

*Newsletter of the
Royal Canadian Dental Corps Association*

December 2023



*Bulletin d'information de
l'Association du Corps dentaire royal canadien*

Décembre 2023

Officers of the Association / Officiers de l'Association

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PRESIDENT'S CORNER / COIN DU PRÉSIDENT

One of the pleasures of being the President of the Royal Canadian Dental Corps Association (RCDC) is to be able to convey to you, on behalf of the members of the Association's Executive Committee, our warmest thanks to you all for your continued support as your trust and loyalty have enabled us to grow as an Association. I hope you have all enjoyed a joyful holiday season filled with warmth, laughter, and well-deserved relaxation.

As we closed out a very eventful year, 2023 has been marked with our first golf tournament since 2016 and one of the first get-togethers with our members since the pandemic. As you will read below, this event was a huge success as every smile shared with those who participated has enriched our experience and strengthened our determination to organize the same type of event in years to come. As you know, one of the Association's objectives with this golf



L'un des plaisirs du président de l'Association du Corps dentaire royal canadien (ACDRC) est de pouvoir vous transmettre, au nom des membres du Comité exécutif de l'Association, nos remerciements les plus chaleureux pour votre soutien continu, car votre confiance et votre loyauté nous ont permis de grandir en tant qu'Association. J'espère que vous avez tous passé de bonnes fêtes de fin d'année, pleines de chaleur, de rires et de détente bien méritée.

Au terme d'une année riche en événements, 2023 a été marquée par notre premier tournoi de golf depuis 2016 et

l'une des premières rencontres avec nos membres depuis la pandémie. Comme vous le lirez ci-dessous, cet événement a été un énorme succès, car chaque sourire partagé avec les personnes qui ont participé a enrichi notre expérience et renforcé notre détermination d'organiser le même type d'événement dans les années à venir. Comme vous le savez, l'un des objectifs de

tournament, to promote esprit de Corps, was achieved and to this end, we had superb RCDCA hats made that we are now offering you to purchase at a reasonable price. Details can be found at page 47 of this Newsletter.

Once again this year, my participation in the Remembrance Day ceremony was very special and emotionally charged. Accompanied by Scott Becker, it was a real honour for both of us to represent you and lay a wreath on your behalf. Another highlight was my visit to the Canadian Christmas Market in SHAPE, Belgium where I was very fortunate to meet up with the Dental Team there. Thank you to Capt Goulet and Sgt Ivanovs, it was great seeing them both and clearly brought back memories of the Command Team visits made during my time as 1 Dental Unit CWO.

I am pleased to announce that the RCDCA Executive has extended the one-year free memberships to some of the authors of the articles in this newsletter. A special thank you to our newsletter editor, Richard Groves, who has once again done outstanding work in preserving our rich history and I encourage all RCDCA and Dental Corps members to share their experiences as these articles are an important part of our newsletter's success.

I have no doubt that 2024 will bring new challenges and new opportunities, and I'm looking forward to seeing how much more we'll be able to achieve together.

Mario Bizier, MMM, CD



L'Association avec ce tournoi de golf de promouvoir l'esprit de Corps a été atteint et pour ce faire, nous avons fait fabriquer de superbes casquettes de l'ACDRC que nous vous proposons d'acheter à un prix raisonnable. Les détails se trouvent à la page 47 de ce bulletin d'information.

Cette année encore, ma participation à la cérémonie du jour du Souvenir a été très spéciale et chargée d'émotion. Accompagné de Scott Becker, ce fut un véritable honneur pour nous deux de vous représenter et de déposer une couronne en votre nom. Un autre moment fort a été ma visite au marché de Noël canadien à SHAPE, en Belgique, où j'ai eu la chance de rencontrer l'équipe

dentaire. Merci au Capt Goulet et au Sgt Ivanovs, c'était un plaisir de les voir tous les deux et cela m'a clairement rappelé des souvenirs de mes visites d'équipe de commandement que j'ai effectuées lorsque j'étais l'adjudant-chef de la 1^{re} Unité dentaire.

J'ai le plaisir d'annoncer que l'exécutif de l'ACDRC a prolongé l'adhésion gratuite d'un an à certains des auteurs des articles de ce bulletin d'information. J'encourage donc tous les membres de l'ACDRC et du Corps dentaire à partager leurs expériences, car ces articles sont un élément important du succès de notre bulletin d'information.

Je ne doute pas que 2024 apportera de nouveaux défis et de nouvelles opportunités, et je me réjouis de voir tout ce que nous pourrions accomplir ensemble.

Mario Bizier, MMM, CD

Words from our Colonel Commandant / Mots du Colonel Commandant

Warmest greetings to all former and serving members of the Canadian Forces Dental Services and Royal Canadian Dental Corps!

As mentioned in a previous column, we are living in rather tense and somewhat troubling times. The world continues to undergo substantial, not to say somewhat paroxysmal transformations, both nationally as well as internationally. However, having survived the initial onslaught of a pandemic that even today threatens many aspect of our lives, history teaches us to remain optimistic and to carry on steadfastly in our resolve to firmly face those challenges as previous generations of Corps personnel have done so successfully in the past.

In that context, it is extremely gratifying to acknowledge the favourable outcomes achieved over the past year, thanks to the clever and thoughtful initiatives undertaken at all levels of the organization as well as to the stalwart perseverance and determination consistently displayed by all members of the Corps in their efforts to overcome whatever challenges had to be faced.

Bravo to all of you who have contributed your experience and wisdom, your advice and strong encouragement in behalf of those who now carry on the traditions of excellence demonstrated during past difficult times!

Personally, it has been a busy year, fulfilling the various aspects of my Colonel Commandant appointment and having endeavoured to maintain intimate involvement in all Corps activities and events. The latter included regular attendance of Senate meetings, weekly exchanges and discussions at Dental Division level, participation in course graduations and awards as well as taking part in milestone social events such as the Corps anniversary and similar happenings.



Salutations chaleureuses à tous les membres actifs et retraités des Services dentaires des Forces canadiennes et du Corps dentaire royal canadien!

Comme mentionné dans une chronique précédente, nous vivons une époque plutôt tendue et quelque peu troublante. Le monde continue de subir des transformations substantielles, pour ne pas dire quelque peu paroxystiques, tant au niveau national qu'international. Cependant, après avoir survécu l'assaut initial d'une pandémie qui

menace encore de nombreux aspects de nos vies, l'histoire nous enseigne à demeurer optimistes et à poursuivre avec détermination tous ces défis, comme l'a si bien fait le personnel dentaire des générations précédentes.

Dans ce contexte, il est extrêmement gratifiant de reconnaître les accomplissements obtenus au cours de la dernière année, grâce aux merveilleuses initiatives entreprises à tous les niveaux de l'organisation ainsi qu'à la détermination et la persévérance de tous les membres du Corps pour surmonter les défis auxquels ils ont dû faire face.

Bravo à vous tous et toutes qui avez offert votre sagesse et votre expérience, vos suggestions et bons conseils à ceux et celles qui, aujourd'hui, doivent maintenir les traditions d'excellence démontrées au cours des moments difficiles vécus dans le passé!

Personnellement, ce fut une autre année très active, remplissant les divers aspects de mon mandat de Colonel Commandant et m'efforçant de maintenir des implications très étroites avec toutes les activités et entreprises du Corps. Ceci a compris, parmi tant d'autres facettes, une présence régulière aux réunions du Sénat du CDRC, des échanges et discussions hebdomadaires au niveau de la

In line with that assignment, I also continued to fulfill an important representational role in the public realm, such as the recent attendance of a Canadian Forces Health Services exhibit at the Calgary Military Museums, which featured information on the Dental Corps history and a few of its associated artifacts, as well as highlights of my personal career, including mention of my Medal of Bravery, in conjunction with the display of four Victoria Cross medals.

I also had the honour of attending the recent promotion to general rank of our Chief Dental Officer, BGen Picard, which stands out not only as a noteworthy individual achievement warranting our collective recognition and congratulations but represents a milestone event that augurs well for the ongoing progress of the Corps. Well done, General Picard!

Finally, I was delighted to be apprized of my extension as your Colonel Commandant for an additional two years — a mandate that I consider of major importance for the Corps and on which I will continue to focus dutiful attention.

In closing, I would like to take this opportunity to wish you and yours the very best of health and success in all of your ventures and undertakings over the course of the coming year.

Stay well, and stay safe!

Sanitas in Ore

Brigadier-General (ret) Victor J. Lanctis
MB, SBStJ, CD, BA, MFICD, FADI, FPFA
Colonel Commandant
Royal Canadian Dental Corps



Division dentaire, une participation active à diverses présentations et remises de diplômes, ainsi qu'une participation aux événements sociaux spécifiques au Corps, tel que son anniversaire et des événements similaires. Dans le cadre de ce mandat, j'ai continué à remplir un rôle de représentation important dans le domaine public.

Par exemple, en participant récemment à une exposition sur les Services de santé des Forces canadiennes aux Musées militaires de Calgary, comprenant des informations sur l'histoire du Corps dentaire et incluant quelques artefacts intéressants, ainsi qu'un résumé de quelques faits saillants de ma carrière personnelle, y compris la mention de mon obtention de la Médaille de Bravoure, conjointement avec l'exposition de quatre médailles de la Croix de Victoria.

J'ai également eu l'honneur d'assister à la récente promotion au grade de général de notre Dentiste en Chef, le Bgén Picard, ce qui représente non seulement un accomplissement personnel remarquable et digne de félicitations, mais aussi un événement qui promet beaucoup pour le progrès continu du CDRC. Bravo, Général Picard!

Enfin, j'ai été ravi d'apprendre la prolongation pour deux années additionnelles de mon mandat de Colonel Commandant — un mandat que je considère très important pour le Corps et sur lequel je continuerai de porter une attention particulière.

En terminant, j'aimerais profiter de cette occasion pour souhaiter, à vous et aux vôtres, santé et succès dans toutes vos entreprises et activités au cours de l'année à venir!

Demeurez actifs, mais prudents!

Sanitas in Ore

Brigadier-général (ret) Victor J. Lanctis
MB, SBStJ, CD, BA, DDS, MFICD, FADI, FPFA
Colonel Commandant
Corps dentaire royal canadien

Message du Dentiste en chef des Forces armées canadiennes Message from the Chief Dental Officer of the Canadian Armed Forces

Mes plus chaleureuses salutations à tous les membres estimés, passés et présents, du Corps dentaire royal canadien et du Service dentaire des Forces canadiennes,

À l'approche de la fin de l'année 2023, cela nous offre l'occasion de réfléchir aux contributions remarquables de notre personnel du Corps dentaire royal canadien (CDRC) dans leur soutien indéfectible à la mission des Forces armées canadiennes (FAC). Malgré les défis rencontrés tout au long de l'année, notre personnel du CDRC a fait preuve d'une adaptabilité exceptionnelle et d'une ingéniosité remarquable. Notre personnel a navigué avec succès les obstacles, trouvant des solutions efficaces pour atténuer les difficultés, tout en assurant la prestation de soins de qualité, optimisant les ressources limitées et favorisant l'évolution de notre culture interne pour améliorer le soutien aux membres des FAC.

Le développement et la mise en œuvre résolue de nombreuses initiatives par tout notre personnel du CDRC ont été véritablement inspirants. Des exemples notables incluent la mise à jour du Programme dentaire des Forces canadiennes, du Programme de contrôle des infections et de diverses instructions. De plus, des efforts louables ont été déployés dans les premières étapes de l'analyse pré-occupationnelle des dentistes, le suivi électronique du programme d'assurance de la qualité par l'intermédiaire du SI Dent, et l'évaluation favorable continue d'Agrément Canada concernant nos services. Un autre accomplissement notable est la création d'une opportunité pour les assistant(e)s dentaires du Québec de se joindre et d'accéder à une formation de niveau II subventionnée par les FAC. Parallèlement, des progrès continus sont en cours dans la construction et la rénovation de plusieurs cliniques. Je tiens également à exprimer notre succès et notre joie à la récente approbation de la prolongation de la nomination de notre Colonel Commandant, BGen (Retraité) Lanctis, jusqu'en août 2025. Nous sommes heureux de poursuivre cette relation hautement positive et collaborative.



Warmest greetings to all esteemed members, past and present, of the Royal Canadian Dental Corps and Canadian Forces Dental Services,

As we approach the conclusion of 2023, it provides us an opportunity to reflect on the remarkable contributions made by our Royal Canadian Dental Corps (RCDC) personnel in their steadfast support of the Canadian Armed Forces (CAF) mission. Despite the challenges presented throughout the year, the RCDC personnel have showcased exceptional adaptability and resourcefulness. They have successfully navigated obstacles, devising effective solutions to mitigate challenges, all while ensuring the delivery of quality

care, optimizing finite resources, and fostering the evolution of our internal culture to enhance support for CAF members.

The development and steadfast implementation of numerous initiatives by all our RCDC personnel have been genuinely inspiring. Notable examples include the update of the Canadian Forces Dental Care Program, the Infection Control Program, and various instructions. Additionally, commendable efforts have been made in the early stages of dental officers' pre-occupational analysis, electronic tracking of the Quality Assurance Program through DentIS, and ongoing favorable evaluation from Accreditation Canada regarding our services. Another noteworthy accomplishment is the establishment of an opportunity for Québec Dental Assistants to join and access subsidized Level II training by the CAF. Concurrently, there is continuous progress in the construction and renovation of multiple clinics. I would also like to express our success and delight at the recent approval of the appointment extension for our Colonel Commandant, BGen (Retired) Lanctis, until August 2025. We eagerly look forward to the continuation of this highly positive and collaborative relationship.

The RCDC has consistently delivered exceptional oral health care to our military members, both domestically and internationally. On the home front, the high-quality in-garrison care provided by RCDC personnel has remained pivotal in enabling the CAF to be responsive and agile. Furthermore, the RCDC has provided direct clinical support to ongoing CAF operations. A dedicated RCDC team, comprising a Dental Officer and Dental Technician, has been deployed on a rotational basis since 2017 as part of Operation REASSURANCE in Latvia. Similarly, we maintained a RCDC team on board the interim navy supply ship ASTERIX to address the oral health needs of the crew.

Historically, the RCDC has been involved in various exercises and operations with the US Navy. However, in recent years, our participation was limited to the deployment of Military Oral and Maxillofacial Surgeons during humanitarian missions. Last year, the RCDC was once again able to expand its participation with the deployment of Dent Technicians and a Military Dentist on the USNS COMFORT as part of Operation CONTINUING PROMISE. We remain poised and ready to support future requests for participation.

Our Forensic Odontology Response Team (CF FORT) has steadfastly continued its support for the DND Casualty Identification Program, aiding in the identification of remains from the First World War, the Second World War, or the Korean Conflict. The meticulous identification of each Canadian military fatality remains of paramount importance for the CAF. On September 2, 2023, we solemnly commemorated the 25th anniversary of the tragic Swissair Flight 111 crash and the subsequent significant response by the CAF during Operation PERSISTANCE, which involved 54 RCDC personnel. Their efforts will always be remembered and honored, and the invaluable lessons learned have profoundly influenced the development of CF FORT.

As we navigate beyond the challenges posed by the pandemic, the Canadian Forces Health Services (CFHS) and the RCDC are redirecting their efforts towards recovery, reconstitution, and wellness through targeted initiatives. These endeavors will concurrently contribute to our modernization by fostering a continual process of improvement, guided by data-informed decision-making, the institutionalization of performance measurement, and robust governance processes. This strategic approach aligns with the insights derived from the findings and recommendations of our recent Accreditation Canada survey.

Le CDRC a toujours fourni des soins exceptionnels en matière de santé bucco-dentaire à nos membres militaires, tant sur le plan national qu'international. Les soins de haute qualité en garnison fournis par notre personnel du CDRC sont restés cruciaux pour permettre aux FAC d'être réactives et agiles. De plus, le CDRC a fourni un soutien clinique direct aux opérations continues des FAC. Une équipe dédiée du CDRC, composée d'un(e) dentiste et d'un(e) technicien(ne) dentaire, a été déployée de manière rotationnelle depuis 2017 dans le cadre de l'opération REASSURANCE en Lettonie. De même, nous avons maintenu une équipe du CDRC à bord du navire d'approvisionnement ASTERIX pour répondre aux besoins de santé bucco-dentaire de l'équipage.

Historiquement, le CDRC a été impliqué dans divers exercices et opérations avec la Marine américaine. Cependant, ces dernières années, notre participation s'est limitée au déploiement de chirurgiens buccal et maxillo-facial militaires lors de missions humanitaires. L'année dernière, le CDRC a une fois de plus pu étendre sa participation avec le déploiement de technicien(ne)s dentaires et d'un(e) dentiste militaire sur l'USNS COMFORT dans le cadre de l'opération CONTINUING PROMISE. Nous restons prêts à soutenir les futures demandes de participation.

Notre équipe de réponse en odontologie légale (EROL FC) a continué de soutenir de manière constante le Programme d'identification des victimes du ministère de la Défense nationale et d'aider à l'identification des morts de guerre de la Première Guerre mondiale, de la Seconde Guerre mondiale ou de la guerre de Corée. L'identification méticuleuse de chaque victime militaire canadienne demeure d'une importance primordiale pour les FAC. Le 2 septembre 2023, nous avons solennellement commémoré le 25e anniversaire du tragique écrasement du vol 111 de Swissair et la réponse significative ultérieure des FAC lors de l'opération PERSISTANCE, impliquant 54 membres du CDRC. Leurs efforts seront toujours rappelés et honorés, et les leçons inestimables apprises ont profondément influencé le développement de l'EROL FC.

Alors que nous naviguons au-delà des défis posés par la pandémie, les Services de santé des Forces canadiennes (SSFC) et le CDRC orientent désormais leurs efforts vers la récupération, la reconstitution et le bien-être grâce à des initiatives ciblées. Ces efforts contribueront simultanément à notre modernisation en favorisant un processus continu d'amélioration, guidé par la prise de décision éclairée par les données, l'institutionnalisation de la mesure de la performance et des processus de gouvernance solides. Cette approche stratégique s'aligne avec les conclusions et les recommandations tirées de notre récente revue avec Agrément Canada.

Furthermore, we embraced a values-based healthcare approach that will progressively engage patients, their families, and the chain of command at all levels of our healthcare system, ranging from the tactical to the strategic. This Person-Partnered Care (PPC) approach entails active participation in governance activities, policy development, program design, health service delivery, as well as at the point of care.

There is now a recognition at the highest echelons of the CAF regarding the critical enabler role that CFHS plays in supporting the CAF mission. This acknowledgment will also result in a renewed commitment to invest in and modernize health services, providing a unique opportunity to advance some of our most crucial initiatives, such as the replacement of our electronic health record and the development of new operational capabilities.

We can truly take great pride in the ongoing evolution of our RCDC within the CFHS and the remarkable accomplishments of our personnel, who consistently demonstrate dedication and excellence wherever they serve. Serving as Chief Dental Officer alongside these exceptional individuals over the past five years has undeniably been both an honor and a great privilege.

Finally, with the 2023 Holiday Season about to begin, I also take this opportunity to wish you and your families all the very best for the festive season, and may you enjoy health, happiness, and prosperity in 2024.

Warmest regards,

Brigadier-General Jean-Pierre Picard, CD, KHDS,
DMD, MDent (Perio), FRCDC, FICD, FPFA
Director General Health Services (Clinical)
Chief Dental Officer



De plus, nous avons adopté une approche des soins de santé basée sur les valeurs qui impliquera de plus en plus les patients, leurs familles et la chaîne de commandement à tous les niveaux de notre système de santé, du niveau tactique au niveau stratégique.

Cette approche de soins en partenariat avec la personne impliquera une participation active aux activités de gouvernance, au développement de politiques, à la conception de programmes, à la prestation de services de santé, ainsi qu'au point de soins.

Il existe maintenant une reconnaissance aux plus hauts échelons des FAC du rôle essentiel que jouent les SSFC dans le soutien de la mission des FAC. Cette reconnaissance entraînera également un engagement renouvelé à investir dans la modernisation des services de santé, offrant une opportunité unique de faire progresser certaines de nos initiatives les plus cruciales, telles que le remplacement de notre dossier de santé électronique et le développement de nouvelles capacités opérationnelles.

Nous pouvons vraiment être très fiers de l'évolution continue de notre CDRC au sein des SSFC et des réalisations remarquables de notre personnel, qui fait constamment preuve de dévouement et d'excellence partout où il sert. Servir à titre de Dentiste en chef aux côtés de ces personnes exceptionnelles au cours des cinq dernières années a indéniablement été à la fois un honneur et un grand privilège.

Enfin, avec le début de la saison des fêtes 2023, je saisis également cette occasion pour vous souhaiter, à vous et à vos familles, mes meilleurs souhaits pour la saison festive, et santé, bonheur et prospérité en 2024.

Cordialement,

Brigadier-général Jean-Pierre Picard, CD, KHDS,
DMD, MDent (Perio), FRCDC, FICD, FPFA
Directeur général des Services de santé (clinique)
Dentiste en chef

Treasurer's Report

Statement of Receipts and Disbursements for the Period
1 October 2022 - 30 September 2023

Revenue	
Dues	\$3,540.00
Donations	\$555.00
Social Events	\$22.00
Interest	\$13.47
Merchandise	\$65.00
Fundraising	<u>\$6,779.00</u>
Total Revenue	\$10,974.47

Disbursements	
Office Supplies (2)	\$371.23
Printing	\$833.94
Postage	\$427.07
Meetings	\$0.00
Social Events (3)	\$24.99
Travel	\$0.00
Donations and Memberships (4)	\$700.00
Trophies & Historical	\$0.00
Merchandise	\$2,558.12
CRA Program (1)	\$6,448.26
Advertising and Promotion	<u>\$1,613.95</u>
Total Disbursements	\$12,977.56

Bank Balance	\$23,836.79
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General Fund Balance at start of FY	\$25,839.88
General Fund Balance at end of FY	<u>\$23,836.79</u>
Operating Loss. (5)	(\$2,003.09)

RCDCA Treasurer's Notes:

RCDC Association has current cash assets of \$23,836.79 for FY ending 30 September 2023.

(1) With the pandemic subsiding the RCDCA was finally able to resume some of our activities in support of our CRA Programs of: Promote the Esprit de Corps of the RCDC and RCDCA; Promote the Defence of Canada through the Conference of Defense Associations; and acquire, preserve, maintain and/or display/publish info and records of historical value to military dentistry.

(2) Office Supplies include \$314.87 annual website hosting fee.

(3) Social event \$24.99 disbursement was RCDC birthday event cake.

(4) Donation and Membership costs were the renewed membership in the Conference of Defense Associations (\$500) and a \$200 donation to the Legion Poppy Fund on Remembrance Day.

(5) The operating loss, seen as a positive since we are a not-for-profit org, was due to the resumption of these activities and the purchase of more merchandise used in support of the above.

Canadian Dental Corps Pith Helmet **Casque colonial du Corps dentaire canadienne**



Lors de la réunion du Sénat du CDRC le 24 novembre, le colonel (à la retraite) James Taylor a présenté un casque colonial de la Seconde Guerre mondiale avec un insigne de casquette du CDAC/CDC de 1928-1950 à l'officier dentaire en chef, le brigadier-général Jean-Pierre Picard. L'objectif est d'exposer le casque avec d'autres souvenirs du CDRC.

Le nom à l'intérieur est celui du capitaine Eddie G Sinclair, de la 22e compagnie du CDC. Edward Gladstone et Roselma Sinclair se sont mariés en 1935 dans l'église historique de St James, à Sutton West, en Ontario, où les parents et les grands-parents de la mariée s'étaient mariés. Ils se sont rencontrés alors qu'ils fréquentaient des écoles à Toronto, Eddie à l'University of Toronto Schools et Roselma au

At the RCDC Senate meeting on November 24th, Colonel (retired) James Taylor presented a Second World War pith helmet with a 1928-1950 CADC/CDC cap badge to Chief Dental Officer, Brigadier-General Jean-Pierre Picard. The goal is to display the helmet with other RCDC memorabilia.

The name inside is Captain Eddie G Sinclair, #22 Coy CDC. Edward Gladstone and Roselma Sinclair were married in 1935 in the historic church of St James, Sutton West, Ontario, where the bride's parents and grandparents had been married. They had met while attending schools in Toronto, Eddie at the University of Toronto Schools and Roselma at Havergal College. Eddie graduated from the University of Toronto with a Degree in Dental Surgery in 1931. During his time there he distinguished himself in sports - track and field, swimming and water polo being his specialties.

After graduation, Eddie practiced in Toronto, eventually transferring to the Ontario Hospital service at Whitby, Ontario. When war broke out, he enlisted in the Canadian Dental Corps and remained in military service until hostilities ceased. He was promoted to Captain on January 1st, 1942. He returned, briefly, to Ontario hospital service until 1948 when the Sinclairs moved to Deep River. Eddie was given the noble title of Senior Research Officer (nothing so plain as dentist) with Atomic Energy of Canada.

Havergal College. Eddie a obtenu un diplôme de chirurgie dentaire à l'université de Toronto en 1931. Pendant ses études, il s'est distingué dans les sports - l'athlétisme, la natation et le water-polo étant ses spécialités.

Après l'obtention de son diplôme, Eddie exerce à Toronto, puis est transféré à l'hôpital de l'Ontario à Whitby, Ontario. Lorsque la guerre éclate, il s'engage dans le Corps dentaire canadien et reste dans le service militaire jusqu'à la fin des hostilités.



He founded the Clan Sinclair Association of Canada in 1972. The Sinclairs retired to Norwood, Ontario in 1973 after Eddie's sight failed. He passed away in 1986.

No. 22 Coy, CDC was formed in 1941 by re-designating No. 2 Coy, CDC, CASF. Our references do not include Eddie Sinclair as part of that company, nor do they mention any of the CDC personnel who served in Africa and the Middle East, the theatres of war one would expect pith helmets to be issued. Also, while it was against regulations, many regiments issued these helmets with cap badges.

DND acquired about 250,000 pith helmets for the Second World War. The first helmets were manufactured by Hawley Products of Canada in Brantford, ON, a subsidiary of the Hawley company making pith helmets for the US military services. These helmets were less expensive and less fragile than the British supplied Wolseley helmets. Later helmets of the same design were made by EH Shuttleworth, the son of a fruit wholesaler, who was inspired to bond the surplus dust packing of grapes and exotic fruit with urea formaldehyde and spray it into a mould lined with thin paper. The basic shape was modelled on a sun helmet produced for the Chicago World's Fair (1933-34). They were later used by Army Cadets until the 1950s; the remainder were sold in the USA and New Zealand for civilian use.



Il est promu capitaine le 1er janvier 1942. Il retourne brièvement au service hospitalier de l'Ontario jusqu'en 1948, date à laquelle les Sinclair déménagent à Deep River. Eddie reçoit le noble titre d'agent principal de recherche (rien de plus simple qu'un dentiste) à Énergie atomique du Canada. Il a fondé la Clan Sinclair Association of Canada en 1972. Les Sinclair se sont retirés à Norwood, en Ontario, en 1973, après qu'Eddie a perdu la vue. Il est décédé en 1986.



La compagnie n° 22 du CDC a été créée en 1941 en changeant la désignation de la compagnie n° 2, CDC, CASF. Nos références ne mentionnent pas Eddie Sinclair comme faisant partie de cette compagnie, ni aucun des membres du CDC qui ont servi en Afrique et au Moyen-Orient, les théâtres de guerre où l'on s'attendrait à ce que des casques coloniaux soient distribués. En outre, bien que cela soit contraire au règlement, de nombreux régiments ont fourni ces casques avec des insignes de casquette.

Le ministère de la Défense a acquis environ 250 000 casques coloniaux pour la Seconde Guerre mondiale. Les premiers casques ont été fabriqués par Hawley Products of Canada à Brantford, Ontario, une filiale de la société Hawley qui fabriquait des casques coloniaux pour les services militaires américains. Ces casques étaient moins chers et moins fragiles que les casques Wolseley fournis par les Britanniques. Plus tard, des casques de même conception ont été fabriqués par EH Shuttleworth, le fils d'un grossiste en fruits, qui a eu l'idée de lier le surplus d'emballage de raisins et de fruits exotiques avec de l'urée-formaldéhyde et de le pulvériser dans un moule tapissé de papier fin. La forme de base a été modelée sur un casque solaire produit pour l'exposition universelle de Chicago (1933-34). Ils ont ensuite été utilisés par les cadets de l'armée jusque dans les années 1950; les autres ont été vendus aux États-Unis et en Nouvelle-Zélande pour un usage civil.

Legacy Preservation at The Calgary Military Museums

Préservation de l'héritage aux Musées militaires de Calgary

by Major Nathan Elliot

The impressive Military Museums located in the city of Calgary, just across from the old Currie Barracks (once home station of the famed PPCLI), is the second largest military museum in Canada and, since 20 October 2023 until 3 March 2024 features a display entitled "Blood, Sweat and Tears: Canadian Military Medicine", in its iconic Founders' Gallery. The exhibit outlines the history of the Canadian Forces Health Services (CFHS) from its inception through to recent missions such as its participation in Afghanistan and other parts of the world.

The Royal Canadian Dental Corps (RCDC) contributions to that history are also highlighted within the exhibit, through the presentation of pertinent historical information and various pieces of memorabilia, some of which were donated to the museums by our serving Colonel Commandant, and former Director General of the Canadian Forces Dental Services, Brigadier-General (Retired) Victor J. Lanctis.

Les impressionnants Musées militaires situés dans la ville de Calgary, juste en face de l'ancienne caserne Currie (autrefois station d'attache du célèbre PPCLI), est le deuxième plus grand musée militaire du Canada et, depuis le 20 octobre 2023 jusqu'au 3 mars 2024, présente, dans sa galerie emblématique "Founders' Gallery", une exposition intitulée "Blood, Sweat and Tears: Canadian Military Medicine". L'exposition retrace l'histoire des Services de santé des Forces canadiennes (SSFC) depuis leur création jusqu'aux missions récentes telles que leur participation en Afghanistan et dans d'autres parties du monde.

Les contributions du Corps dentaire royal canadien (CDRC) à cette histoire sont également mises en évidence dans l'exposition, par la présentation d'informations historiques pertinentes et de divers souvenirs, dont certains ont été donnés aux musées par notre colonel commandant en exercice et ancien directeur général du Service dentaire des Forces canadiennes, le brigadier-général (retraité) Victor J. Lanctis.



Figure 1



Figure 2

Having been invited by the Museums' chief curator, Mr. Rory Cory, for a preview and private tour of the exhibit, BGen (Ret'd) Lanctis was unexpectedly greeted at the Calgary airport by the designer of the dental displays, Mr. Rod McLeod, and escorted by a piper in full regalia playing a musical piece especially commissioned for the occasion! (fig 1)

Invité par le conservateur en chef du musée, M. Rory Cory, à une visite privée de l'exposition, le bgén (ret) Lanctis a été accueilli à l'aéroport de Calgary par le concepteur des expositions dentaires, M. Rod McLeod, et escorté par un joueur de cornemuse en costume d'apparat jouant une pièce musicale spécialement commandée pour l'occasion (fig 1)!

Among a number of interesting dental artifacts included in the exhibit was BGen (Ret'd) Lanctis' last active service uniform (fig 2), a poster highlighting his career (fig 3) and a descriptive reference to the Medal of Bravery (MB) he received for rescuing two people from a fiery motor vehicle accident back in the mid 1980s (fig 2, 4 - Note the four Victoria Cross medals also shown in the same secure enclosure).

Such a public display of some of the anecdotal history and formally recorded achievements of the RCDC is testimony to the enormous respect and high regard the Corps has gleaned over the years and represents a fine reason for all of its members, both past and present, to be extremely proud of its illustrious past and promising future (fig 5).

Parmi les objets dentaires intéressants exposés, on trouve le dernier uniforme de service actif du bgén (ret) Lanctis (fig 2), une affiche retraçant sa carrière (fig 3) et une référence descriptive à la Médaille de la bravoure (MB) qu'il a reçue pour avoir sauvé deux personnes d'un accident de la route au milieu des années 1980 (fig 2, 4 - Notez les quatre médailles de la Croix de Victoria également exposées dans la même enceinte sécurisée).

Une telle exposition publique d'une partie de l'histoire anecdotique et des réalisations officiellement enregistrées du CDRC témoigne de l'énorme respect et de la haute estime que le Corps a cultivé au fil des années et représente une bonne raison pour tous ses membres, passé(e)s et présent(e)s, d'être extrêmement fiers/fières de son illustre passé et de son avenir prometteur (fig 5).



Figure 3

As previously indicated, the exhibit goes on until the beginning of March and everyone, especially those who have served or are serving in the Dental Corps and may be in the vicinity during that period, is strongly encouraged to view this unique exhibit and interesting addition to the annals of the Corps' great history.

Bravo Zulu to our Colonel Commandant, Brigadier-General (Retired) Lanctis, for his significant contributions to this milestone event!

Comme indiqué précédemment, l'exposition se poursuivra jusqu'au début du mois de mars et tout le monde, en particulier ceux/celles qui ont servi ou servent dans le Corps dentaire et qui pourraient se trouver dans les environs pendant cette période, sont vivement encouragés à voir cette exposition unique et cet ajout intéressant aux annales de la grande histoire du Corps.

Bravo Zulu à notre colonel commandant, le brigadier-général (retraité) Lanctis, pour sa contribution significative à cet événement marquant!

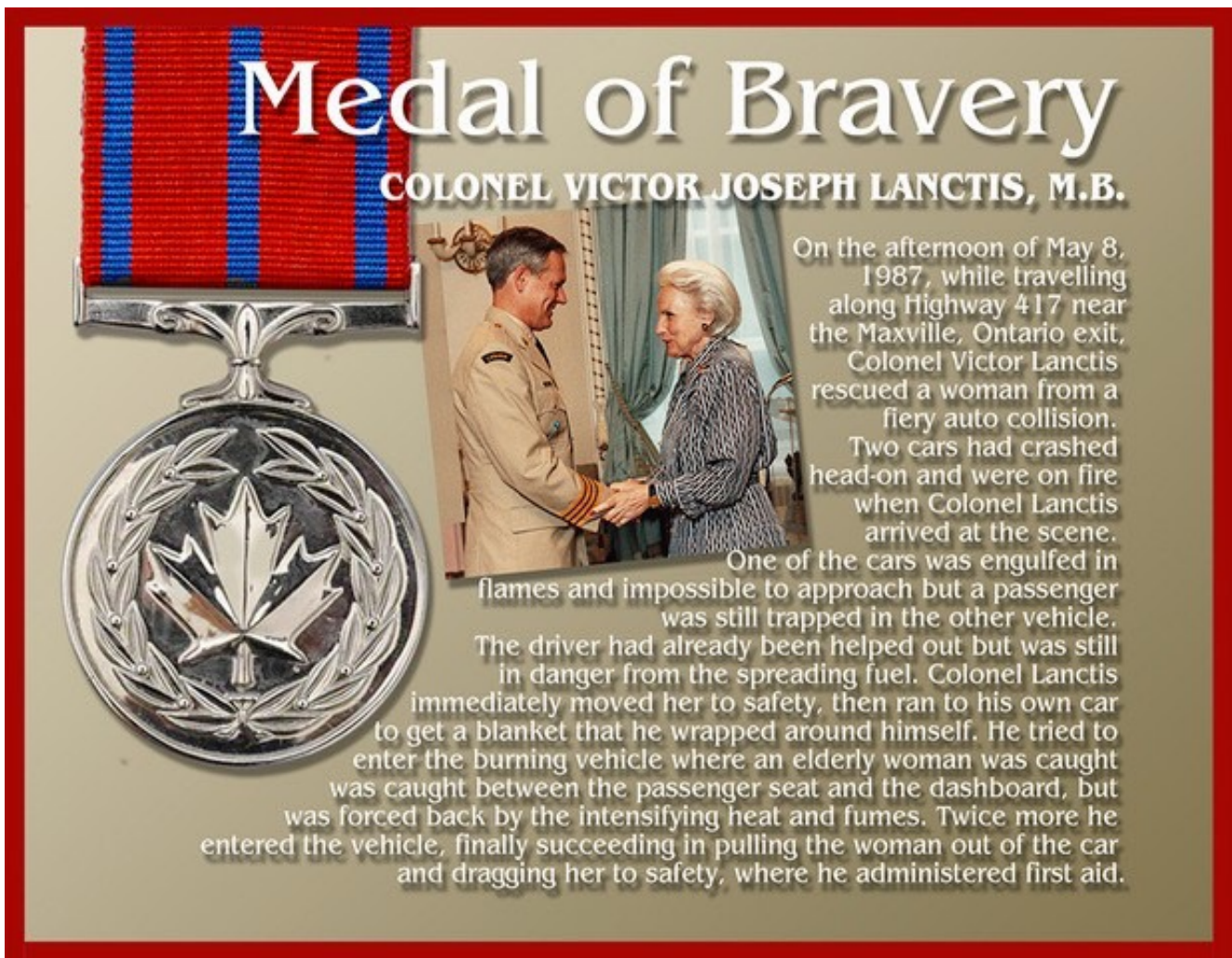


Figure 4: Version française:

Au cours de l'après-midi du 8 mai 1987, alors qu'il roulait sur l'autoroute 417, à proximité de la sortie de Maxville, Ontario, le col. Victor Lanctis se porta au secours d'une femme victime d'un violent accident de la route. Deux voitures, impliquées dans une collision frontale, étaient en feu quand le col. Lanctis arriva sur les lieux de la tragédie. L'un des véhicules était entièrement ravagé par les flammes et il était impossible de s'en approcher. Dans l'autre voiture, une victime était toujours prisonnière tandis que la conductrice, qui avait déjà été retirée du véhicule, se trouvait encore en danger en raison de l'essence qui se répandait tout autour. Aussitôt, le col. Lanctis transporta la conductrice à l'abri puis courut jusqu'à sa propre voiture pour y chercher une couverture dans laquelle il l'enveloppa. Il revint ensuite sur ses pas et tenta de pénétrer dans la voiture en flammes pour y secourir la victime, une femme d'un certain âge, qui était coincée entre le siège et le tableau de bord. Il dut cependant rebrousser chemin en raison de l'épaisse fumée et de la chaleur intense. À deux nouvelles reprises, il entra dans le véhicule et réussit finalement à en extraire la victime et à la tirer à l'écart où il lui prodigua les premiers soins.

Dental Services



Realizing that dental health can affect the rest of a soldier's health, dental services have been provided to the Canadian Military for over a century.

Civilian Dentists served in the Boer War, and their valuable work on the front lines paved the way for the establishment of the Canadian Army Dental Corps (CADC) in 1915. Notably, the first Military Dental Clinic in the Commonwealth was set up in Toronto that year.

During the First World War, dentists were attached to stationary hospitals, field hospitals, and field ambulances, treating men at forward stations as a mobile unit. In the Second World War, the CADC expanded and for the first time, dental forensics were used to identify casualties. In Korea, the newly designated Royal

Canadian Dental Corps was one of the only UN dental services to place their mobile dental clinics close to the front lines.

From the Korean War onwards, the RCDC has been deployed with every major Canadian overseas operation, being redesignated as the Dental Branch by the time of Afghanistan. In Afghanistan, dental teams provided care to thousands at the Kandahar Role 3 hospital. Dental Corps personnel trained local Afghan dentists in modern practices and facilitated the creation of the Afghanistan Dental Association, a professional body recognized by the World Dental Federation.

The Dental Branch has also provided invaluable service on Canadian soil. In 1996, when 229 persons were killed in a plane crash near Peggy's Cove, Nova Scotia, the Dental Branch was tasked with the dental identifications of the victims.



A Polish soldier receives dental care from Canadian Armed Forces dental staff at Camp Adam, Latvia, on August 16, 2017.



A soldier receives dental treatment from a Dental Officer and Dental Technician at Canadian Military Headquarters, London, England, 7 March 1961. Men were accepted as dental technicians in 1961.



Maj. Geoff Inveran and Sgt. Claudine Marchand check dental records in a Cold War era Mobile Dental Unit.

Figure 5

Lieutenant-Colonel John Armstrong Awarded Arctic Star First Canadian Dental Corps member to be awarded this Second World War Medal

by Richard Groves

*With assistance from Lt-Col Armstrong's children, Jane (Mathers) Patterson and John Armstrong
and from Gary Comeau*

In 2014, the Canadian government declared that Canadians were eligible for the Arctic Star medal (Arctic Star Order SI/2014-30). The Arctic Star is a Second World War medal granted for operational service of any length, from September 3, 1939, to May 8, 1945 inclusive, north of the Arctic Circle (66 degrees, 32'N) on the Greenland Sea, Norwegian Sea and Barents Sea. It was primarily meant to commemorate the Arctic convoys and is designed for ships and their escorts for convoys to northern Russia. The eligibility for Army personnel is described as: Army personnel serving in His Majesty's Canadian ships or in defensively equipped Merchant ships qualify under the rules applying to the Navy or Merchant Navy. In addition, personnel taking part in land operations north of the Arctic Circle will also be eligible. In 2014, Russian President Vladimir Putin also decreed that any recipient of the Arctic Star would automatically also be eligible for the Medal of Ushakov. The only stipulation was that the recipient must be currently alive.

Gary Comeau, son of Second World War CDC Dental Laboratory Technician Private Jacques Edward Comeau, whose story was featured in our 2021 newsletter, has continued his research into his father's war service and his unit, No 1 Dental Company. In the 2021 article, we reported that Private Comeau's Commanding Officer, Lieutenant-Colonel JJ Armstrong, while still a captain, had been selected to participate in Operation Gauntlet, a raid on Spitzbergen, an arctic island just north of Nazi occupied Norway.

Operation Gauntlet was highly classified, and part of the security cover was to refer to it as Exercise Heather. Task Force III, consisting of 29 officers and 498 enlisted men, under command of Canadian Brigadier AE Potts, was tasked to travel to Spitzbergen, land temporarily, destroy or remove the mining facilities, wireless and meteorological station, repatriate the Russian community there to Archangel, and evacuate all Norwegians to the UK. This operation took place while the CDC contingent was still training in the UK, well before being deployed to the continent.

On the advice of Lt-Col WG Trelford, Assistant Director Dental Services (ADDS) at Canadian Military Headquarters, Captain JJ Armstrong was selected for this mission, and assigned the rank of Acting Major (While So Employed). The remainder of the dental section was Sergeant WHA MacPherson and Sergeant KD Lloyst. The fourth member, Private FV Williams, was sent back as being above British War Establishment. For this mission, the CDC's first deployment into an active duty area, the dental section was attached to the 5th Field Ambulance on 2 Aug 1941.

None of the details of the mission were revealed in the various letters between Lt-Col Trelford and 1st Cdn Dental Coy, but there were some interesting entries in the correspondence and the Unit War Diary. Captain Armstrong's duties were: to make decisions on all dental matters and be directly responsible to Brig Potts for the organization and administration of dental service; to collect and retain all dental records for periodic despatch CMHQ; to bring CDC orders, circular letters, etc for guidance; to order and issue the necessary dental supplies to his dental technician; to accept responsibility for all dental stores and equipment, including gold and other precious metals; and to ensure sufficient quantities of drugs and materials used to treat Vincent's Infection (Trench Mouth).

The Unit Diary entry for 6 Aug 41 included a sentence that the Officer Commanding 1st Cdn Dent Coy had met ADDS (Lt-Col Trelford) in London and been informed that Capt JJ Armstrong had been promoted to the acting rank of Major. The next line reads; "This promotion was without the recommendation of the OC 1st Cdn Dental Coy." Lt-Col Trelford would continue to support Capt Armstrong, who later became the Commanding Officer of the Dental Company. Lt-Col JJ Armstrong spent the rest of his military service as CO of No 1 Dental Company. The Company was very active, delivering dental treatment services as close as possible to the front lines, with a dental section for every 500 soldiers. They moved with the 1st



Canadian Infantry Division through Italy into Holland, ending up in Utrecht by the end of June 1945. It was from Utrecht that the repatriation process started, with Lt-Col Armstrong and Private Comeau returning to Canada that winter.

Gary Comeau communicated with Veterans Affairs, and they finally accepted the documentation that Acting Major J.J Armstrong was a member of Force III and entitled to the Arctic Star medal. He then informed John Armstrong, his son, who has the remainder of Lt-Col Armstrong's medals, of the process to apply for this medal on his father's behalf. The medal arrived on December 13th, 2023.



The families of Sergeants WHA MacPherson and KD Lloyst are also able to apply for this medal; it is my hope that someday an internet search will display this article to one of their family members. These three individuals were the first three Canadian Dental Corps members to see action in the Second World War, it is only fitting that they be recognized for their service.

We believe John Armstrong is the first officer on the left in the second row. This photo was taken at No 15 General Hospital - Cambridge Military Hospital, Aldershot Garrison (the building in the background)

Under Captain J.J. Armstrong, a detachment of the Company accompanied the Canadian element of "Force III" under Brigadier A.E. Potts to Spitzbergen, an Arctic archipelago about 600 miles from the North Pole. The object of this expedition was to land temporarily; destroy or remove the mining facilities, wireless and meteorological station; repatriate a Russian community there to Archangel, and remove all Norwegians to the United Kingdom. The force embarked from the Clyde on 19th August, two days later reaching Iceland, and on the 25th were at their destination, where the various objects of the expedition were accomplished. The military force re-entered the Clyde on the night of 7th/8th September.

An extract from ***The Story of the Royal Canadian Dental Corps*** by Lieut.-Colonel HM Jackson, MBE, ED and extracts from the 1st Cdn Dent Coy War Diary.

1 Aug 41	O.C. discharged from No. 4 Cdn. C.O.S. A.D.D.S. called at this headquarters and picked up Capt. Armstrong, taking him to 1st Cdn. Div. H.Q. to introduce him to Brigade H.Q. of "Heather" scheme. O.C. was called on No. 3 Coy, where he picked up Lt.-Col. Edgecombe and proceeded to W.N.S.R. to interview Capt. Nicholson and request that this officer proceed immediately with getting the Dr. Ross Harrington accounts examined and signed.	<i>[Signature]</i>
2 Aug 41	Capt. Armstrong's detachment, consisting of this officer, Sgt. Macpherson, W.H.A., Sgt. Lloyst, K.D., and Pte. Williams, F.V., were attached to No. 5 Cdn. Field Ambulance for rations and quarters but not for duty. Pte. Williams was returned being in excess of British War Establishment. O.C. visited Capt. Delaney's detachment. Capt. Delaney, and Sgt. Reid were granted privilege leave starting 5 Aug 41. Pte. Moriarty instructed to return to this headquarters.	<i>[Signature]</i>
6 Aug 41	O.C. visited Capt. Greaves at R.M.R. and Capt. Groff's detachment at 3rd Cdn. Fd. Regt., RCA. O.C. proceeded to London and interviewed A.D.D.S. who informed him that Capt. Armstrong, J.J. had been promoted to the acting rank of Major. This promotion was without the recommendation of the O.C. 1st Cdn. Dental Coy. Capt. Langstroth's detachment posted to Intermediate Overseas Base and moved by No. 1 Coy vehicle to Colchester.	<i>[Signature]</i>
15 Oct. 41	Capt. Carroll visited A.D.M.S, 1st Div. to deliver V.A. reports. He also visited Capt. McLaren at No. 5 Fd. Amb. to arrange for that officer to handle dental parades of 1st Div. Signals who are now going to Capt. Joynt at Rear Div. Headquarters as this latter officer is looking after Div. Headquarters and Seaforth Highlanders. O.C. and Capt. Armstrong attended showing of Spitzbergen film at Leatherhead. Adjutant visited No. 3 Coy. and met with Adjutant of that company to arrange questions for Trade Testing Board.	<i>[Signature]</i>

NEWS FROM OUR MEMBERS / NOUVELLES DE NOS MEMBRES

Qu'avez-vous fait dernièrement ? Vos collègues aimeraient avoir de vos nouvelles. Veuillez envoyer votre texte directement à rcdca_acdrc@icloud.com (il m'est plus facile de couper et de coller un texte électronique) ou joignez une note à votre formulaire d'adhésion.

What have you been up to lately? Your colleagues would like to hear from you. Please email your submission directly to rcdca_acdrc@icloud.com (it is easier for me to cut and paste from an electronic submission) or include a note with your membership form.

Brigadier General Jean-Pierre Picard

Ottawa, ON.

May 2023



On 26 June 2023, the Chief of the Defence Staff promoted Colonel Jean-Pierre Picard to the rank of Brigadier-General. He is the first dental officer to reach this rank since 1993. On behalf of all RCDCA members, we congratulate him for this remarkable achievement!

Brigadier-General Picard will continue to lead the strategic clinical portfolio as Deputy Director General Health Services - Clinical and be the Chief Dental Officer of the Royal Canadian Dental Corps.

Le 26 juin 2023, le chef d'état-major de la Défense a promu le colonel Jean-Pierre Picard au grade de brigadier-général. Il est le premier officier dentaire à atteindre ce grade depuis 1993. Au nom de tous les membres de l'ACDRC, nous le félicitons pour cette remarquable réussite!

Le brigadier-général Picard continuera de diriger le portefeuille stratégique clinique en tant que Directeur général adjoint des Services de santé - Clinique et continuera d'être le Dentiste en chef du Corps dentaire royal canadien.



WO (ret'd) Nelson Highfield

London, ON

October 2023

I was a senior dental assistant for many years. I have since retired from a few other careers. Meeting new people was always the best part.

I am now completely retired and enjoying life. Judy and I still live in London, ON. We will celebrate our 60th wedding anniversary this summer with our brothers and sisters, our kids and our nine grandchildren and eight great-grandchildren. My family and I have been very blessed.

Blessings to 'All'

I'm not sure where the time goes, but it does fly by. I have a great network of friends and we spend time generally enjoying life. For those of you contemplating retirement, I highly recommend it. It's great!

Sgt (ret'd) Richard O'Mara

St Catharines ON

Nov 2023

Andrée and I are comfortable in our senior lives. We are up and about, taking part of our parish church and other interest, but we have slowed down quite a bit.

We are in a nice condominium community, in the south end of St Catharines, with mainly seniors, we participate in the functions, like luncheons and "supper at the local pub".

I participated in the St Catharines Remembrance Day Service, wearing beret with RCDC badge, tie, and medals. I had only one politician come over to me, and shake my hand, and say thanks. Many of the fellow citizens came by and talked with me, and said " thanks for your service"

I have had some serious medical conditions, which have been corrected, the main one was renal carcinoma, which was found by accident when a physician decided to do a full body scan, Without that, it would never have been found until too late. We have in St Catharines, a modern medical centre with all the latest diagnostic equipment. I guess the latest form of treatment is an interventional radiologist using a CT-Scan, and a wand like instrument through your side to the affected area of the kidney, and using high frequency radio waves to burn off the affected area, or cryoablation, destroying cells by freezing, you are under conscious sedation, lying in a CT-Scan machine while the procedure is being done. It is a day surgery procedure.

I have had two procedures, the initial one, plus another after a CT-Scan found the first didn't fully remove the affected area, They had to insert a stent on the second procedure to protect other tissue from being damaged.. I have had two post -op scans, and have my next scan in 6 months. I have been assured that my life will be normal for my age.

And what I am trying to say....when you retire, a small town is great, but as get older you start to face new medical problems, so that is the time to move back into a metropolitan area where they have up to date medical diagnostic and treatment facilities, to treat you if something medical affects you.

Cheers, Sgt. (Ret'd) Richard O'Mara C.D.

Donna Mitchell

Ottawa, ON

November 2023

Hi everyone!

Hope this finds you all well. Someone reminded me recently that it might be a nice idea to put in an update on my exploits since retiring. Some of you will recall I was the Admin Asst with the RCDC for over 18 years. I had the joy and challenge (mostly joy) of surviving four Colonels.

Since my retirement, 6 and a half years ago, I've had a few memorable experiences. Just prior to leaving I was fortunate enough to receive the Public Service Award of Excellence and then shortly after I was invited to meet the Dental Colonel-in-Chief, the Duchess of Gloucester, that was really a treat.

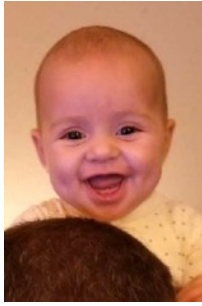
I have done a bit of traveling throughout the UK and it has caused me to reflect on all the times the Colonels went on TD and I watched with a hint of envy. Well I think I understand why sometimes they weren't jumping for joy at the thought, traveling does have its challenges, but fortunately for me no lost baggage yet!

Wishing you all a safe, happy and healthy holiday season! Donna Mitchell

Col (ret'd) Scott Becker and Denyse

Ottawa, ON

November 2023



We were ecstatic to welcome Mie (pronounced Me-a) our first grandchild this year, a girl born 22 July 2023 at 8 lbs 10oz to my daughter Kim and her husband Seb. She has brought such joy to the whole family and we are loving the grandparents role. I will be taking my role of spoiling my grandkids rotten very seriously. Like any proud Grampa I have a phone full of more photos available on request. My son Jon and his girlfriend Christine are talking long-term planning now so lots of happy news on the family front.

Denyse continues her dedicated studies learning Spanish and has recently passed 5 years of study without missing a single day. She now does zoom meetings and reads books all in Spanish. We will put it to good use on our upcoming winter cruise to Mexico and parts of Central America. She has also taken two vegan cooking courses and is always looking to expand our cooking repertoire.

I remain way too busy for a retired guy. My RCDCA Treasurer duties come in waves and are periodically quite busy. We hosted a very successful golf tourney this summer where everyone went home with a special edition RCDCA hat and a prize. The RCDCA looks forward to supporting more events in the future. There have been a few occasions where I have had the pleasure of meeting with the RCDC leadership with respect to the current CF "modernization" initiative to provide corporate memory on lessons learned from past organizational reviews like CFDS 2000, REFORGER and RESTORE. Lessons learned and horror stories aplenty. I was very happy to attend the promotion ceremony of BGen JP Picard. The first DO promoted to that rank in about 30 years! It was about time!

Keeping my golf handicap in single digits gets harder every year and I have abandoned hope of ever getting to scratch. Funny thing, my body can't do what it did 20 years ago, or 10 years ago. I still study chess, dig in the garden, take an active role in the kitchen preparing meals, exercise and make sawdust in my shop sometimes.

Denyse and I have now been vegan for 5 years and our health is so much better for it. The supporting science is overwhelming if one cares to read up on it and wants to improve overall health.

Now that the pandemic furor seems to be subsiding, we really enjoy seeing folks at more frequent social gatherings. Hope to see you all out there somewhere in the not-too-distant future.

Scott and Denyse Becker.

BGen (ret'd) Fred Begin

Ottawa, ON

November 2023

Fred and Blanche celebrated two milestones this year. Fred celebrated his 90th birthday, and Fred and Blanche celebrated their 65th wedding anniversary.



Eric and Cathie Reid

Victoria, BC

December 2023



Dear Friends, we are sending this update from Victoria, BC! After 23 years in Ottawa, WE decided to move. This was a new experience for us, as all of our previous 10 moves were military postings and were decided for us. So why now? Our son Ben and his wife Whitney moved here in 2019. Ben is territory manager of Vancouver Island and northern BC for Dexcom, a continuous glucose monitor manufacturer. Whitney is a naturopathic physician and has established her own practice here. The same year, after completing her Masters in Speech Language Pathology at McGill, our daughter Heather moved here as well. Wedding bells will ring next summer when she marries her fiancé Michael. We had one short visit with them here in Victoria before Covid shut us down. When in 2021 Ben and Whitney welcomed our first grandchild Nora to the family, the decision to move became pretty obvious. We have spent the last two years making plans.

First was the decluttering! We took Frank Hedley's sage advice; he told us, "Pick up each item and ask, do I love you enough to pay \$2 a pound to move you?" This really helped us focus! Gone were the BETA cassettes that the military paid to move 8 times, and gone were the 20 volumes (and 9 annual updates) of the 1949 Book of Knowledge that were moved 10 times. We sold, donated, gave away and threw out over 7,000 lb. -- 1/3 of our stuff! And yes, Scott, it is possible to get rid of thousands of hockey cards...you just don't get very much for them.

Cathie had been keeping a very close eye on Victoria real estate and during post-Covid visits we had chosen our preferred section of town, so when a fixer-upper that was in the right location and was the right size dropped its price \$90,000 below list, we jumped on it and bought it just from the pictures! The military move perks we had taken for granted and no longer had just kept adding up; house-hunting trips, real estate fees, lawyer fees and the packers! It took us 5 months to do what they did in 2 days! We sure appreciate those things now!

In April, we drove one car out here, got a few renovations underway and then flew home to finish the ski season at our beloved Sunday River, Maine. We sold our half of our condo there to our co-owners. The first day the house in Ottawa went on the market, the first person through the door made us a full price offer! The moving van picked up our stuff mid-June. We drove across the country again and had a chance to catch up on our sleep for a few nights before the van arrived in Victoria. It was another month before the boxes were empty. Quoting Frank again, "You got rid of some things you wish you had kept and you kept some things you wish you had gotten rid of. It won't be perfect!"

We have done the most pressing renovations (paint, custom closet, light fixtures) but will take our time tackling the bigger projects. After all, ski season is about to start and there are lots of mountains out here that we have yet to try! The area here on the island is Mount Washington and it offers free passes to those 75+. Happily for Eric, he turned 75 last March! The biggest headache has been that Eric's Bell Sympatico email is not supported out here. It was his email address since the invention of email, so it has been a burden to update all his files.

All in all, it has been the perfect decision at the perfect time for us. We could not be more content. To have our children and grandchild close by has been fabulous!

Happy New Year to you all!

Kevin and Susan Goheen

Ottawa, ON.

December 2023



Hello all from the Goheen home. Retired in 2016 and time has flown by at light speed. Susan and I now live on the Ottawa river just outside Ottawa (Kanata North) and love life on the water with golf at Eagle Creek GC only a couple of kms away. I opted for retraining after giving up my dental licence in 2019...went back to school at Algonquin College and came out with a diploma in Cabinetmaking...easier to go get another piece of wood when you mess up than it was to "jimmy" full-mouth rehabs.

Susan retired twice this year...first time in May...then they asked her to come back in Oct/Nov with shortages of Anesthesiologists and many other health care folks everywhere. Led the volunteer portion of a PGA TOUR

Canada event held at our golf club this summer that was all-consuming but by all reports a great success...that TOUR has now been renamed as the PGA TOUR Americas and we'll have this year plus one more to deliver as our club's contribution to professional golf.

My parents are still a going concern, but now at 88 and 86 needing lots of extra help that, in retirement, we're able to provide. I had the pleasure this past November 11th of travelling back to my home town of Port Hope for Remembrance Day activities that included a ceremony at the local Legion where Dad received his 50 year membership medal. Oversaw a major renovation of their Kanata bungalow this summer so as to ensure barrier free access everywhere. Father Time waits for no-one and we're doing our best to keep my parents independent and learn lessons that will make our own "golden" years more enjoyable...when they come.



Kids are all grown up now and have significant others in their lives. Oldest, Ben (33) and new wife Alison, were married in a simple but elegant ceremony at her family's cottage on Wolfe Island that I presided over on 15 July...the civil wedding was held at Kingston Town Hall the day before. Casey (31), the middle one and only daughter, was married in our backyard on Labour Day Weekend, ending months of gardening and woodworking efforts to make the property wedding-ready ...she and her new hubby, Pato, travelled by horse and buggy to our golf course for the dinner/dance part of the event. Two completely differently ways of getting hitched but both perfect for the couples involved. #3 child, Joshua (29), is still plugging away at a doctorate program in Cognitive Behavioural Science (how breathing impacts the brain and other organs in controlling anxiety, depression, etc...that's all I know) at Carlton University and has a wonderful lady, Jenina, in his life. He plans to get a life once he graduates but still manages to play golf way better than I do. Noooooo grandchildren yet but soon we hope!

There are certainly times that I miss the challenges and rewards of life in the Dental Corps but most of all I miss all the folks that made the magic happen each and every day of the 35 years I was in uniform. Pleased to stay that I get to stay in touch with those still serving by attending our biannual Dental Corps Senate meetings led by the Chief Dental Officer and Dental Corps CWO and very happy to see the Corps with a Brigadier in the seat...congrats again to BGen JP Picard and best wishes to CWO Brulotte as retirement for her approaches. Also extremely happy to see the RCDC Association doing so well under the dedicated leadership of CWO (ret'd) Mario Bizier and enjoying staying in touch as your RCDCA Secretary with WO Val Whynot (Vice-Pres), Scott Becker (Treasurer), Richard Groves (Editor/Past Pres), Frank Hedley (Western Rep), and LCol Joel Doucette (RCDC Rep)...BZ Mario!

That's all for now...best wishes to all for a most joyous and enjoyable holiday season.

Kevin. Col (ret'd) Kevin Goheen, OMM, CD, QHDS

Major Sophie Toupin

Gatineau, QC

December 2023

Congratulations to Major Sophie Toupin and Team Canada on their amazing victory at the 16th International Dragon Boat Federation World Championships in Pattaya, Thailand, August 7-13 2023. Major Toupin, who represented Canada at the event as a member of the Dragon Boat Premier Women's National Team, brought home three gold medals (2000m mixed, 500m and 200m), one silver medal (2000m) and one bronze medal (1000m). Canada won the World Cup for the country with the most medals, as well as the Nation Cup for the fastest Premier Team and the Women's World Cup for the fastest Premier Women's Team.



Le 108e anniversaire du Corps dentaire / 108th Birthday of the Dental Corps

Le 12e mai, 2023, l'ACDRC a organisé un événement pour célébrer le 108e anniversaire du Corps dentaire. Après une agréable promenade dans le parc Andrew Haydon par un temps chaud et ensoleillé, nous nous sommes rendus au 3 Brewers Pub à Kanata pour le dîner et gâteau d'anniversaire.

On May 12th, 2023 the RCDCA hosted an event to celebrate the 108th birthday of the dental corps. After an enjoyable walk through Andrew Haydon Park with warm, sunny weather, we moved to the 3 Brewers Pub in Kanata for lunch and birthday cake.



Dental Branch CWO Marie-Claude Brulotte, Director of Dental Services Colonel Genevieve Bussiere, Chief Dental Officer Colonel J-P Picard, Colonel Commandant Brigadier-General (retired) Victor Lanctis and RCDCA President Mario Bizier cut the birthday cake.

L'Adjuc de la Branche dentaire, Adjuc Marie-Claude Brulotte, le Directeur du Service dentaire, Colonel Genevieve Bussiere, le dentiste en chef, Colonel J-P Picard, le Colonel Commandant, Brigadier-Général (retraité) Victor Lanctis et le président de l'ACDRC, Mario Bizier, coupent le gâteau d'anniversaire

2023 RCDCA Golf Tournament / Tournoi de golf de l'ACDRC

The RCDCA hosted a golf tournament at Hylands GC on June 23rd. 50 golfers enjoyed a sunny day on the course, followed by a BBQ supper and prizes. We had promised golfers a 'surprise', which was an RCDCA crested ball cap for every participant.

Part of the success of this golf day was due to the generous sponsorship of Midmark and Bien-Air, both provided by Réjean Girouard. Réjean has been associated with the CFDS/RCDC for over 50 years, and was the recipient of a Director Dental Services Commendation in 2010 for the outstanding support he gave to the DVI portion of Op HESTIA, our response to the earthquake in Haiti.

L'ACDRC a organisé un tournoi de golf au Club de Golf Hylands le 23 juin. 50 golfeurs ont profité d'une journée ensoleillée sur le parcours, suivie d'un dîner barbecue et de prix. Nous avons promis aux golfeurs une 'surprise', à savoir une casquette à l'effigie de l'ACDRC pour chaque participant.

Le succès de cette journée de golf est dû en partie au généreux parrainage de Midmark et de Bien-Air, tous deux offerts par Réjean Girouard. Réjean est associé à la SDFC/CDRC depuis plus de 50 ans et a reçu la Mention élogieuse du directeur des Services dentaires en 2010 pour le soutien exceptionnel qu'il a apporté à la partie IVC de l'opération HESTIA, notre réponse au tremblement de terre en Haïti.



Réjean Girouard sporting the new RCDCA ball cap.
Réjean Girouard arborant la nouvelle casquette de l'ACDRC.



To celebrate the RCDC Centennial in 2015, the RCDCA rejuvenated two historic golf trophies, designating one for a team consisting of serving RCDC members, and the other for retirees belonging to the RCDCA. This year the winning Serving Members team consisted of Lieutenant Luc Boudreau, Captain Francis Nguyen, Captain David Baek and Captain Stephanie Silva who joined us from the Petawawa Detachment. The Retirees trophy was won for the third consecutive time by Scott Becker, Bob Gillis, Ron McWade and Doug VanDahl. The Open event, for all other teams, was won by Kevin Goheen, Susan Goheen, Mike Boucher and Natalie Boucher.

Each of the three divisions also had a prize for 'Most Honest Golfers' - a bucket with four bottles of wine! Other prize winners were Luc Boudreau and Susan Goheen for the longest drives; and Ron McWade and Genevieve Bussiere for 'Closest to the Pin'.

Pour célébrer le centenaire du CDRC en 2015, l'ACDRC a rajeuni deux trophées de golf historiques, désignant l'un pour une équipe composée de membres actifs du CDRC, et l'autre pour des retraités appartenant à l'ACRDC. Cette année, l'équipe gagnante des membres actifs était composée du lieutenant Luc Boudreau, du capitaine Francis Nguyen, du capitaine David Baek et de la capitaine Stephanie Silva, qui nous ont rejoints depuis le détachement de Petawawa. Le trophée des retraités a été remporté pour la troisième fois consécutive par Scott Becker, Bob Gillis, Ron McWade et Doug VanDahl. L'épreuve ouverte, pour toutes les autres équipes, a été remportée par Kevin Goheen, Susan Goheen, Mike Boucher et Natalie Boucher.

Chacune des trois divisions a également reçu un prix pour les "golfeurs les plus honnêtes" - un seau contenant quatre bouteilles de vin! D'autres prix ont été attribués à Luc Boudreau et Susan Goheen pour les coups de départs les plus longs, ainsi qu'à Ron McWade et Geneviève Bussiere pour le prix "Closest to the Pin" (le plus près du drapeau).



Col Annick Gingras, CO 1 Dental Unit; Mario Bizier, RCDCA President; BGen (ret'd) Vic Lanctis, RCDC Colonel-Commandant; BGen Jean-Pierre Picard, Chief Dental Officer and Deputy Director General Health Services - Clinical; and Col Genevieve Bussiere, Director Dental Services preparing to play.

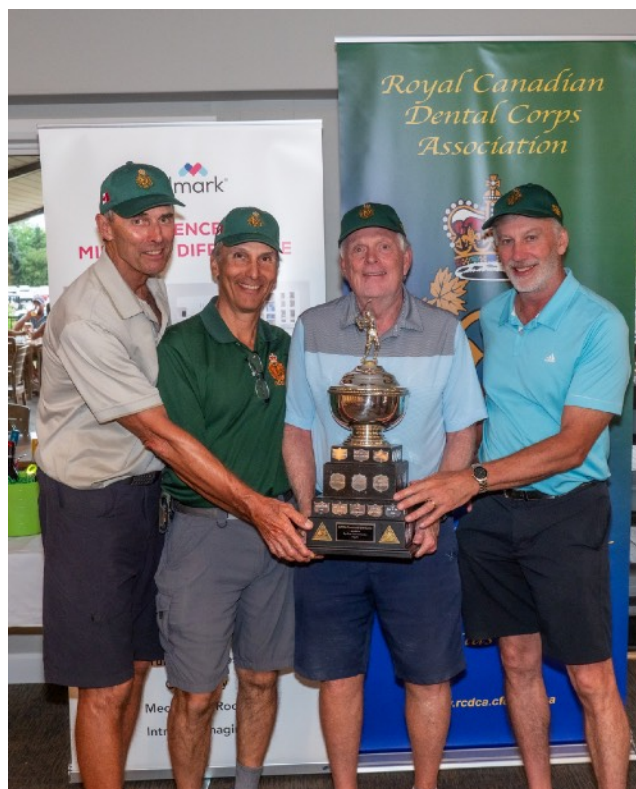
Le Col Annick Gingras, Cmdt de la 1re Unité dentaire; Mario Bizier, président de l'ACDRC; le BGén (ret) Vic Lanctis, colonel commandant du CDRC, le BGén Jean-Pierre Picard, Dentiste en chef et Directeur général adjoint des services de santé - clinique; et le Col Geneviève Bussière, Directrice des services dentaires, se préparent à jouer.



Ci-dessus: Les gagnants du trophée des membres actifs, le Lt Luc Boudreau, le Capt Francis Nguyen, le Capt David Baek et le Capt Stephanie Silva du détachement dentaire de Petawawa.

À droite: Les lauréats du trophée des retraités, Scott Becker, Bob Gillis, Ron McWade et Doug VanDahl.

Ci-dessous: Les gagnants de la division ouverte, Kevin Goheen, Susan Goheen, Mike Boucher et Nathalie Boucher.



Above: Serving Members Trophy winners: Lt Luc Boudreau, Capt Francis Nguyen, Capt David Baek and Capt Stephanie Silva from Dental Detachment Petawawa.

Right: The Retirees Trophy winners: Doug VanDahl, Scott Becker, Ron McWade and Bob Gillis.

Below: Open Division winners Kevin Goheen, Susan Goheen, Mike Boucher and Nathalie Boucher.



Jour du Souvenir 2023 ~ Remembrance Day 2023

RCDCA President Mario Bizier and RCDCA Treasurer Scott Becker laid a wreath at the City of Ottawa Remembrance Day ceremony in Orleans. We were joined by previous RCDCA Executive members Peter McQueen, Bud Budzinski and Fred Begin for a pub lunch afterwards.



Mario Bizier, président de l'ACDRC et Scott Becker, trésorier de de l'ACDRC, ont déposé une couronne à Orléans lors de la cérémonie du jour du Souvenir de la ville d'Ottawa. Peter McQueen, Bud Budzinski et Fred Begin, anciens membres de l'exécutif de l'ACDRC, se sont joints à nous pour la cérémonie ainsi que pour un dîner.



Former RCDCA Treasurer Cliff Beauchamp attended Remembrance Day services at the Carlingwood mall conducted by the Westboro Legion.

L'ancien trésorier de l'ACDRC, Cliff Beauchamp, a assisté à la cérémonie du jour du Souvenir au centre commercial de Carlingwood. Celle-ci était organisée par la Légion de Westboro.

1993 CFDS TD Trip to Moscow

By Colonel (retired) Scott Becker

Frank Hedley is an inspiring guy, what can I say? Always the raconteur extraordinaire. In the last newsletter I read with enthusiasm Frank's account of his three weeks in Moscow from 1988, which rekindled long forgotten memories of my three-week TD trip to Moscow in 1993, one of the last. There were enough differences in the time of my trip to that of his that I thought it would be worthwhile to tell some of my story. Same place, a different time.

To set the stage, 1993 in Russia was vastly different from 1988. The Soviet Union had fallen apart, their economy and currency were in free fall. During the 1992 Moscow TD the exchange was 25 rubles to the US dollar. When we arrived in Moscow in May 1993 it was 750 rubles to the dollar and three weeks later at the time of our departure it was 1100 to one. Want to buy a souvenir? Just wait, it got cheaper every day. It was unfortunately runaway inflation for the general population. Local Russian administrative structure was also falling apart, with much of their "middle management" now out of official work and just becoming the local mafia. It was a common occurrence to watch uniformed police officers randomly stop cars in traffic, ask for their "papers" and then just hold them, staring ahead without speaking until they were handed some money, upon which they returned the papers and the motorist went on their way. The embassy staff said it was their way of supplementing their income. Control over foreign nationals had loosened considerably as now we were allowed to shop and spend money in the local economy. Everyone wanted hard US currency. There were still the old "Westerner Only" stores around from a couple years ago where those were the only places westerners were allowed to spend money, and items were roughly 10 times the cost of what they were in the local marketplace. Some shops would still only take rubles, but many would give you a favourable exchange rate just to get the US dollars. Canadian money was useless in Moscow. More on the environment there as the story continues.



Major Becker and WO Blacquire at the Edmonton airport toasting the beginning of their Moscow adventure.



A panoramic view of Red Square.

It was in early 1993 while Detachment Commander in Edmonton that I got word that I would be doing the TD trip to Moscow, before my posting to Trenton. I had the very good fortune to be paired with my Senior Hygienist WO Dawn Blacquire who was keen, skilled and multi-talented. We had the mandatory prep briefings from the Base and the Foreign Affairs intelligence people. We would be staying in Moscow at the Slayvanskaya Hotel and would have to pay for our rooms in full, upon arrival, in cash, only in US dollars. I was given almost \$6,000 US cash to hand carry on the trip there and told not to lose it. Yikes! I bought one of those under-arm holster type wallets and prayed a lot. We were to assume that while there our rooms may be bugged, that our rooms would be searched while we were out, and that the KGB would be checking up on us along the way. We were warned of the "honey pot" traps often employed by the KGB. Wow. Neither Dawn nor I thought we were interesting enough nor important enough to warrant that much effort by anyone over there.

We packed up two large barrack box type containers full of dental supplies of all types and a reasonable supply of antibiotics, local anesthetics and pain meds. They were sturdy metal skinned containers with solid hasps to take a decent sized padlock. We knew they would have to go through customs in Russia and would most likely be torn apart for inspection. Any lock would likely be just cut off. So, we taped detailed lists of contents on the outside of each one as well as the key to the lock, hoping that this would save our locks being cut off. Off they disappeared down the conveyor belt in Edmonton airport never knowing if we would see them, or the contents, again.



Slavianskaya Hotel Lobby

We left Edmonton one fine evening, flying direct to London Heathrow for a 24 hr layover. Luggage and supplies arrived intact; so far, so good. Having planned well ahead of time, when we arrived at our hotel in London at about 10 a.m. local time, we threw our luggage in our rooms and headed for the subway. In about seven hours total we saw, mostly at some speed I admit, the Tower of London and the crown jewels, Trafalgar Square, London Bridge, 10 Downing Street, Big Ben, a quick lunch of fish and chips and beer at a 600 year old pub, Piccadilly Circus, Buckingham Palace, and 212B Baker St. Then we tubed it back to the hotel for dinner and off to the airport again next morning at the crack of dawn.

We arrived in Moscow late morning. After clearing the customs and immigration screening, facilitated no doubt by our special green passports and me not mentioning my James Bond style shoulder holster full of US dollars. We then entered a large open area of what looked like pandemonium with many uniformed military types all carrying AK47s amongst the arrival crowd. Far too many people in too small a space. We were to meet our Embassy contact, Ron Wulf, who was the Assistant Attache there. Over the din of the crowd I heard a voice yelling "Major Becker!" repeatedly, so I walked in that direction waving my arm in the air and we finally found each other. Ron took us to the luggage claim where we hoped to find our personal luggage and the 2 boxes of supplies for our 3-week mission. It all showed up, less the locks and keys on the supply boxes. The contents were untouched but they stole the locks (?). Go figure. On the way out of the airport we were stopped three times by armed personnel but thankfully Ron just waved his diplomatic credentials at them and they quickly stepped aside and let us pass. The many folks getting their luggage torn apart at randomly placed tables around the airport were not so lucky.

Ron took us to the hotel to check in where, yes, they demanded the full payment up front for our stay. I was very happy to give them this holster full of cash I had been toting around since leaving Edmonton. The Slayvanskaya Hotel had a 5-star lobby, shiny marble floors and columns, chandeliers, etc, etc but they had Motel 6 rooms (sorry, no photo). An elaborate façade up front and very little behind it. The rooms were very small, one small single bed with a very old mattress, and carpets that I'm sure dated back to the Stalin era. There was also a small desk, one chair, a wall closet and a tiny bathroom. Five-star hotel fees and one star accommodation. But c'est la vie, stay mission focussed.

Our mission was to provide care to Canadian military and Embassy staff first, then other NATO personnel, but primarily the British and Americans, and their families. Then, on a space available basis, almost any others on a fee for service basis. Cathy McNeil, the wife of the military policeman posted to the embassy, was hired as a receptionist. The first week was booked up with mostly Canadians and a few other urgent NATO patients. Word got around the diplomatic circles pretty fast that the Canadian team was in town and the calls started from some of the other embassies, often for the Ambassadors' wives. More on treatment later.



Dental clinic inside converted stables at back of the British Embassy.

Moscow teams Clinical Operatory

Ron from the Canadian embassy had a driver pick us up each morning at the hotel to take us to the clinic, which was in a long ago converted stable in the back of the British Embassy, which was directly across the Moskva River and the Kremlin, and not far from Red Square. The first thing we noticed on the first morning was that the air pollution was off the charts and there was a layer of black soot that covered everything. The window sills especially were covered with thick layers on which you could easily write. Although the clinic was of a reasonable quality with decent equipment, every counter, every chair, every window and especially the floors were covered in this sooty layer. So, Dawn and I spent the first half-day just washing everything down and disinfecting the patient contact surfaces as best as we could. Then, we unpacked and set up the clinic. The supplies there were meagre so thank goodness we brought a lot with us.

Remembering our intel briefing, before leaving that first morning I had arranged my clothing and effects very specifically putting things in exact locations to see if they had been moved when I got back. Upon my return at the end of day I noticed most things had been moved and my room had been searched. This happened a couple times that first week and then stopped when I guess they decided I had nothing of interest to them. When leaving in the mornings and the cleaning staff were working in adjacent rooms with the door open, as you see in most hotels, I noticed as I walked by there was always a man in a black suit in the room with them. Probably just a cleaning supervisor..... right.

Treatment for the Canadian and American staff and families was pretty routine with about 30% of it cleanings, so Dawn was busy. Much busier than she should have been that first week until I got my act



Arrival surprise. A sooty INSIDE clinic window sill.

together. Dawn served as DA for my procedures and did the kit sterilization stuff afterwards and also saw her own patients. She did her own cleanup while I obliviously puttered around the clinic. Until she finally got frustrated enough, and rightly so, to ask politely but in a tone I didn't miss, if I could please help with the cleanup and instruments with her patients. I had briefly forgotten the circumstance, and this was not back at Edmonton with many staff. I needed to be her assistant especially when she had consecutive patients. Things ran smoothly after that and I was more cognizant to share all the duties and not just do the dentist stuff like I did back in the Detachment.



Inside the Bolshoi Theatre

With all due respect to our Commonwealth friends, the British standard of dentistry was not the same as in North America, so their dental care was more challenging. I saw a couple Germans whose dentistry was pretty good. Some of the other countries' high ranking staff had abysmal dental health which was both a surprise and a challenge. I saw a couple South American ambassadors' wives (not at the same time) for cleanings and some routine fillings. I was supposed to charge them a fee with the accompanying tedious paperwork. I decided to make a diplomatic gesture to these ladies and said their work was a gift to them from Canada and there was no charge. They were very happy with the care they got (likely superior to anything they would get in their country) and thanked us profusely afterwards. The day after their visits, a case of wine showed up at the clinic,

a gift from their embassy. We of course had to sample one bottle at the end of the day before going back to the hotel. The rest was donated to the staff at our host British embassy.

In week two I received an odd phone call at the clinic. Somebody who would not identify themselves wanted to speak to the dentist. A female voice, in almost perfect English asked who I was and when I got there. At this point I assumed it was the KGB checking up on us, so I played along without asking any questions about the caller. She wanted to know who in general we were seeing as patients, when we were leaving, etc. I just recited all the same info that was on our visa and then the caller just said 'thank you' and hung up. So subtle. We had been told to expect them to check up on us somehow sometime.

I had been told horror stories about Russian dentistry while back in Canada but was not sure what to believe. Among other things, I had been

told much was done without anesthetic, that anesthetic was

hard to come by over there, what was around was long outdated and ineffective, and what was around was only available to higher ranking officials. Good segue to a patient I saw in our last week there. The British Attache came to me and asked if I would see one of his staff, a young lady apparently in great pain and distress, who happened to be Russian (a local hire and the daughter of some local official). He knew we were not supposed to treat Russian nationals but was asking anyway. I figured that since the Attache was asking, and from one perspective she was a British employee, and she was in distress, I would say 'yes' on humanitarian grounds.

When she arrived, she was obviously in distress and practically in tears from pain from her lower left jaw, and some swelling was evident. I took a medical and dental history as best I could through the interpreter. She had been seen by a Russian dentist two days previously because of a toothache on #37. He had apparently "started a root canal". A visual exam showed that 37 had a red cement piled on the occlusal surface so high



Dawn Blacquire (red jacket center) checking out a subway station.



Scott and Dawn in front of the Kremlin Tsar Bell

it was in hyper occlusion by over a full millimetre. She needed a proper endo and her hot tooth taken out of hyper occlusion. Through the interpreter I explained what I needed to do and asked if she had ever had freezing before. Yes she said, several times. Within a minute or two of giving her a block with **our** anesthetic the pain faded from her face and she said her jaw and lips were starting to feel “wooden”. She had never felt this numbness sensation before. Hmm, why was I not surprised. After removing this red cement patch I could see that the pulp horn had been exposed and that was it, then covered up. I completed a full pulpectomy and shaped all the canals, but was still getting some drainage inside the tooth so it could not be obturated and filled until the infection settled down. I left her and the interpreter with some pain meds, antibiotics, a bag of endo files and supplies with some basic instructions. I told her to take the meds as directed and bring the bag of files and obturation materiel to her dentist and hope he would know what to do with them at the proper time. We were returning back to Canada in a few days so I could not follow up. I have no idea how things turned out for her.

Over the two weekends we had there Ron and Cathy were fabulous hosts and tour guides. Of course, Red Square, St Basil's Cathedral, Lenin's Tomb, and the Kremlin were our first stops. Among a great many other things, inside the Kremlin were the Tsar Cannon and the Tsar Bell. Evidently common that Tsars wanted the worlds biggest ... something. The Tsar Cannon was cast in 1536, to this day still the largest cannon calibre ever at 890 mm. Of course it needed gigantic cannon balls, test fired once and never used as they were too impractical and ineffective. The Tsar Bell, ordered by Empress Ioannovna as the worlds largest, was indeed that and still is at 202 tons. It was cast in 1735 but remained put because they couldn't get it out of the casting pit. In 1737, when the Kremlin building caught fire and burned down around it, some bright light bulb thought this giant metal bell would burn just like the surrounding buildings, so they started throwing water on the by now very hot bell, and an 11.5 ton piece cracked off of it. It took them another 99 years to get the bell out of the casting pit and install it on a base where it sits today. The Bell and the Cannon struck me as examples of the Russian deep rooted historical psyche of image over practicality or reality. What a waste of resources.

Two other specific experiences are worth telling. We decided to take in the Bolshoi Ballet while we were “in town”. Tickets for Russians were 500 rubles, at the time about 50 cents US. For “westerners”, their term for anyone not Russian, the cost for a ticket was \$50 US, a 100x premium. But, we were only going to be there once so we went anyway. The Bolshoi Theatre had burned down in 1853 and was rebuilt in

1856. The inside was dark, sooty in my opinion, and it didn't look like much had changed or been replaced since 1856. The performance confirmed that I neither understood, nor appreciated, nor liked ballet. But we had been to this world-famous site, check. We also visited the Armoury museum inside the Kremlin. You bought tickets there at the door and the posted price was 50 rubles, about 5 cents US. On a piece of a cardboard box, hung with some wire over the door, marked with a wax pencil was “ALL WESTERNERS \$20 US”. Nice, only a 400x premium. Who do you think was getting the US currency, the museum or the 2 guys collecting money at the door? One of the very few things we didn't have to pay extra for was subway tokens, which were 8 rubles each. We could go 20 miles on the subway for 8 tenths of a cent. What a deal!

There were a lot of beggars and panhandlers everywhere we went, which just reflected the state of their economy at the time. I made a point of travelling around with a pocket full of 100 ruble notes folded over with a Canada flag pin stuck in each one. I handed these out to the panhandlers we encountered as it was nothing for us, but bought a day's food for these poor folks. I thought a little diplomatic advertising didn't hurt either.



Kremlin Tourist Entrance



Dawn and Scott in Red Square at front of St Basil's Cathedral

The subway system, as Frank alluded to, was also the city nuclear bomb/fallout shelter system. The escalators had to be going at least 100 ft down; they were so long you could not see the end as they disappeared down a long tunnel. Once there, the walls were adorned with museum-like art and the ceilings had fresco paintings. Very elaborate and beautiful.

A few more anecdotes from our discussions with the Embassy staff. There were two boats going up and down the Moskva river whose sole purpose was to retrieve bodies. Two boats, because one was not enough apparently. Mafia hits and drunks falling in the river were frequent. When the Soviet Union collapsed a reported 2 million soldiers were out of work and many drowned their woes in too much vodka, contributing to the river's body count. Our hotel was right beside the bus station. One poor soul was struck and killed by a car one morning about 8 a.m. and at noon the body was still in the street. We were briefed to never help someone who appeared injured in the street, as westerners would be falsely implicated and held for ransom.

We were also told to watch for cars with MMb license plates as these were KGB, and be cautious. We also witnessed a couple "swarmings." As explained to us, large numbers of "gypsies" (as they were called), all young kids under the age of 14 in groups of 20 or more, came in from the outskirts of the city and formed swarms. Apparently the under age 14 children could not be charged with a criminal offense there so this was exploited. They would move around the streets like a dark cloud looking for vulnerable victims, usually lone women or seniors. By sheer force of numbers they would knock them down and while a few were kicking and punching them on the ground the others would strip whatever valuables they had off them and they would be gone. This whole assault would take about 15 seconds and they would be gone. I personally saw this happen twice.



A KGB car beside the Kremlin entrance

You can see on our farewell picture the "BYE" written in the sooty floor. We were constantly cleaning the clinic and the floor but decided to quit after we had seen our last patient and what you see on the floor was only about 2 days accumulation. Going back to our hotel rooms at the end of every day to clean up was eye opening. Just washing our faces and necks with a white facecloth generated very dirty facecloths. I can imagine the lungs of residents living there for long periods.

At the end of our time there we were happy to be going home despite it being an experience of a lifetime.



Dawn and Scott say "BYE" on their last pack day at the clinic.

Cathy McNeil, her MP husband Paul, Ron Wulf and all the staff at both the Canadian and British embassies were generous and gracious hosts. We emptied all the remaining supplies we had and left them for subsequent treatment teams. Dawn and I each took one of the supply boxes as personal luggage to pack all the souvenirs and gifts we were bringing home. The trip home was long and uneventful with no long layover in London this time. The Boeing 747 we were on for the London-Edmonton leg only had about 35 people on it so we had the run of the plane and everyone got four seats to stretch out on and get some sleep.

Despite all the wonderful cultural and historical sites and landmarks, Moscow was a dangerous, dirty place. Image was more important than substance or reality. It reminded me of a wild west environment. I would not want to be there for any length of time without being under the protective umbrella of our Embassy. That was then and I have no idea how Moscow has evolved from there. Our treatment team did a lot of good for a lot of people so these trips were very worthwhile. It's too bad they had to come to an end.

RCDC Senior Appointments / Nomination des cadres supérieurs du CDRC

CFHS Headquarters / Quartier général des SSFC

Chief Dental Officer - Deputy Director General Health Services - Clinical / Dentiste en chef - Directeur général adjoint des Services de santé – Services	BGen Jean-Pierre Picard
Director Dental Services / Directrice du Service dentaire	Col Geneviève Bussière
RCDC CWO / Adjuc du CDRC	CWO/Adjuc Marie-Claude Brulotte
DDS 2 Policy and Programs / DSD 2 Politiques et Programmes	LCol Joel Doucette
DDS 3 Plans and Requirements/ DSD 3 Exigences et Plans dentaires 3	LCol Deidra McLean

1 Dental Unit HQ / QG de la 1re Unité dentaire

Commanding Officer / Cmdt	Col Annick Gingras
CWO / Adjuc	CWO/Adjuc Suzie Richard-Wilson
DCO East / CmdtA est	LCol Benoît Caouette
Regional MWO / Adjum régional	MWO/Adjum Soucy-Phillips
DCO West / CmdtA ouest	LCol Jodi Shaw
Regional MWO / Adjum régional	MWO/Adjum Nantel

As a courtesy to RCDCA members who may wish to contact the local RCDC detachment, we have been provided with this list of Detachment Commanders and Clinic Coordinators, along with the phone number for the receptionist.

Par courtoisie envers les membres de l'ACDRC qui souhaiteraient contacter un détachement local du CDRC, nous avons reçu la liste suivante des commandants de détachement et des coordonnateurs de cliniques, ainsi que les coordonnées de ces derniers, ainsi que le numéro de téléphone du personnel de la réception.

1 Dental Unit Detachment Contact List Liste de Contact des Détachements de la 1re Unité Dentaire

EASTERN / EST

DET/DÉT	DDC/CDD	DCC/CDD	RECEPTION/RÉCEPTION
Bagotville	Maj Hongfei Ju	Sgt Emilie Pitre	418-677-4000 - X - 7325
Casteau	Capt Veronique Goulet	Sgt Chirstine Ivanovs	011-32-65-44 - X - 5885
Gagetown	Maj Richard Kratz	WO/Adj Pike	506-422-2000 - X - 1615
Gander	Capt Pacurariu	Sgt Darcy Gilliam	709-733-3667
Geilenkirchen	Maj Tiffany Kisway	Sgt Wendy Krause	011-49-2451 - X - 717330
Greenwood	Maj Raymond Liew	Sgt Moore	902-765-1494 - X - 5241
Halifax	LCol Ray Warmerdam	MWO/Adjum Tammy Ross	902-721-8960/8961
Kingston	Maj Hamelin	WO/Adj Julie Lavoie	613-541-5010 - X - 5543
Longue Pointe	Capt Christina Montecino	Sgt Melodie Noel	514-252-2777 - X - 2246
Ottawa	LCol Rachel Jetté	MWO/Adjum Lori Nason	613-901-5555
Saint Jean	Maj Alexandre Vo	WO/Adj Valerie Morin	450-358-7099 - X - 7273
St John's	Capt Shelley White	Sgt Gillam	709-733-3667
Trenton	Maj Jason Yee	WO/Adj Lorna Roberts	613-392-2811 - X - 3330
Valcartier	LCol Roch Messier	MWO/Adjum Karen MacKenzie	418-844-5000 - X - 5270

WESTERN / OUEST

DET/DÉT	DDC/CDD	DCC/CDD	RECEPTION/RÉCEPTION
Borden	Maj Andreanne Allard	Sgt Stewart	705-424-1200 - X - 2643
Cold Lake	Maj Patricia Wrobel	Sgt Melissa Gilbert	780-840-8000 - X - 8787
Comox	Maj Plasse	Sgt Carla Prowse	250-339-8211 - X - 8347
Edmonton	LCol Debra Pawluk	MWO/Adjum Amber Medcalf	780-973-4011 - X - 4466
Esquimalt	LCol Patrick Miklos	MWO/Adjum Lori Scanlan	250-363-2000 - X - 4149
Moose Jaw	Capt Carvalho	Sgt Crystal Lockyer	306-694-2222 - X - 2223
North Bay	Capt Felix Pham	Sgt Robert Lamontagne	705-494-2011 - X - 2221
Petawawa	LCol Domenic Belcastro	MWO/Adjum Jody Lamers	613-687-5511 - X - 5619
Shilo	Maj Matthew Chin	Sgt Sherred	204-765-3000 - X - 3162
Toronto	Capt Jang	Sgt Veronica Mann	416-633-6200 - X - 3925
Wainwright	Maj Jolivet	MCpl/cplc Pertus	780-842-1363 - X - 1730
Winnipeg	Maj Leo Lee	Sgt Roddy	204-833-2500 - X - 5522

OP REASSURANCE 23-01 Dental Team BW, MI, CAL, NSN – Not Just Dental Acronyms

*By Capt Tiago Carvalho
Comd Dent Det Moose Jaw*

From 28 Nov 2022 to 22 Jun 2023, I had the pleasure of deploying to Latvia on Op REASSURANCE Roto 23-01. Myself and Sgt Andrea Brozik, both from 2 Fd Amb, comprised the dental team working with Health Services Support (HSS) company. As part of HSS, we worked closely with our Canadian Armed Forces (CAF) Medical counterparts from 1 Fd Amb as well as with the medical teams of all nations working out of the Multi-National Clinic (MNC). The friendships created during this tour are easily one of the highlights of my career.



HSS R23-01 take a group photo



Sgt Brozik & Capt Carvalho with a patient.

My experience in Latvia was extremely positive because of the people I met and the important work we were doing. Though dentistry is often satisfying in any environment, collaborating with other NATO sending nations made the task especially fulfilling. Many patients were experiencing physical pain (e.g. pulpitis) and/or esthetic deficiency (e.g. broken front tooth) when they came to see us, so they were extremely grateful for our services. It was interesting to learn how the dental care programs of our NATO allies work and how they are different from our own. Some nations require their soldiers to pay for dental work out of their salaries. Some patients described challenging experiences when their dental work was referred out to civilian practices in their home countries before their deployment. Serving these patients made our dental team very popular amongst the sending nations on camp. We are very proud of the dental care program that we provide to CAF members.

In addition to the gratifying daily work, many other aspects of the deployment made for a rewarding experience. With evenings and Sundays off, we were free to explore the surrounding geographical area in small groups when the security state on camp permitted. We often drove, biked, or even walked into the adjacent town of Adazi to try different restaurants and experience Latvian culture. We also frequently ventured to Riga, the nation's capital, for Sunday trips in a quest for new experiences and cuisine. As fortune would have it, the IIHF World Hockey Championship for 2023 was hosted jointly by Latvia and Finland, with half the games being played in Riga and the remainder in Helsinki. I attended two of the Team Canada games and had great seats! If someone had told me ten years ago that one day, I'd watch NHL superstars play at a tournament in Latvia, I wouldn't have believed them.

If any member of the Royal Canadian Dental Corps (RCDC) heard someone say “the dental team is doing BW!”, they’d likely assume they were referring to a bitewing radiograph and wonder why anyone cared. This same statement spoken at the MNC on Op REASSURANCE meant that Sgt Brozik and I were one of the limited teams from HSS chosen to participate in exercise BALTIC WARRIOR (EX BW). Ex BW is completed once per roto. It is a 34 km race done in pairs once consisting of an 18 km loaded ruck march, followed by a 1 km portage, 14.5 km canoe paddle down the river into the Baltic Sea, then a final 500 m beach sprint to the finish line. Successfully completing EX BW with Sgt Brozik as a team representing dental was one of the highlights of the tour. Though I would have been proud no matter what the outcome, we were both happy with our performance and felt we represented dental well by finishing 7th overall for the mixed category.



Canadian players line up for a face off against Switzerland.

Members of HSS ready to cheer on team Canada.

Preparing for puck-drop at the Canada vs. Czech Republic match.

This deployment has definitely changed my perspective. For the majority of the past fifteen years, my focus has been on dentistry in one way or another. As a teenager in high school and during my undergraduate studies, I was intent on getting accepted to dental school. The next 4 years were focused on learning how to become a dentist. After graduation, I worked hard to improve my dental skills, learn from others and I continue to do so. So even as a member of the CAF, an organization notorious for acronyms, my first thought when I used to see an acronym was usually it's dental meaning. Now when I see 'MI', instead of 'Maximum Intercuspation' I now think of the Latvian Mechanized Infantry Brigade, who graciously hosted us at the base they controlled in Adazi. A year ago, I would have told you CAL means 'clinical attachment level'. Now when I see 'CAL' my mind jumps to 'commercial airline,' the mode of travel used to reunite us with our families during HLTA. NSN used to be a term that I equated to 'NATO Stock



The Slovakian medical team thanks the CAF dental team with coins and certificates.

Just some of the patches patients from other sending nations gave to the dental team as tokens of appreciation.

Capt Carvalho and one of the Polish medical doctors, Dawid, exchange goodbyes.

Number,' one of the layers to the process of obtaining dental materials in the CAF. Now the same term recalls 'NATO Sending Nation' and the many friends I made with our medical colleagues from NATO countries around the world. And of course, 'BW' is no longer just a bitewing to me. It is interesting how a period of just 7 months of meaningful experience can change a way of thinking that was fifteen years in the making.



All smiles at the beach after completing Ex BW.



The dental team approaching the finish line.



Sgt Brozik snaps a selfie during the canoe portion.

Sometimes, we as dental clinicians have days where dentistry seems to consume our life. This deployment has shown me how important it is to zoom out and think about our lives and careers from a wider lens. Maybe the challenging case keeping you up at night is not so daunting in the grand scheme of things. Deploying on Op REASSURANCE Latvia has positively impacted my perspective on dentistry, life, relationships, and what it means to be a member of the CAF. I could fill many more pages about my experience on Op REASSURANCE, but I will instead leave some to the imagination of the reader. Though hopefully this is obvious to most, it turns out there is more to life than dentistry. I feel fortunate to have had this experience which made me proud to be Canadian, made me appreciate my friends and family, and brought me such deep fulfillment. It is my hope that all members of the RCDC, the CAF and the citizens of Canada can have a similarly profound experience at least once in their lifetime.



Capt Carvalho in front of Cesis Castle.



Latvian Freedom Monument, Riga.



Busy square in downtown Riga.

Op Reassurance



Major Katie Best and MCpl Christine Good, serving in Latvia on OP Reassurance, met Prime Minister Justin Trudeau and Minister of National Defence Anita Anand during their visit to Riga in July 2023.



LAST POST / DERNIER REPOS

WE WILL REMEMBER THEM / NOUS NOUS SOUVIENDRONS D'EUX



Groesbeek Canadian War Cemetery, Netherlands

Perley Irvine Weaver, 15 Dec/déc 2022

Benoit Desmeules, 15 Jan/janv 2023

Lieutenant Colonel (retired) John William (Jack) Shore, 20 Jan/janv 2023

Lieutenant Colonel (retired) Heinz "Hank" Griesbach, 19 Feb/fév 2023

Kirsten Lee MacKay, 18 Feb/fév 2023

Major (retired) Justin Leonard McNeill, 13 Mar/mars 2023

Lieutenant Colonel (retired) Frank Harreman, 2023

Master Corporal (retired) Roy Tallack, 5 Nov/nov 2023

Lieutenant Colonel (retired) Genadi Gunther, 17 Nov/nov 2023

Chief Warrant Officer (retired) Glenn Hildebrandt, 22 Nov/nov 2023

Lieutenant Colonel (retired) Robert "Bob" Francis Cooper, 5 Dec/déc 2023

Master Warrant Officer (retired) Doug Davies, 9 Dec/déc 2023

Master Corporal (retired) Donald McGillivray, 12 Dec/déc 2023

Warrant Officer (retired) Shawna Chaisson, 24 Dec/déc 2023

Doctor Raymond Joseph Leblanc, 26 Dec/déc 2023

Warrant Officer (retired) Andrew (Willy) Miles Wilson, 28 Dec/déc 2023

Perley Irvine Weaver, December 15, 2022



We are sad to announce that on December 15, 2022, at the age of 56, Perley Irvine Weaver of Brighton, Ontario passed away. Perley served as a Dental Officer at CFB Shilo and CFB Gagetown.

Lieutenant Colonel (retired) John William (Jack) Shore, November 21, 1940 – January 20, 2023



It is with deep sorrow and much love that we mourn the passing of John William (Jack) Shore of Kingston, Ontario on January 20, 2023 at the age of 82 years. Jack (Dad, Pop, Popper, Grandpa) had recently lost his loving wife of 32 years, Lorna (Lori) Caroline (Wright) after having lost his first and beloved wife of 27 years Patricia Margaret (Fulton) in 1989.

Born on a farm in London, Ontario and a career military man, Jack was a graduate of the Canadian Forces Soldier Apprentice training program (1957-59), a United Nations Peacekeeper (Congo) and impressively was commissioned from the ranks all the way to Lt. Colonel, retiring as Director-Resource Management for the Canadian Forces Dental Services. Always diligent, organized and an incredibly hard worker, the examples he set for his children and friends remains greatly admired and cherished. After retiring from the military, Dad and Lori became

grief counsellors, training under Dr. Alan Wolfelt's Centre for Loss & Life Transitions. Dad had a special appreciation for all of the caregivers at KGH, and a deep faith in God.

Kirsten Lee MacKay, February 18, 2023



It is with very heavy hearts we must announce Kirsten Lee MacKay of Liverpool, Nova Scotia, has left us, saddened and grieving, on the 18th of February 2023 at a far too young age of 52. Our beloved daughter, mother, grandmother, sister, aunt and friend will be missed by all who knew her.

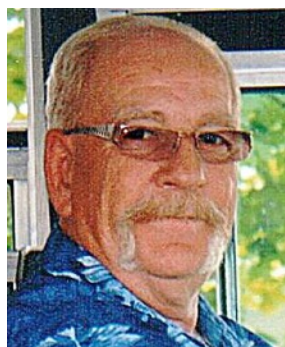
Chrissy grew up in Liverpool and migrated to Eastern Passage in 1998, where she worked diligently to upgrade her education and training to pursue better things for herself and her children. After working for a few years as a Dental Assistant with the Department of National Defense, Chrissy decided to join the Canadian Armed Forces as a Dental Technician, a challenging role that she maintained for 13 years before medically retiring from the Military and the Dental occupation.

Chrissy was unabashedly proud and protective of her children and grandchildren, putting their needs ahead of her own for most of her life. She was a strong, independent woman who overcame adversity in her life, including a successful battle against kidney cancer. She also had a very keen eye for photography, whether it was a beautiful landscape or preserving memories of her grandchildren, Chrissy always managed to get the perfect shot. She loved being lakeside at the family cottage on Harmony Lake but her greatest love was always reserved for her family.

Lieutenant Colonel (retired) Frank Harreman, 2023

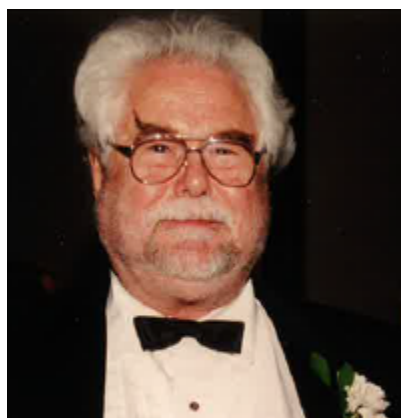
We received news that LCol (ret'd) Frank Harreman, who retired from civilian practice as an OMFS in Victoria, passed away early in 2023.

Benoit Desmeules, 15 Jan 2023



À l'Hôpital de l'Enfant-Jésus, le 15 janvier 2023, à l'âge de 68 ans, est décédé monsieur Benoit Desmeules, époux de madame Micheline Baril, fils de feu Antoinette Nolet et de feu Joseph Desmeules. Il demeurait à Québec.

Lieutenant Colonel (retired) Heinz "Hank" Griesbach, July 19, 1929 ~ February 19, 2023



Dr. Heinz "Hank" Griesbach of Fort Macleod, beloved husband and father, passed away peacefully on Sunday, February 19, 2023, at the age of 93 years. Left to mourn are his wife of 49 years, Barbel; his children, Glenn (Sandra), Tom (Cathy), Christina (Cameron) Kirk, and James; and his grandchildren.

Born in Verden an der Aller, Germany, on July 19, 1929, Heinz left Germany for Canada at age 24 in search of adventure and opportunity. He arrived in Quebec City aboard the M.S. Anna Salen in 1953 and took to work as a farm labourer. A year later, he made his way west.

While looking for employment in Vancouver, he and a friend chanced upon a sign calling for recruits for the Canadian Army. Figuring, "There's nothing wrong with the army," they enlisted on a whim. Thus began his 26-year military career.

He started his service in 1954 as a Private Paratrooper in Princess Patricia's Canadian Light Infantry in Calgary, and was known to say, "Once a Patricia, always a Patricia." It was in the PPCLI, in Hut 34 at Currie Barracks, that he was christened "Hank" by a fellow soldier. He loved this name and carried it proudly for the rest of his days.

He received his Doctor of Dental Surgery degree from the University of Toronto in 1964 and went on to serve in the Royal Canadian Dental Corps in Petawawa, North Bay, Cold Lake, Germany, Cyprus, and Egypt. He retired from the Canadian Armed Forces in 1980 as Lieutenant Colonel Hank Griesbach.

Upon retirement, he bought a dental practice in Fort Macleod, the town where he would spend his remaining years. Working as a dentist in Fort Macleod and Standoff, Hank developed a deep appreciation for the communities and their people. First elected in 1983, he spent 20 years on Fort Macleod Town Council, serving on numerous boards and committees. He was also involved in various clubs and organizations.

Ever the homebody, Hank often retreated to the house and yard he loved. Here he surrounded himself with art, music, and literature. He was an avid photographer throughout his lifetime, with his favourite subjects being his family and friends. When not at home, Hank enjoyed going on drives through the Southern Alberta countryside, delighting in the beauty of the Rocky Mountains.

Major (retired) Justin Leonard McNeill, January 3, 1939 to March 13, 2023.



Loving husband of D. Alyson (nee Foster) McNeill for 44 years, passed away peacefully after a brief battle with cancer. He is survived by Alyson, son and daughter-in-law Dean and Alison McNeill, grandchildren Jordan, Brandon, Ethan, and Claire McNeill, and siblings Desmond (Catherine) MacNeill, Claire Struble (Al Harris), Edith (David) Curley, and Catherine MacNeill.

Born in Miscouche, Prince Edward Island, Justin was raised on the family farm. After high school, he completed a Bachelor of Science degree at St. Dunstan's University (now UPEI), then enrolled in the military's Royal Officer Training Program to pursue a dental degree. He received his DDS from Dalhousie University in Halifax. His enrollment in the military was the start of a life of adventure. In addition to postings at various Canadian Forces bases around Canada, he was stationed in Vietnam during the Vietnam War, Egypt during the Six-Day War in 1967, and West Germany during the cold war in the early 1980s. After 25 years of service, Justin retired as a Major from the military and set up a private dental practice in Ottawa. When he finally retired from dentistry, he and Alyson sold their home, bought a 44-foot trawler-style yacht and spent several years cruising around the Caribbean and Florida, occasionally making the trek back up to Ottawa, which they considered home.

Justin's good nature, sense of humour, and love of life were infectious, and he made friends beyond number around the globe. He was a gifted woodworker, making beautiful keepsakes for his family such as cribs, rocking horses, toy boxes, sleighs, canoes and quilt-racks. He made the beautiful urn in which he will be laid to rest, as well as one for future use by his beloved wife. He was an avid SCUBA diver and instructor, and passed the love of diving onto his wife and son. He also had a love of archery, although during his posting in Egypt, his hobby landed him in hot water, as during target practice he accidentally put an arrow through the Base Commander's cat. Unfortunately for Justin, his renowned attention to detail did not work in his favour on this occasion, as the cat was able to make it home to the Base Commander's house, sporting an arrow in which Justin had taken the time to carve his name. It is unknown whether the Base Commander had a good sense of humour, but nonetheless Justin's military career continued to thrive.

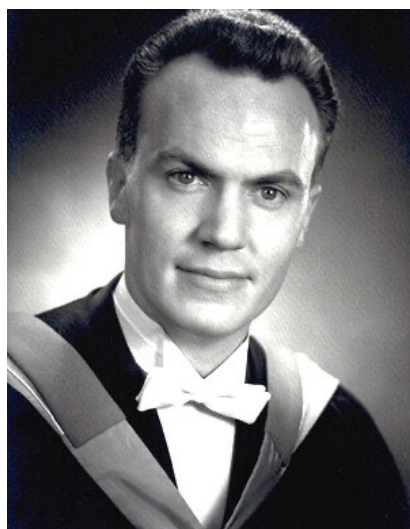
Throughout his life, Justin was a rock for his family, and so in his final days, his family did their best to be a rock for him. He will be dearly missed by his family and all who knew him. His passion for life, unconditional love for the people in his life, wry sense of humour, twinkle in his eye, and handsome smile will never be forgotten.

Master Corporal (retired) Roy Tallack, 12 February 1927 to 5 November 2023.



Roy Tallack passed away in Orleans on 5 Nov 2023 at the age 97. He was an active member of the RCDCA. Roy led a very interesting life, including joining the Merchant Navy during the Second World War at age 15. This story is included as a separate article.

Lieutenant Colonel (retired) Genadi Gunther, 17 November 2023



On November 17, 2023 Genadi at 86 years went to be with the Lord. Passing suddenly at the Ottawa General Hospital.

Loving Husband to Catherine Elizabeth (née MacLeod) for 63 years.

Gen was born in Rosenthal (Chortitza, Ukraine), the only child of the late Abram and Emma Guënthner (née Mattis), and step-son of the late John Cullen. Gen emigrated with his mother to Toronto where he attended elementary school and Bloor Collegiate Institute (BCI), being a BCI football linebacker and winning the 1955 Toronto Red Feather Championship remained one of his highlights. For bragging rights, he saved the jersey to prove it.

Genadi took great pride in being a Canadian and serving our country. As a young flying officer in the RCAF, transcending to the Royal Canadian Dental Corp, enabled him to study Dentistry graduating from the University of Toronto, class of 1968, and later an acceptance into a 2-year residency at the Walston Army Hospital, Fort Dix, New Jersey.

Gen enjoyed a series of postings in his 26 years of service, followed by opening a dental practice in Ottawa. Dr. G. was well-known as an accomplished dentist and strong business leader, who was loved and respected by patients and staff. Upon retiring from his practise, he took his healing hands, quietly and humbly to help around the globe in humanitarian efforts.

A resilient and generous man with a curious mind, a playful sense of humor and giving heart, who easily accepted others as they were, sought out and offered help to those in need.

The Gunther family is grateful for all Genadi provided. We, the family know his shining spirit lives on in us. Genadi rest in peace. Genadi was an active RCDCA member.

Chief Warrant Officer (retired) Glenn Hildebrandt, 4 May 1947 to 22 November 2023



Glenn was Born in a small town of Wheatland, MB, on May 4th, 1947. He is survived by his loving wife Judy and his 2 children.

Glenn served proudly in the Canadian military from 1962-1989. He left home and joined the Royal Canadian Army Service Corps, "The Boy Soldier's" at the age of 16, in CFB Borden, then transferred to the Royal Canadian Dental Corp. During his career he served in the Middle East and completed a tour aboard ship with the dental mobile unit in the UK. At the young age of 38, he exemplified achievement of the highest rank, Chief Warrant Officer. Glenn was always a teacher, a mentor and a leader and he was always there for you when you needed him.

On retirement he joined Atlantic Dental Laboratories in 1989 and later became sole owner and operator serving Atlantic Canada with dental laboratories ltd. He spearheaded many initiatives as part of the Canadian Dental Laboratories Technology board and helped drive the standards of performance and professionalism throughout Canada. His dedication paved the way for future generations to become highly skilled members of this industry.

He was always quick with a story and loved to talk about his adventures in the military. Many had heard those stories more than once, but wouldn't we love to hear them again. Glenn possessed a tremendous wealth of knowledge on many subjects including construction, growing food and the natural world just to name a few. He was definitely "one of a kind" and they don't make them like him anymore.

Lieutenant Colonel (retired) Robert (Bob) Francis Cooper, 31 May 1940 to 5 December 2023



Dr. Robert Francis Cooper DDS, passed away peacefully at his home in Ottawa on December 5th, 2023. He was born in Saint John, NB, the son of the late William Thomas Cooper and the late Inez Roxanna (Rathburn) Cooper.

Bob leaves behind his best friend and loving wife of 23 years, Lieutenant-Colonel (retired) Julia Sloane.

Bob will be dearly missed by his children Deborah Kerwin and J. Andrew Cooper (Lara), both of St Andrews, NB., and his grandchildren, Emilia Cooper, Paulina Cooper, Jillian Kerwin, and Jennifer Kerwin.

Bob graduated from Moncton High School in 1958 and was Valedictorian. He went to Dalhousie University Dental School receiving his DDS. He then served in the Military from 1959 until 1971 in many areas of Canada and Europe. Following that he practiced Family Dentistry in Milltown, NB, and surrounding areas for 10 years.

In 1981, Bob returned to the military retiring in 1996. Always busy, he obtained a Masters degree in Military History from the University of New Brunswick and a Masters degree in Public Dental Health from the University of Toronto. Bob had many unique interests. For years after retiring, he served as a consultant to Veterans Affairs and to Health Canada. He loved reading and travel, particularly with Julia, and did both as often as possible.

Interment will be held on Friday, May 31, 2024, at the National Military Cemetery (280 Beechwood Ave., Ottawa, ON) at 1:00 pm followed by a Celebration of Life.

Master Warrant Officer (retired) Douglas John Davies, 19 June 1933 to 9 December 2023



It is with sadness that the family of Douglas John Davies announce his passing on Saturday, December 9th, 2023 in Trenton, Ontario at the age of 90 years. He was loved and he will be missed.

Doug served 25 years in the Canadian Armed Forces ending his military career as Master Warrant Officer in the Dental Corps. He went on to teach Dental Technology at NAIT in Edmonton. Doug was an accomplished golfer and a lifelong Toronto Maple Leafs fan.

Doug was predeceased by his beloved wife Beverly, son William, brother Phillip and sister Mildred. In keeping with Douglas's wishes, cremation will take place.

Master Corporal (retired) Donald McGillivray, 12 December 2023



Peacefully in the early morning hours of Tuesday December 12, 2023, with his family by his side, at the age of 61 years. Donald McGillivray of Pembroke, beloved husband of Jean McGillivray (nee Grulick), loving father to Sara and Allison McGillivray. Best dad to his four legged buddies, Joey, Beans and Sully. Dear brother to Glen McGillivray and Heather McGillivray. Respecting Donald's wishes cremation has taken place.

A Celebration of Donald's life will be held in the Spring and will be announced. In memory of Donald Donations to the Pembroke Regional Hospital Foundation, Cancer Unit or the Crohn's Foundation, Canada, would be appreciated.

Donald started his military career as a Radio Operator and remastered to Dental Technician. After postings with 2 Fd Amb, Goose Bay and Ottawa he retired and took a civilian position as receptionist at Dental Detachment Petawawa.

Warrant Officer (retired) Shawna Chaisson, 22 August 1969 to 24 December 2023



It is with great sadness that we announce the passing of Warrant Officer (retired) Shawna Lee Florence Chaisson, which occurred at her home in St. George's Channel on December 24th, 2023. Born August 22 1969 in Halifax, she was the daughter of Carolyn Amelia (Dunphy) Boudreau, Charlottetown, Prince Edward Island, and the late Everett James Chaisson.

Although Shawna lived only 54 years, she lived a full life: full of love, full of adventures, and full of laughter. There was never a dull moment when Shawna was around. Her smile was infectious and most genuine. When she smiled, it came from her heart. Shawna was dedicated to a life of service, from her civilian and military years as a dental technician, to her studies as a medical lab technician, and later, her time as a massage therapist. Shawna's talent extended beyond her service work. She excelled at crafting and discovered a passion for acrylic painting in

recent years during her illness. Those who have had the privilege to cross paths with Shawna, even for a brief moment, felt how special her soul was and will carry a piece of her with them forever.

Shawna will be deeply missed by her husband Ronald Joseph Gordon Young; daughter Brittany Lee Samson (Corey Clarke), Mount Albion, Prince Edward Island, and son Brady Joseph Samson (Claire Elizabeth Zwicker), Toronto; Mother Carolyn Amelia (Dunphy) Boudreau and her stepfather Alvin Joseph Boudreau, Charlottetown, Prince Edward Island; sisters Pamela Sampson (Brian), Pembroke, Ontario, and Vanessa Jeffrey, Prince Edward Island; brother Christopher Jeffrey, Louisdale; many uncles and aunts, cousins, and many many friends whom she loved dearly.

Doctor Raymond Joseph LeBlanc, 14 April 1948 to 26 December 2023

The family of Dr. Raymond Joseph LeBlanc of Ardmore, Alberta announces his unexpected passing on Sunday, December 24, 2023 at the age of 75 years.

Raymond is lovingly survived by his wife of 52 years: Patricia LeBlanc; two sons: Christopher (Jennifer) LeBlanc, Jeffrey (Kala) LeBlanc; grandchildren: Tyson LeBlanc, Jackson LeBlanc, Lukas LeBlanc, Emily LeBlanc; sister: Claire Pursell.

Dr Leblanc graduated from dental school in 1975 and was promoted to major in 1983. After retirement he practiced dentistry in Bonneville, AB (near CFB Cold Lake).

Warrant Officer (retired) Andrew (Willy) Miles Wilson, 21 February 1941 to 28 December 2023



Andrew (Willy) Miles Wilson, of St John, NB, passed away on 28 December 2023 peacefully at University Hospital Palliative Care Unit, London, Ontario. Willy was born on 21 February 1941 to William and Alice Wilson in St John, NB.

In 1957, at the age of 16 he joined the Canadian Army as a boy soldier and retired in 1991. He served as a lineman, dental assistant, and dental equipment repair technician. After retiring from the Canadian Armed Forces, Willy worked as a dental repair technician for DENCO and then for the Faculty of Dentistry at UWO.

Willy is survived by son CWO (ret'd) Mike Wilson, Carol Ann Wilson, Leah Monteith and Karen Monteith and many grandchildren and great grandchildren.

LOOKING BACK - The Life of Roy Tallack

By Col (Ret'd) Peter McQueen &
CWO (Ret'd) Cliff Beauchamp



Roy (centre) with friends at the Orleans Legion

A long time ago a teenaged boy stood with his father in the Royal Navy Dockyards of Portsmouth. There were searchlights and explosions. German bombers above, searchlights, anti aircraft guns below firing - it was 1942. That teenager later became a member of the RCDG and the RCDCA, and this is his story. His name is Roy J Tallack. He was born 12 February 1927 and passed away 5 November 2023 at age 96.

Over the last ten or so years a group of us (former dental corps types) would meet for a coffee or a meal with Roy, sometimes at the legion, sometimes at his seniors'

residence. He was a very likeable person. As time passed, we learned there was a lot more to his career than seen at first glance. Subsequent get-togethers opened the dialogue of his past.

Roy was born in Southampton, England, which is not far from Portsmouth. His father was a naval gunnery instructor in the Royal Navy at Portsmouth. Roy had one sister and two brothers.

The first ship he was on was a fuel tanker that they would go around the English coastal waters and the English Channel, providing fuel to Royal Navy motor torpedo boats patrolling the English Channel, and to pump aviation gas into seashore holding tanks used to fuel Royal Air Force fighter aircraft.

The following is text recorded as Roy spoke, edited very slightly for readability.

"It was just like any other day here in Southampton, damp drizzle in the odd dry spot - that is, if you look hard enough. Dad and I had just come from the fish and chip place, and we were finishing our supper walking along the dock to where the boat I was joining was moored. There was a half moon, so it wasn't too bad seeing where we were going, in fact, it was quite bright walking on an old jetty we didn't talk but were looking down the way to see the direction of Portsmouth, better known as Pompey to the locals. Dad was saying I hope there won't be too much of a delay getting into Pompey - it looks like it was getting the right going over lots of searchlights and anti-aircraft fire and explosions. The trouble was getting home from the station if and when he got there, since he was catching the train to Portsmouth and getting a bus from the station to go home, but air raids meant no buses and there was always debris on the roads.

We saw the ship at the far end of the jetty, it was a tanker. We couldn't see the name, it was painted over, but it was smelly and old, and we found out that she was in service in World War I. Looks like if she was loaded but now there wasn't a light to be seen since there was a blackout. It was the same as everywhere in England during the war."

I found the ships gangway shown by a shaded light just enough to make sure you saw the gangway and didn't slip and land in the sea. I said goodbye to Dad and as always, he told me not to get into any nonsense - to make sure I did my work well and stayed out of trouble. He gave me a bag that had a bar of soap, a toothbrush, and a change of clothes, which were all of my worldly positions. Dad came through again and he pressed a half-crown (a 2-½ shilling coin) in my hand and said "don't spend it all in one place."

I started up the gangway when I heard a voice cry out "what do you want?" I told him who I was, and I was there to sign on. "Follow me" he said, I started walking, then I looked back at Dad and saw him on his way, he gave me a wave.

Next thing I knew I was standing in front of a cabin door. I knocked, and I was told to come in. There was a man sitting at a desk, he asked me who I was and asked me for my papers, which he read, then he told me he was the captain and welcomed me aboard, and said we're going to be leaving in the morning.

He told me there is a small cabin available as there would not be an apprentice on board for the next run and I could use his cabin. He told me to get a hold of the chief engineer to see if he needed anything and also that I should report to the duty officer that I've arrived and then I should get settled in.

The duty officer, who was the First Mate, asked my name, where I was from, and he wrote this in a book. He noticed where I was from, and he mentioned the bombing in Pompey was getting pretty bad. He asked me my age, and I told him I was 16. He looked at me and laughed and said it would be quite a while before that day came around, but he wished me all the luck and told me that he was always around if I ever needed him. He knew I was not 16 years old.

I found a cabin and started to get settled in. There was a porthole over the sink and there was a notice by the portholes that the deadlight should be closed during air raids. I looked around to see what a dead light might look like. There was a small closet where I could hang my coat and the bits I had with me. Hanging inside was a jacket, trousers, a pair of shoes and some shorts, and a box with books and papers - it must have belonged to the apprentice who was no longer with us. I went off to see the First Mate to see what I should do with all this gear. He was in his cabin and he told me to sit on the bunk. I told him about all the gear in my cabin and I asked him what am I going to do with it, it wasn't in the way and it could stay 'till this guy came back. It was then that he told me that Frank (that was the guy's name) wouldn't be back because he was dead.

Seems that he was killed in an air raid over London a few weeks ago, so the gear was just left there. He said I might as well sort it out and use what I wanted. The radio room was just opposite, so I looked in and met "Sparks" - at least that was what he told me his name was. It was just another cabin, one bunk and a radio along the wall. I might as well tell you that the wall on the ship was called a bulkhead and the ceilings are overheads, and it took me awhile to get used to this terminology, but I soon got the hang of it. Getting back to "Sparks," he was from Liverpool, and he'd been on board the ship for over a year, and he said that most radio operators are called 'Sparks'. It's a nickname and he never knew why. Maybe because he never made any. I was on my way back to my cabin when I ran into a Chinese man with a life jacket, he said his name was Charlie and he was the cook, and he had just taken the captain some tea and would I like a cup of tea? I said yes, that would be fine, he said follow me to the galley. I'm glad he did, he pointed out a few places along the way like the mess where the officers eat and the crew eat. We all eat the same food but theirs was dished out, no difference to me cause I usually just eat out of the newspaper.

Charlie took me to the chief engineer's cabin and caught him just before he went inside. He said come on in, he was a Scotsman, and he had a bigger cabin with lots of books and papers. He told me to sit on the bunk as he sat in the chair, then he asked why I wanted to go to sea and a couple of questions of that nature, just to get some ideas to know what I wanted, as I was pretty young. He had already talked to the mate and knew about my age, so I didn't have to lie again. He said they would bake a cake when that 16th birthday came around but he wanted to see me in the engine room at first watch, which I found was 8 bells, again terminology in the Navy. 8 bells was 8:00. I was told by Charlie that if I wanted breakfast, to be in the mess by 7 bells or at 6 bells to eat with the group who would be going on watch, so I could follow them if I wasn't too sure where I was to go. I went back to my cabin and began to sort out the stuff that was left by the dead apprentice (Frank); his coveralls fitted me OK, a little long in the leg, about 6 inches - I could roll them up for now until I could get them altered. I wasn't very tall which is why I was called Stitch (about 5'-2" in stocking feet). It was a blessing, as I didn't have to keep my head down when I moved around on board like most of the crew. I heard a few new words, which I added to the list. I already knew some new words and some that just didn't make sense until later on.

The shoes fit well, a lot better than those I had, so mine became everyday work boots and the other was my walking out shoes. The jacket was a little long in the sleeves, but it had brass buttons (real smart). I could wear it ashore and look like one of the crew, then people will know I am a member of a crew.

We were well on our way at sea when I went for breakfast, and I met most of the crew, who were glad to see me. They welcomed me aboard and told me to go find a seat and get eating. It was a help yourself meal: oatmeal, toast, jam, eggs in the morning - seems like you eat what you get put in front of you. Lots of tea and right now there was fresh milk. When you run out of it it's back to the condensed stuff, which is no problem for me because I was brought up on that, still, it was nice to have real milk now and then and it did make the oatmeal taste a little bit better. But then I never did complain about the oatmeal, or I would have been wearing it. I had a few minutes before my watch; I looked at the shore to see we were coming up to Portsmouth and there was smoke all over the place; it must have had a "right going over" from the air raids. We couldn't see too much 'cause we were really low in the water and I wasn't sure if I was

allowed up on the bridge. I went and had a look at the starboard side and there was the Isle of Wight, just as I would have played at the beach when I was a kid. That was a stupid thought, I'm still a kid to my shipmates.

Going down the gangway to the engine room I met a couple of the crew on their way to the mess and they wished me all the best and that they'd see me around. I continued down to the engine room and looked around and spotted the Chief and went to see him. He said where's your boiler suit? you can't work like a deckhand on a holiday!!! see if anything fits you in the locker there and he pointed to a locker. I found one that nearly fit and I turned up the caps and sleeves didn't look too bad but it was a good laugh for everybody all around me. I grinned at them, and I realized they must have looked at me like a circus clown.



1966 Dental Assisting Course. Roy is in the centre of the back row,
Co-author Cliff Beauchamp is third from right in the back row.

The chief told Frank, who was the fireman on watch at the time, to show me around and told me what he did. I couldn't remember after all that talk and pointing but I was very sure after a couple of watches, if I held on to every word and maneuvered to what Frank had said and showed me, it would be OK. I worked alongside him for six weeks until I knew what it was like to be a fireman and stand my own watch, but it would be quite a while before that date came. They were even reluctant to let me make the tea - only when they were busy during maneuvers and fuel transfers. I must have been the

youngest apprentice fireman around. I was sort of promoted to helping the deck engineer with what a deck engineer does. I had a few weeks of training with pump switches and all types of machinery that required steam.

Pumps needed attention all the time, after all this was a tanker that had to transfer fuel from one tank to another or to another ship. Electric driven pumps would be a hazard in case of sparks; a fire would be very hard to control because they would be transporting high octane fuel for fighter aircraft, which we delivered to fuel dumps along the coast. After working and learning the trade for over a year I had a new position - Deck Engineer (not a certified engineer). I only had discharge certificates for my two previous ships but I was recognized by the chief engineers I worked for and I signed on as such on all the ships with a little bit more pay. I was now considered a member of the Merchant Navy, but it took me a year and a half to get there and no one was prouder than my mother.

Once I had this training and qualification, when you were ashore for a long period of time you could go to the hiring hall and pick any ship. You could make yourself available, whether you were an able seaman, firemen, oiler, cook, or anybody needed that it took to run the ship. If you didn't know then, you sure did when you were at your job, and you soon realized you're part of a crew that made the whole thing worth it and to say "sure, that that's my ship." I was lucky to work on a ship that did three Atlantic crossings with no problems; yes, a couple of warnings that we were in a danger area and to double the watch for any trouble. We were in Halifax, NS waiting to be loaded and we had to wait our turn. We were alongside the dock when I first made contact with snow. I woke in the morning and put my hand on the snow had come through my porthole and blown all over my bunk. Suddenly there was a greeting from Sparks "welcome to Canada." Sparks was on watch so we both went on deck, and it was a bit nippy. I didn't have one of those toggle coats like everyone else was wearing. We were looking at the other vessels getting loaded ready to go back to England carrying all kinds of cargo to help our war effort, it seemed that there's nobody that's just standing around. Everyone's working doing all kinds of shifting, pushing, driving; everything was moving as if it was a part of the job to keep things moving into place for the next part of the job to be done."

In late 1945 (age 18) Roy enlisted in the Royal Army Service Corps, trained as transport driver, and was stationed in Glasgow. Soon after his training was completed, he was sent to India for three months, where he was designated as a driver (Batman) to British Army Major Reginald Courtney Browne in 1945. The wars with Japan and Germany ended and England quickly sent occupation troops to both countries. Major Browne was posted from India to Japan to monitor the Japanese military and Emperor's actions and to keep British Headquarters informed. He convinced the British Army that his batman should accompany him, so Roy was sent to Japan in about 1946, where he stayed for possibly a year. During that time there were side trips to Hong Kong and Major Browne wrote a book about his observations in Japan. The book is named *Tojo: The Last Banzai* (still available on Amazon). Over time they became friends.

Courtney Browne was born on 3 February 1915 in London, England, UK. Courtney was a writer, known for *The World at War* (1973), *Tyranny: The Years of Adolf Hitler* (1959) and *The Two Faces of Japan* (1960). Courtney died on 23 February 1994 in Winnipeg, Manitoba, Canada.

In addition to having served as a major in India, Burma, and China during World War II, Courtney Browne had a deep knowledge of, and many personal encounters with, Japan. He was a member of the British Commonwealth Occupation Force; a witness to the War Crimes Trials; one of the few foreigners to win the confidence of Tojo's wife; and a resident of Japan for a decade.

In 1948 Major Browne returned to England and Roy was discharged. Roy returned to working on ships eventually qualifying as a Chief Engineer. He sailed in many different ships: cruise ships of the Cunard line, cargo ships, freighters and petroleum cargoes. In about 1956 he returned to Canada (Toronto) and this ended his maritime career. He married and started a family.

In 1957 Roy enrolled in the Canadian Forces and was posted to Canadian Forces Base Chilliwack, BC for training for with the Royal Canadian Engineers (RCE). He remained there until 1962 when he and his family were posted to 4 Brigade (Hemer, Germany). While there he applied for re-muster to the Royal Canadian Dental Corps. While waiting for his dental training in Canada he was seconded to the RCDC clinic in Hemer. It's interesting to note that the clinic was commanded by a young Major Fred Begin.

In 1966 Roy was transferred to Camp Borden, Ontario for training as a dental clinical assistant and upon graduation was posted to Canadian Forces Base Griesbach Barracks in Edmonton. Later he moved to CFB Namao near Edmonton until 1970. In 1970 he completed the PL 5 Dental Laboratory Course at CFDSS Camp Borden and was later posted to CFB Winnipeg. During that posting he retired from the Canadian Forces in 1977, after serving 20 years.

While in Winnipeg Roy worked at the University of Manitoba Dental Faculty, doing lab work and working with private practice dental specialists to fabricate specialized dental appliances for Oro-facial reconstruction. He retired from that post in 1988.

Just to note that there was more to Roy's life than military:

- He was a golfer till age 80.
- A high ranking Mason.
- Marching bands member
- Played a couple of musical instruments.
- Was a Shriner
- Enjoyed trips to Las Vegas casinos.

All that began as a 15 year old boy with a bar of soap, a toothbrush and one change of clothing.



Roy at CFDSS Dental Lab Tech Course, 1970. Roy is in the middle of the second row.

RCDCA Crested Ball Caps / Casquette à l'effigie de l'ACDRC



The RCDCA has a limited supply of crested ball caps available for sale. There are solid sided caps in black and green, mesh sided caps in white that have an opening for a ponytail, and visors in white.

Price is \$25 for the ball caps and \$20 for the visors, with a charge of \$15 shipping for each order. Members in the NCR can arrange pick-up in lieu of shipping.

Please order from the President at rcdca_acdrc@icloud.com

Nous disposons un nombre limité de casquettes à l'effigie de l'ACDRC disponibles que nous vous offrons à bon prix. Il y a des casquettes noires et en verts, des casquettes blanches avec ouverture pour une queue de cheval et des visières en blanc.

Le prix est de 25 dollars pour les casquettes et de 20 dollars pour les visières, avec des frais d'expédition de 15 dollars pour chaque commande. Les membres habitant dans la région de la capitale nationale pourront demander de se faire livrer la casquette au lieu de payer les frais d'expédition.

Les commandes doivent être adressées au président à l'adresse suivante: rcdca_acdrc@icloud.com

Royal Canadian Dental Corps Association 'Kit Shop'

'Kit Shop' de l'Association du Corps dentaire royal canadien

The RCDCA is pleased to offer the following items to RCDCA members and to civilian and military serving members of the RCDC. Please order from the President at rcdca_acdrc@icloud.com

RCDC Regimental Silk Tie: Cost is \$35. The length is 60". This tie is for all serving and retired members of the RCDC and CFDS.



RCDC Lady's Brooch: Cost is \$75.

RCDC Blazer Crest: Cost is \$25. Crest is 2-3/4" x 4". This crest is authorized for wear by all current members of the RCDC and retired members of the CFDS.

RCDCA Blazer Crest: Cost is \$25. Crest is 3-1/4" x 4". This crest is authorized for wear by all RCDCA members or members of the RCDC pre-1968.



RCDC / CDRC

L'ACDRC est heureuse d'offrir les articles suivants aux membres de l'ACDRC et aux membres civils et militaires du CDRC. Vous pouvez les commander du président à rcdca_acdrc@icloud.com.

Cravate régimentaire du CDRC faite en soie: Le coût est de 35 \$. La longueur est de 60 po. Cette cravate est appropriée pour tous les membres actifs et retraités du CDRC et du SDFC.



Broche du CDRC pour dame: Le coût est de 75 \$.

Cimier du CDRC pour blazer: Le coût est de 25 \$. Le cimier mesure 2-3/4 po x 4 po. Ce cimier est approprié pour tous les membres actuels du CDRC et les membres retraités du SDFC.

Cimier de l'ACDRC pour blazer: Le coût est de 25 \$. Le cimier mesure 3-1/4 po x 4 po. Ce cimier est approprié pour tous les membres de l'ACDRC ou les membres du CDRC qui ont été en service avant 1968.



RCDCA / ACDRC