cause d'épuisements professionnels.
- Initiatives de niveau de qualification (NQ) et d'équilibre travail/vie personnelle : Trouver des façons d'établir des relations

positives et de réaliser une satisfaction personnelle.

- [Cont Ed] régional /Comités de classement de l'unité : Poursuivre en faisant l'ajout d'Esquimalt comme nouveau centre régional (les détachements de Comox, de Winnipeg et de Shilo se classeront sous la responsabilité de leur [CE]). Les comités de classement de l'unité deviendront un événement distinct, le curling de SDFC et le golf de SDFC affectés à deux centres [CE] régionaux différents chaque année. En ce qui concerne de nouvelles activités cette année, un tournoi de golf de SDFC et ACDRC (Association du corps dentaire royal canadien) aura lieu conjointement avec le [CE] régional du détachement d'Ottawa, du 10 au 12 juin 2009, et le curling de SDFC aura lieu conjointement avec le [CE] régional du détachement de Halifax, du 3 au 5 novembre 2009.

N° 4 – Meilleures pratiques commerciales

- Dirigeant du quartier général : Créer la capacité de recueillir et d'échanger de façon centralisée d'importantes connaissances et de meilleures pratiques commerciales aux fins d'utilisation dans les détachements.
- Expertise des détachements : En reconnaissant que les personnes les mieux placées pour résoudre des problèmes et créer de meilleures façons de travailler efficacement se trouvent dans les détachements, des efforts constants seront réalisés afin d'offrir des occasions aux experts en la matière d'informer les pairs et de présenter leurs succès à des fins communes. Cette initiative a été bien accueillie par le groupe de travail en hiver lorsque les détachements d'Edmonton, de Greenwood et de Trenton ont présenté leur approche aux fonds de La Croix-Bleue alors que les détachements de Shilo, de Borden et de Valcartier présentaient leurs Régimes de soins dentaires.

Comme mot de la fin, je continue d'être très optimiste en ce qui concerne l'année à venir et je suis persuadé que les principales initiatives soulignées ci-dessus contribueront à réaliser notre vision qui consiste à être « Un service dentaire militaire professionnel qui assure des soins exceptionnels en tant que partie intégrante d'une force de combat de renommée mondiale ».

Dans l'attente de vous voir bientôt!

Toronto Traffic

By Captain Mehmet Danis
1 Dent Det Toronto

The winds of change did not miss ASU Toronto last summer. Nor have they let up since. The 2008 posting season swept in our new Det. Comd. Major Ralph West from CFB Borden and our new Captain, Mehmet Danis.

Our very own MCpl Arielle McLelland sailed off to pursue her Dental Hygiene diploma at George Brown College Class of 2010. Her promotion to MCpl was celebrated along with her fellow hygiene candidate MCpl Jody Snow. Congratulations to them both for being placed on the Dean's list in their first semester!!

After 21 years of dedicated service, our clinic coordinator Sgt Roxanne Boudreau is set to retire from the CF. She will be out of her office but not out of sight as she is ready to resume a new career in Health Services, only steps away. Also, after over 10 years of service here in our clinic, Miss Allison Rolfe has just recently accepted a position at CFB Halifax, the land she calls home. These ladies will be dearly missed by all the staff, past and present here at ASU Toronto.

Although commanding the clinic towards

providing a high degree of dental fitness has been Major West's primary concern, he has been able to make time to celebrate the birthdays of all staff, including his own, as well as train for and run numerous marathons and half marathons (Toronto, Hamilton, Florida..).



Major West, a year wiser...

All this training has put intense pressure on Captain Danis to maintain his preparation for his next desert race. To keep up with his Det Comd, Captain Danis will attempt an ultra-marathon this spring, on the driest desert on earth, the Atacama Desert in Chile. He will once again be raising much needed funds for the United Way who have set a very ambitious donation goal of \$14,000.

On March 29, after 10 months of training, he will embark on this 250 km race alongside 90 competitors representing 25 countries. Having to carry their entire weeks worth of food and equipment in their packs, they will attempt to run the equivalent of a marathon a day for 7 consecutive days.

Captain Danis is aiming to raise awareness and donations for the United Way and finish in the top 10, but foremost he hopes to proudly represent Canada and the CFDS.



Major West promotes MCpl Jody Snow and MCpl Arielle McLelland.

Our expeditions to our satellite clinic at ASU London have gone without a hitch as our newest DA, Cpl Martina Resendiz-Lira and our lone hygienist, Nathalie Zaritsky have been instrumental in providing dental care for our members to the west.

All this traffic in ASU Toronto has not taken away from our good spirits during this long cold winter, as we look forward to the warmer months ahead and wish the best of luck to all the staff across the CFDS.



Back row: Ms Paola Restrepo, Sgt Roxanne Boudreau, Cpl Martina Resendiz-Lira, Ms Shelley Calder, Mrs Nathalie Zaritsky, Ms Allison Rolfe.
Front row: Major West, Capt Denis



Captain Denis will reprise his GOBI Desert adventure in Chile this March 29. Please visit the website <http://unitedwaytoronto.com/deserturun/main.php> if you wish to donate.

Editor's Note: Capt Denis not only successfully finished the Atacama Crossing 2009, but won by a large margin. He beat the second place finisher by over 50 minutes. Congratulations to Capt Denis on an amazing accomplishment!

CFDS Winter Working Group Highlights

22-27 February 2009, CFB Trenton

A few highlights from the annual CFDS Winter Working Group, held in Trenton from 22 – 27 February 2009:

Special guests at the WWG were Colonel Dan Reese – Deputy Commander DENCOM, Fort Sam Houston, San Antonio TX; Colonel Bill MacInnis - CFDS Colonel Commandant; Colonel (ret'd) John Currah – Past Director Dental Services, and Colonel Claude Lamarche - 1 Dental Unit Honorary Colonel. Col MacInnis was also the Guest of Honour at the Mess Dinner, which will be his last official function as our Colonel Commandant. Col Becker announced that Col John Currah will become our next Colonel Commandant.



On behalf of Col Becker, LCol Martin Brochu and MWOMario Bizet present a D Dent Svcs Coin to Cpl Marie-Claude Brulotte

There were no D Dent Svcs Commendations announced this year, nor was the Thompson Trophy awarded. The criteria for these awards will be reexamined by the senior CFDS leadership.

Col Becker presented numerous Director's Coins for excellence:

The Health Canada - Health Measures Survey Team:

- Capt Francis Maille
- Capt Iowna Rusiecka
- Capt Benoit Charette
- Capt Mehmet Danis
- Capt Theo Emons
- Capt Louis Roy
- Capt Barbara Brigidear

- Capt Ian Buckley
- Capt Gregory Olivieri
- Capt David Lee

- Maj Margaret Cupples - WWG organization
- Sgt Tracey Garnier- WWG organization
- Major Greg Austin - WWG support
- MWO Bill Cantwell - DCC role
- Sgt Scott Swindells - Det Ottawa support
- WO Tod Sinclair - Det Ottawa support
- WO Richard Asselin - short notice Ops support
- Cpl Marie-Claude Brulotte - EX PATRIOT
- Maj Ray Warmerdam - DDC role
- Sgt Dawn Ingram- Exceptional multi-tasking
- LCol Dwayne Lemon- Strategic support
- Sgt Bill Norris - Operations support

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Publié avec l'autorisation du Colonel S.A. Becker, le Directeur – Service dentaire. Le *Communiqué SDFC* sert à l'échange d'idées, d'expériences et d'information au sein du Service dentaire des Forces canadiennes. Les opinions exprimées dans le Communiqué sont celles des auteurs. Elles ne sont pas nécessairement partagées par le Directeur du Service dentaire ou le ministère de la Défense nationale.

| 2009 CFDS Curling Results | Winners | Runners-up |
|---|---|---|
| 'A' Event – Wansbrough Trophy | LCol Kevin Goheen LCol Dwayne Lemon LCol Rick Johnson Col Dan Reese | Col Scott Becker LCol Bruce Gerry Mr Bruce McLeod Col (ret'd) John Currah |
| 'B' Event – RCDC Officers' Trophy | Sgt Scott Swindells CWO Julie Beach MWO Sylvain Luneau Mr Remi Desmarais | Maj Sandra Labbe Maj Mario Mailhot Capt Raegan Meadows Sgt Kelly Scott |
| 'C' Event – RCDC Senior NCO's Trophy | MWO Duane Forward Sgt Andy Plante Sgt Bill Norris Sgt Pierre Blanchard | Capt Ashley Mark Capt Richard Dickinson Capt Ryan Sinotte Capt Kerr Williamson |
| 'D' Event – CFDS Branch CWO Trophy | LCol Tom Anderson Maj Ralph West Maj Kerry McTaggart Lt(N) Kris Knight | Maj Les Campbell WO Anna Aldrich Sgt Andrea Plant Maj Trenna Reeve |

CDS Commendation – Sgt Andrea Plante

The Chief of the Defence Staff Commendation is awarded by the Chief of the Defence Staff to recognize deeds or activities beyond the demand of normal duty.

The insignia for the CDS Commendation is a gold bar bearing three gold maple leaves and is worn on the uniform in accordance with A-AD-265-000/AG-001, CF Dress Instructions. The CDS Commendation is accompanied by a framed, gold-embossed scroll, inscribed with the member's name and an appropriate citation, and signed by the CDS.

Sgt Andrea Plante was recently awarded a CDS Commendation "for outstanding professionalism as a dental surgical assistant in Afghanistan, from Aug 2007 to Feb 2008. Assisting in countless complex and lengthy surgeries, while training new personnel from other nations, she demonstrated exceptional dedication and devotion."



Order of Military Merit

From DHH website

In recent years four CFDS personnel have been awarded the MMM or OMM. CWO Lorraine Shirley, MMM, CD; LCol Kevin Goheen, OMM, CD; MWO Mike Wilson, MMM, CD and CWO Dan Giroux, MMM, CD. This year, Col Scott Becker, OMM, CD will receive his OMM from the Governor-General at Rideau Hall.

The Order of Military Merit (ORMM) was established to provide a worthy means of recognizing conspicuous merit and exceptional service by members of the Canadian Forces, both Regular and Reserve.

The ORMM comprises three levels:

Commander (CMM): outstanding meritorious service in duties of great responsibility. BGen/Cmdre and above are eligible to be appointed Commanders).

Officer (OMM) Appointment to the level of Officer is made for outstanding meritorious service in duties of responsibility. This has been interpreted to mean that only Majors to Colonels are appointed, with the occasional Chief Warrant Officer or Chief Petty Officer First Class appointed, usually through promotion within the Order.

Member (MMM): exceptional service or performance of duties. (NCM: Warrant Officers, Petty Officers and Commissioned

Officers up to and including the rank of Capt/Lt (N) are eligible to be appointed Members).



The badge of the order is a blue-enameled, straight-end cross pattee (four arms, narrow at the centre and expanding towards the ends). The badge is edged in gold, and bears a gold maple leaf in its center, on a white background, surrounded by an annulus enameled red which bears the inscription "MERIT-MERITE-CANADA" in gold, the annulus being surmounted by the Royal Crown enameled in full colours. The reverse is plain with the exception of an inventory number. The ribbon is blue, 38 mm wide, with gold edges (4.8 mm).

The insignia of the Order shall be worn in sequence prescribed in the Canadian Orders, Decorations and Medals Directive, and in the following manner: on the left breast, suspended from the ribbon described above, after a Commander of the

Royal Victorian Order and before an Officer of the Order of Merit of the Police Forces. The lapel badge, a blue cross with a gold maple leaf centre, is worn on the undress ribbon. Elevations within the order are indicated by the wearing of the lapel badge of the current and previous levels on the undress ribbon.

Officers may use the post-nominal letters "O.M.M."; members may use the post-nominal letters "M.M.M".

From: Wilson MWO MA@Deployed@PRT
Sent: Wednesday, 31, December, 2008 23:35 PM

Here in the sand box it is business as usual. Dec was a tough month as we lost nine soldiers and three were from my unit. Outside the wire a lot covering off HLTA and

doing line visits. Month of Jan is just ridiculous with regards to patrols. Currently, I just patrol, administrate and sleep. The OC and I even patrolled Christmas Day, did guard duty in our towers until midnight (give the troops a break on Christmas Day) and then went out on patrol at 0600 hrs. I have been very tired before (Wpg conferences lol) but currently it has been 114 days straight and it looks like it will be 146 days and then I will commence HLTA. I believe once on HLTA I will just sleep and have hot shower since 70 % of my showers currently are cold due to our water heater (lol).

PS Real patient gun shot wound to head while I was at Spin Boldak. We were preparing him for the helo to Role 3. We kept him alive for an hour 10 min prior to the helo. We were informed that 30 min after his arrival at Role 3 he passed away. A story over a beer!



2009 Federal Dental Services Infection Control Course

By Sgt Marsha Dearman

From Monday 12 January – Thursday 15 January 2009, WO Pattie Powell (Halifax), Sgt Andy Plante (Edmonton), Sgt Roger Denault (Goose Bay) and I, Sgt Marsha Dearman (Gagetown) were fortunate to attend the Infection Control Course in Atlanta Georgia. This course has been running since 1994 and is sponsored by the United States Air Force.

The first question I had when offered this opportunity was, "How can you talk about infection control for four days?" Well it can be done for 27 hours at that. The course covered areas such as Infectious Diseases, Operatory and Lab Asepsis, Unit Water Quality, Mercury Hygiene/Amalgam Issues and many more. These topics created a lot of discussion between the four of us. The US Air Force has a policy on the size of protective eyewear that can be worn at the chair which raised the debate of the Hugo Boss eyewear we see around our clinics. We researched and CFDS has no size policy but after hearing the reasoning and accidents that occurred we agreed that we should. The hygienists wear a protective hair cap to reduce personal contamination due to all the aerosols. WO Powell listened carefully and was considering adapting this practice. We had a lengthy discussion on Scrap Amalgam. Extracted teeth with amalgam cannot go into the incinerator or garbage. If these teeth are found in dental waste there is a hefty fine given. The US alternative is to give the teeth to the patient. The four

of us still do not know how this helps the environment.

For 2 hours on Wed there was a trade show event. All the large dental suppliers were there to bring us up to date on their latest infection control products. We left with bags full of samples, especially Pattie and I, to bring back to the clinic. The dental assistants here in Gagetown have started to use the disposable bib clips. I was able to play the role of a hygienist in order for Pattie to receive an extra fancy-gripped scaler. Hope you are thinking of me Pattie when you are using it.

We were able to get some shopping in and Andy arranged for us all to see a hockey game - Atlanta played Ottawa and Ottawa was victorious. The boys quickly learned how to order food at the restaurants. It didn't matter what they wanted, they ordered what Pattie and I wanted to share with them.



Insert from Sgt Andy Plante: First of all, Roger is a “much laid back calm individual” and I am a “well-let’s-get-it-done-now and always-a-timing-to-meet-to-get-to-the-next-event” guy. So, having set the stage, we went out to eat supper the first night. Things went surprisingly well, I got to know Pattie for the first time and had a really good time (almost like a blind date).

The second night was a treat. We went to an Italian restaurant: all I wanted was lasagne and Roger wanted a half portion of linguine and shrimp. The waitress came to our table and asked if she could get us drinks, this took five seconds for me and Roger. The ladies however couldn’t decide (go figure) they took five minutes. Now the meal ordering took place, Roger and I were talked into getting, after 30 minutes of debating, 4 appetizers, 4 main meals and 4 desserts. The waitress starting bringing the food and there was no room on the table, so Marsha tried to get another table. The waitress was really starting to get annoyed, so before an international incident came about, I said it would be OK to stay where we were at. Needless to say we didn’t finish all the food, and had enough leftovers for the next day’s lunch. Roger didn’t eat as he was still full from the previous night.

After 8 hours of infection control, it was time for supper again. Roger and I were already dreading going out with the ladies for yet another supper. Pattie decided that we were going to the Cheese Cake restaurant. Need I say more, women and cheese cake, what a mix that is! So we sat down to order, Roger and I were ready in about 2 minutes, however the ladies were at it again. They were deciding on what cheese cake they were going to get before they ordered their main dish. If asked again to go on course with Pattie and Marsha, I’m sure I would just for the experience and laughs. *Andy*

We were not that mean to the boys. Pattie and I wanted to treat them to fresh pedicures but Roger and Andy would not go for it. They did wait patiently as Pattie and I had our hair, nails and massages done. Thanks guys. The trip to the Georgia Aquarium was fantastic and anyone that visits Atlanta should make time to go see it.

We would like to thank CFDS for the opportunity to attend this course and recommend others to attend.



Dent Det Ottawa hosted an implant course for CFDS Specialists on 6 Jan 09.

Dental Detachment Valcartier Update

By/par Capt Patrick Miklos

Mise à jour du Détachement dentaire de Valcartier

The end of 2008 allowed time for reflection on the excellent year that had just past, as well as an opportunity to look forward with great anticipation to all of the upcoming year's promises.

The Christmas season once again cheerfully kicked off with the annual clinic breakfast party. Everyone was treated to a delicious brunch while being serenaded by the musical stylings of Capt Gerald Morissette on the pan flute and Capt Simon Abbey on guitar. And of course, Santa Claus paid a visit to wish everyone all the best during the festive season.

The formal clinic party proved to be an event like none other. In addition to the great hospitality and food at Palace Royale, clinic members enjoyed a review of middle-eastern belly dancing by a troop that included performances by Mme Elena Lazar and Dr Marie-Pier Sanfaçon. The event was not only culturally enlightening, but also highly entertaining (especially when Maj Luc Langevin & Maj Francois Theriault demonstrated their belly-dancing skills).

2009 has brought new additions to the clinic nominal roll, including Cpl Irène Benoit, Mrs Maryse Courchesne, Mrs Joanne Lavoie, Mrs Michèle Bélanger, Mrs Geneviève Martin, Mrs Marie-France Paquet, and Mrs Anne Petitclerc. As well, Capt Sophie Toupin returned from her parental leave and Cpl Marie-Josée Savard gave birth to a beautiful baby girl. These additions have not only helped to round out the clinic numbers, but have also added to the clinic's atmosphere.

This spring finds Capt Morissette busy with final preparations before his deployment on Roto 7. Though his presence will be greatly missed around the clinic, he will undoubtedly provide the kind of first-rate service that the CFDS is renowned for. In addition, Captains Joel Doucette (AGD-Fort Hood, TX), Elyse Grenier (Perio-U of Laval, QC), and Patrick Miklos (Prosthodontics-San Antonio, TX) are preparing for the rigors of their respective post-graduate programs.

Finally, the new year finds the clinic itself undergoing more transformation. With the specialist annex now effectively operating, attention has turned to the lab and sterilization facilities. Under the guidance of Maj Louis Haché, the two rooms were switched, helping to increase the overall functionality of the clinic as a whole.

Though just a quick summary, it is evident that the last year has been full of excitement and change at 1 Dental Unit Detachment Valcartier. We are certain that 2009 will be just as thrilling!



La fin de l'année 2008 nous a laissé le temps de réfléchir à l'excellente année que nous avons vaincu et aussi donné la chance d'anticiper les aventures à venir.

Le temps des fêtes a été, de nouveau, lancé avec notre déjeuner annuel à la clinique. Tous ont bien mangé pendant que Capt Gérald Morissette et Capt Simon Abbey nous ont démontré leurs talents musicaux à la flute pan et guitare respectivement. Le Père Noël est venu nous souhaiter de joyeuses fêtes aussi.



On a célébré le temps des fêtes d'une façon plus cérémonieuse au Palace Royale. En plus d'un excellent souper, il y avait un spectacle de baladi du moyen orient interprété par une troupe dont Mme Elena Lazar et Dre Marie-Pier Sanfaçon participaient. Ce spectacle était très divertissant et même plus quand Maj. Luc Langevin et Maj François Thériault ont décidé de participer à leur façon.

2009 nous emmène des changements de personnel à la clinique. Nous sommes fiers d'accueillir Cpl Irène Benoit, Mme

Maryse Courchesne, Mme Joanne Lavoie, Mme Michèle Bélanger, Mme Geneviève Martin, Mme Marie-France Paquet et Mme Anne Petit-Clerc. Capt Sophie Toupin nous rejoint après un congé parental et Cpl Marie-Josée Savard prend un congé parental avec sa jolie fille. Nous apprécions l'aide qui était bien attendue.

Ce printemps Capt Morissette est occupé avec les préparations finales avant de déployer pour le Roto 7. Il va nous manquer mais nous savons qu'il va nous rendre fier avec son service. Trois capitaines nous quittent pour des études avancées : Joel Doucette (AGD – Fort Hood, TX), Élyse Grenier (Paro- U of Laval, QC), et Patrick Miklos (Prosthodontics - San Antonio, TX). Bonne chance!

Finalement, cette année il y a des changements à la clinique pour améliorer le fonctionnement. L'annexe des spécialistes est maintenant en opération et les locaux de stérilisation et de laboratoire ont été interchangés. Merci à Maj Louis Haché pour son effort.

C'est évident que l'année passée a été intéressante au 1^{er} Unité Dentaire Détachement Valcartier et nous sommes certaines qu'il y aura beaucoup d'aventures à venir en 2009.



LCol Brochu presents the General Service Star to Maj Luc Langevin

Esquimalt News

By Sgt Jacqueline Buckley
Dent Det Esquimalt

WELCOME HOME

Capt David Lalande and WO Richard Asselin were welcomed home by Maj Ray Warmerdam, Capt Carlos Lopez and Sgt Jacqueline Buckley as the HMCS Protecteur sailed into Esquimalt Harbour. The Protecteur crew was also greeted by the CDS, General Natynczyk. Capt Lalande and WO Asselin were very happy to be home from their Persian Gulf deployment.



PACIFIC RHAPSODY DENTAL HYGIENE CONFERENCE

Sgt Buckley, Bonnie Hay and Reine Richer-Lafleche attended the Pacific Rhapsody Dental Hygiene conference held this year from 12-13 Sep 08 in Richmond, BC. Topics covered included When Your Body Turns on Itself: Autoimmune Diseases and Women, Save Me Save You Ergonomics and Efficiency, Implants - Choice Care and Maintenance, Hormones Heart Health and Hygiene, Exploring How Oral Health Affects Women's Systemic Well-Being, Today's Dieting Trends & Their Impact on Dental and Systemic Health, Achieving Your Ideal Position Within the Dental Hygiene Profession, and Bio Adaptive Therapy: Tooth Movement and Beyond, just to name a few. The conference was very insightful.

DENTAL FORENSICS

I would have never thought that after two years of hygiene school that I would want to look at another text book, but my fascination for the forensic world quickly changed my mind. I recently completed a five week forensic odontology course which is offered through the British Columbia Institute of Technology. This course consisted of a four week online portion, a weekend classroom portion and a final examination. The course is offered as part of an overall certificate or degree in the study of forensics, and for me, the beginning of yet another road in my career, as I am looking at completing an advanced certificate in Forensic Health Science.

During the online portion of the course, I was expected to complete four home assignments. These assignments included human anatomy, dental terminology, tooth numbering systems, individual tooth identification, online discussion assignments, and a legal case law study assignment. I was also given reading assignments from the textbook "*Introduction to Forensic Anthropology*" and journal readings. Most of the dental portion was a great refresher and made me realize that, even after just completing dental hygiene school, how soon one can forget the little things and for that I needed to resort back to my textbooks. The online discussion portion was not only enjoyable, but informative as it provided a different look into the thoughts of others on a given subject.

The classroom portion began Fri 3 Oct and finished 5 Oct 08 at the downtown Campus of BCIT, in Vancouver. It was taught by Dr Iain A. Pretty, BDS (Hons), MSc, PhD, MFDS RCS (Ed) of Manchester, UK. I was able to book accommodations that were within a reasonable walking distance of the campus, approx 20 mins, and for those who

know me, the trip back to the hotel at the end of my day took at least 2 hrs longer given the abundance of shopping locations on route. During the classroom portion we covered the many facets of dental forensics with the majority focusing on ante mortem and post mortem evidence and the preparation and preservation of. I learned about types of abuse and how it pertains in some cases to bite mark analysis. Dr Pretty explained the process in making overlays, impressions, bite registrations, x-rays, age estimation through dentin, profiles and the importance of photographs for bite-mark analysis. I also completed in-class case studies for bite mark comparison and completed a group assignment to prepare a letter of identification to the proper authorities.

I found it most fascinating to learn that Dr. Pretty receives approximately 40 requests for dental identifications a year in the UK for grossly decomposed bodies that are not found until sometimes weeks after death and that the majority of his work (60%) is actually in case law identifications for the victims of child abuse. Before taking this course, I did not think much about dental forensics playing a role in identifications outside of mass disasters. I know realize



that this area of study goes far beyond what I believed. I wrote my final exam on the 17 Oct 08 and received an overall 85% final mark.

ROAD TRIP

Maj Colin Duffy and Capt Paul Neate led their dental crew of Sgt Braden Broderick, MCpl Joan Flecknell, Cpl Rebecca Park and Cpl Marc Robert on a journey across the Juan de Fuca Straight on the 24th Oct 08 to assist in an Operational Readiness Verification of 96 Reserve Force members who were deploying to Afghanistan. The dental team worked tirelessly through the weekend before heading back home after a successful mission.

Maj Duffy barely got his suitcase unpacked as he was off once again on 11-19 Nov 08 with his new team consisting of Sgt Buckley, Cpl Park and Cpl Cassandra Wright to complete annual exams on CF pers in Vancouver and Chilliwack. Due to technical difficulties with the Dental SEV, the team loaded up the ATK and portable x-ray equipment and set up in an office (Jericho Beach) and warehouse (Chilliwack). Although it seemed like primitive quarters, they were successful in completing 140 exams in Vancouver over three days and 70 exams in Chilliwack over a two day period.

During the trip over, the Spirit of British Columbia announced that they would stand down for a moment of silence to pay respects for Remembrance Day at 1100 hrs, and also acknowledged our dental folks on board. Major Duffy and his troops stopped just outside Tsawwassen to stand in two minutes of silence. Timing seemed to be part of a perfect plan as a formation of small planes flew overhead.

Jean Plavetic received her certificate and gift for 25 years of service. Sgt Buckley visited Jean during her sick leave and presented her with her gift. Maj Warmerdam presented Jean with her certificate during Jean's recent visit to the clinic.

HELLO FROM GAGETOWN!

By Cpl Paula Martin
1 Dent Det Gagetown

It's time to spread the good cheer from our Detachment.

We work hard, play hard, and keep the DCP Rep happy!

Our clinic coordinator, WO Marlene Bouchard, hung up her military uniform for a civilian position at our clinic as our new CR-04. We celebrated her special day at the Fredericton Delta. She had many beautiful letters and departing gifts from family, friends and co-workers. Her son, who resides in Moncton, was also present to share this wonderful occasion with his mother.



Congratulations to MCpl Cheryl Spring, who was promoted 1 Dec 2008.

We will have a hard time saying good bye to some of the best people we have ever met. Capt Lance Schaefer completed the endo course in Borden on 28 November and is retiring this summer. We wish him, his wife,

and son and expected little one all the best life has to offer.

Capt David Lee finished his Clinical Prosthodontics course and recently received a posting message to Kingston. Heads up Kingston, your about to get one of the best!

Capt Raymond Liew will be busy upon his return from his two day Atlanta Convention in March and then posted to CFB Borden. Borden. Listen up! Treat him good! He is one of a kind; hence the word "kind." We will miss him tremendously.

Cpl Lori Nason will be off to Atlanta for the Convention in March as well. Congrats on being picked!

Sue Rathburn, our pillar, works the front office like a finely tuned machine. She is one of a kind with a large heart, witty attitude, colorful hair and usually a mouthful of smarties. She is truly irreplaceable and is planning a May retirement.

Cpl Cleo Cormier will hang up his military uniform on April 6th. In January he received his CD1 for 22 years of loyal and dedicated service to the Canadian Forces. His retirement party will be held at Montana's in Fredericton on March 20th.

Sgt Marsha Dearman attended a 27-hour course in Atlanta, Georgia on infection control. She returned with some great information, ideas and product samples that we quickly put to action in our clinic. Thanks Sgt!

Our bellies were more than full to compete in our annual Valentines Day golf event. We may have been high on sugars or on lows from turkey. You can check out the pictures and decide for yourself.



Person requiring most practice is Ed Burns. He can't putt but he sure can skip rope.



And the winner is.....Dr Danie Bujold, the one standing closest to the camera



The most creative golf hole belongs to Sgt Marsha Dearman, Cpl Paula Nason, Cpl Arianna Wimmer and Sue Rathburn. A very difficult hole as it requires your putter to be pantyhose dangling from your waste with a tennis ball swaying in all directions. Only a picture could explain this!



Our Martha Stewart civilian, Sue Theriault, has given us one of the greatest Valentine wishes one could ever hope for. She made exquisitely beautiful cakes, food fit for a king and made enough for an army!



Our clinic hockey star is Cpl McNeil. (Speedy Gonzales on skates). Her team, "Gagetown Lightning," came 2nd in the regional hockey championship. Two thumbs up!

From the desk of the Editor:

As a few of my friends and colleagues already know, I will be retiring from the CF this summer, before the next volume of the newsletter is due.

I would like to thank LCol Gilles Lévesque and CWO Pat Leitch for all of the help they have provided to me in producing the CFDS Communiqué for the past several years. By verifying facts, looking for typos, editing French language text, and providing moral support, they deserve much of the credit if you have enjoyed reading our newsletter.

I would also like to thank the many contributors to the newsletter – the variety of articles and photographs never ceases to amaze me. This just proves what a great life is provided by a career in the dental branch. It has also made editing the newsletter the favourite of my secondary duties.

Sanitas in Ore

Major Richard Groves



The D Dent Svcs hallway was the site of the CFDS Christmas indoor golf tourney. Despite the Director's great swing, at the end of the game Cathy Corney was declared the winner.



Sgt Glen Miller looking for new ways to deliver dental care in Afghanistan...



LCol Bruce Gerry checking out new equipment at a dental trade show... (note the good hand control...)

The Back Page – En commençant par la fin



*Dental Services new truck?
Un nouveau camion du Service dentaire?*

*Can you spot the Canadian in the snow?
Trouver le Canadien dans la neige...*



*A battle to the end, and a new dynasty
begins...?*

*Une bataille âprement disputée, est-ce
le début d'une nouvelle dynastie?*

