

# The FANG Gazette

## les crocs vedettes



ISSUE 14

DECEMBER/DÉCEMBER

2000



Merry Christmas and Happy Holidays



# 2000 Christmas Message<sup>o</sup>

## From the Director

This has been a remarkably good year for the CFDS and more importantly, for our patients. After enduring a downsizing in the mid 90s, Armed Forces Council approved in March a significant increase to our establishment. Furthermore the fractionation of the CFDS command and control structure has been eliminated and clear accountability of the Director has been established.

I am very pleased to report that the "Mozart" MOC review has approved the retention of 27 uniformed hygienists as "specialized" dental assistants. This is a significant boost to the morale not only of hygienists but also gives highly motivated dental assistants an excellent opportunity to progress within the CFDS. Plans are also well-advanced to improve the CFDS in terms of organization structure, appropriate ranking and renovations.

Why have we been successful in these initiatives? Well, a lot has to be said for being persistent and focussed. More importantly however, the credit belongs to the fact that we have maintained, throughout difficult times, focus on our patients. The reputation of our clinicians for providing excellent care has always been a CFDS forte. The maintenance of 24/7 care was certainly not lost on the senior CF leadership. Finally, the presentation of complete and accurate performance management data was critical to our success.

So we can relax, right? Well no. The trust and vote of confidence that we have been afforded by the senior CF leadership must be validated. The CF has limited resources. Difficult choices had to be made to support us. It is up to us to show that the confidence was well placed. Bottom line – we must continue to show dedicated and compassionate care to our patients.

I look forward to the New Year with continued optimism. Keep up the great work. Enjoy a safe and wonderful holiday.

John Currah  
Colonel  
Director of Dental Services

Ce fut une année remarquablement bonne pour le SDFC et, de façon plus importante je dois dire, pour nos patients. Après avoir enduré des coupures majeures au cours des années 90, le Conseil des Forces Armées a finalement approuvé, en mars dernier une augmentation significative de nos effectifs. De plus, le fractionnement de la structure de commandement et contrôle du SDFC a été éliminé et nous relevons à présent directement du Directeur du Service Dentaire.

Je suis vraiment heureux de pouvoir annoncer que le projet "Mozart" sur la révision des GPM a approuvé la rétention de 27 hygiénistes en uniforme en tant qu'assistants dentaires "spécialisés". Ceci constitue une excellente nouvelle non seulement pour le morale des hygiénistes mais pour celui des assistants dentaires qui seront fortement motivés par les bonnes opportunités de progression au sein du SDFC. Les plans vont aussi bon train pour ce qui est des améliorations voulues à l'ESDFC en terme d'organisation de structure, de détermination des grades appropriés et des rénovations.

Pourquoi avons nous obtenu autant de succès dans ces initiatives? Eh bien, nous avons dû être persévérants et assez insistants. Mais le plus important est que pendant ces temps difficiles nous avons toujours gardé le focus sur nos patients. L'excellente réputation de nos cliniciens et leur professionnalisme a toujours été un point fort du SDFC. Le fait que nous maintenions un service d'urgence 24/7 est sans contredit, très apprécié par les hauts dirigeants des FC. Finalement, le fait que nous soyons capable de présenter et de gérer une quantité importante de données et de renseignements sur nos performances fut un facteur critique dans la détermination de notre succès.

Maintenant nous pouvons relaxer n'est-ce pas? Eh bien non. Le vote de confiance que nous avons réussi à obtenir de nos dirigeants supérieurs doit à présent être validé et justifié. Les FC ont des ressources limitées. Des choix difficiles ont dû être fait pour nous supporter. Ainsi, il n'en tient qu'à nous de leur montrer que les bons choix furent fait. Plus clairement, nous devons continuer à procurer des soins attentionnés et de qualité à nos patients.

J'entrevois la nouvelle année avec optimisme. Continuez votre bon travail. Ayez de merveilleuses fêtes enjouées et sécuritaires.

John Currah  
Colonel  
Directeur du service dentaire



# The Commanding Officer's Christmas Message

The new millenium has begun dawning a new and brighter future for the CFDS. The year 2000 has been a good year and life for the CFDS is better now than it has been in some time. We have many milestones to celebrate despite a few residual problems. Reforger has been passed, 1 Dental Unit has been retained, a Performance Management Contract (PMC) has been signed between ADM (HR-Mil), DGHS, and D Dent Svcs. This PMC, amongst other things, puts the CO and 1 Dental Unit under the Command and Control umbrella of the Director instead of CFMG. For the first time since 1994 we had a large group (16) of new dental officers graduate from the Basic Dental Officer Course, and they are the keenest bunch of young dental officers the Corps has seen in awhile. Overall recruiting is up and the officers should be up to the new Preferred Manning Level (PML) within a few years. Recruiting for 722s has been started, NCMs have had a pay raise this year, and hygienists in uniform have been retained. Post-Grad training is going strong. The process of moving some of our personnel in ops back to the Unit has begun. We indeed have a great deal to smile about. Not to say we still don't have a few rough spots to iron out and hurdles to cross, but generally life is good and getting better.

Within the CFDS there has been change in senior management, and there will continue to be change. The one constant is how well we speak with one voice, see the same vision, and get the job done. I have great confidence this will continue.

The new year should herald bigger and better things for our Corps. I wish everyone health, happiness, and a very safe and joyous holiday season.

S.A. Becker  
Lieutenant-Colonel  
Commanding Officer  
1 Dental Unit

L'avènement du nouveau millénaire a marqué un changement de cap pour le SDFC, et l'avenir s'annonce meilleur si on en juge par l'an 2000. En effet, nous avons eu une année comme nous n'en avons pas connue depuis un certain temps. Nous avons franchi beaucoup d'étapes importantes et nous avons de nombreuses raisons de nous réjouir malgré quelques problèmes encore à régler. Ainsi, l'opération *Reforger* a été une réussite, la 1<sup>re</sup> Unité dentaire n'a pas été démantelée et une entente est intervenue entre le SMA(RH-Mil), le DGSS et le D Svc Dent relativement à la gestion du rendement. Cette entente a pour effet, entre autres, de placer le commandant et la 1<sup>re</sup> Unité dentaire sous le commandement et le contrôle du Directeur (ils auraient dû relever de lui depuis toujours), alors qu'ils dépendaient jusque-là du GMFC. Autre fait à signaler : nous avons intégré, pour la première fois depuis 1994, un groupe important de nouveaux dentistes. Ils ont été seize à terminer le Cours de dentiste militaire du niveau élémentaire. Il y avait un bout de temps que le Corps n'avait pas vu un groupe de jeunes dentistes aussi enthousiaste. Je voudrais ajouter que le recrutement est à la hausse dans son ensemble, et que le nombre d'officiers devrait atteindre le NPD d'ici quelques années. Le recrutement a d'ailleurs commencé pour le GPM 722. Autres bonnes nouvelles : les MR ont reçu une augmentation de salaire, les hygiénistes font toujours partie de l'effectif, le nombre de personnes inscrites à des études supérieures se maintient et certains membres de notre personnel affecté aux opérations sont en voie d'être réintégrés à l'Unité. Comme vous pouvez le constater, nous avons vraiment de quoi nous réjouir. Cela ne veut pas dire qu'il ne nous reste pas de difficultés à aplanir ou d'obstacles à franchir, mais en règle générale, nous pouvons dire que la vie nous traite bien et que les choses vont en s'améliorant.

Nous avons observé au sein du SDFC des changements au niveau de la haute direction et nous en prévoyons d'autres. Ce qui ne doit pas varier, c'est que nous véhiculons le même message, que nous partageons la même vision et que nous nous acquittons de notre mission. Je suis tout à fait certain que la situation ne changera pas à cet égard.

La nouvelle année s'annonce sous de favorables auspices pour notre organisation. Je forme des vœux de santé et de bonheur à l'occasion des fêtes et vous souhaite de passer de joyeuses vacances de Noël en toute sécurité.

Le commandant de la 1<sup>re</sup> Unité dentaire  
Lieutenant-colonel S.A. Becker



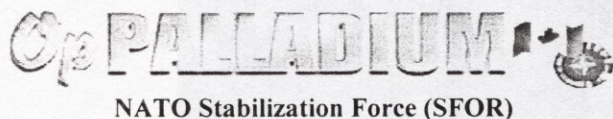
# Ops Update

by LCol James Taylor

On 1 Sep 00, Col Currah stood up the D Dent Svcs 3 cell within the Directorate of Dental Services, comprising:

D Dent Svcs 3	LCol James Taylor
D Dent Svcs 3-2 (Dent Ops)	Maj Drew Fullerton (EME)
D Dent Svcs 3-3 (Dent Trg)	Maj Charmaine Payne
D Dent Svcs 3-4 (Dent Coy CSM)	MWO Lorraine Shirley

D Dent Svcs 3 is responsible to D Dent Svcs for the development, maintenance and implementation of doctrine, policy, planning, liaison and staff coordination (as appropriate) of operations and training for the CFDS and for CFDS personnel. Our cell joins those of D Dent Svcs 2 (Dent Tmt Pol), D Dent Svcs 4 (Dent Accoms & Mat) and Dent Fin Mgmt under the direct command of D Dent Svcs, as does the HQ of 1 Dental Unit.



NATO Stabilization Force (SFOR)

## ROTO 6

Welcome Home! Capt Mike Moser  
MCpl Cathy Dwyre

## ROTO 7

Currently Deployed: Capt Colin Duffy  
MCpl Sylvie Marcoux

Capt Mike Kaiser  
MCpl Marilyn Ryan

Alternate Team: Capt François Theriault  
MCpl Dave Hall



NATO Kosovo Force (KFOR)

## ROTO 1 (final):

Welcome Home! Capt Tim Pohlman  
Sgt Charles Langlois

## CFDS Working Groups - Ops Activities

There will be held again this year, in conjunction with the 2001 CFDS Working Group in Winnipeg, an Ops Meeting for CFDS personnel currently posted to Role 2 or Role 3 HSS organizations. It is scheduled for Sunday 25 Feb 01, and will again take place in the Mynarski Room at 1 CAD HQ in Winnipeg. MWO Shirley will be coordinating the Meeting sessions and presentations; Capt Sandra Labbé (1 Dent U Det Winnipeg) will be the on-site coordinator for this event, and thanks go out to her in advance for her efforts in this regard.

Given the popularity of the half-day NCM plenary session on CFDS Field postings held during last year's CFDS Working Group (as organized by then-WO Shirley), Col Currah has decided to include an all-ranks half-day plenary session on CFDS Ops, to be held on the morning of Wednesday, 28Feb01. MWO Shirley will again be coordinating this session. We in D Dent Svcs 3 look forward to seeing you all there!

## Promotions

Congratulations go out to Maj Carolyn Silver of 2 Fd Amb in Petawawa.

## 1 Dental Unit Ops Survey

Finally, for the folks in the 1 Dent Unit Dets, 1 Dent Unit HQ has forwarded us the results of the Unit-wide Dent Ops posting preference survey which they very kindly conducted in support of D Dent Svcs 3. MWO Shirley has collated this information, which will aid us in planning HSS Role2/3 posting and deployment opportunities for D Dent Svcs. Please contact Maj Fullerton or MWO Shirley for information regarding these opportunities or other CFDS Ops matters.



# Post Grad Corner

by LCol James Taylor

## CFDS TRAINING

On 17 Oct 00, the CFDS Postgraduate Selection Board identified the following Candidates for anticipated PG starts with the US Army Dental Corps in Jul 01:

### Advanced General Dentistry

Training takes place at Fort Bragg, North Carolina or Fort Hood, Texas.

First Primary	Maj Ray Warmerdam 2 Fd Amb Petawawa
Second Primary	Maj Charmaine Payne D Dent Svcs Ottawa
Alternate	Capt Mike Kaiser 1 Dent Det Petawawa Presently deployed on TFBH - VK

### Prosthodontics

Training takes place at Fort Gordon, Georgia.

Primary	Maj Duncan Chambers 1 Dent Det Greenwood
Alternate	Capt Jacques Girard Dét 1 <sup>re</sup> U Dent Valcartier

Bravo Zulu to the selected Candidates, as well as to Maj Cynthia Aita, who was promoted to that rank 1 Dec 00 at her PG Prosthodontics program at Fort Gordon, GA.

Finally, regarding new training opportunities, Col Currah has given the green light for CFDS personnel to apply, on a voluntary basis, for positions on the CF Basic Parachutist (Trenton) and Ship's Diver (Halifax) courses. The CO of the Canadian Parachute Centre (LCol Bartlett) has advised me that he looks forward to the opportunity to provide training positions for CFDS personnel. Please contact Maj Payne for information regarding these or other In-Service, Out-Service, or Foreign-Military training opportunities.



*Happy Holidays from Dent Ops & Trg!*





# CDA Board of Governors Meeting

By LCol James Taylor

On 15-16 Sep 00, Col Currah once again represented the CFDS at the Annual CDA Board of Governors Meeting at the Westin Hotel in Ottawa in his capacity as a Member of the CDA Board of Governors. In association with this meeting was the CDA President's Gala, which took place at the Chateau Laurier, where Col Currah was joined by our new Colonel Commandant, Mr. Jardine Neilson, in his first official event as the CFDS Col Cmdt.



LCol Taylor, Dr. Diggins (CDA President), Col Currah, Mr. Weber (CDA Executive Director) and LCol Swan at the CDA Aboard of Governors Annual Meeting



LCol Taylor, Col Currah, Dr. Conrod (incoming CDA President), Col Neilson and LCol Swan at the CDA resident's Gala.



# My Trek during Nijmegen 2000

by Capt Tracey MacCormack

This year I had the opportunity to belong to one of two Adm(HR-Mil) teams for OP NIJMEGEN 2000. The well-known 4 days Nijmegen march took place from 18-21 July 2000. Approximately 40,000 people took part, of which more than 5,600 were military. The Canadian Contingent, 350 plus Regular and Reserve force personnel and numerous Cadets and support staff, left Canada on 14 July 2000. This was Canada's largest contingent since Nijmegen's

conception in 1916. During Nijmegen we stayed in Camp Heumensoord; which housed all military competitors. The camp had all of our required needs – including a beer tent for evening activities...

Each Canadian team was comprised of 11 people, including a team leader. The whole concept of Nijmegen is to march 40 km's per day, for 4 consecutive days carrying 10 kg's of dead weight. Each participant who completes the march within the prescribed time limit gets a medal; if the team completes the march with at least 10 members, the team is awarded a team medal. Training for the march took me over approx 650 km around the Ottawa area over a 3-month period.

During the third day of the march, the Canadian Contingent had a small memorial service at Groesbeek, the Canadian War Cemetery. On 7 February 1945, the Canadians, under the command of General Crerar, were responsible for clearing the Germans from the corridor

between the Maas and Rhine rivers. The 30th British Corps joined the First Canadian Army for a total force of about 400,000 men. The Germans, occupying well-fortified positions, offered stiff resistance. After breaking through the strong outer defences, the advancing Allied troops found that the Germans had flooded the land, turning the assault into an amphibious operation. After weeks of bitter fighting, the German resistance ceased on

10 March 1945.

This battle, which cost the lives of 5,304 Canadians, broke the back of the German armed forces in the Netherlands. The Canadian cemetery near the town of Groesbeek, which lies at the edge of the battle area, is a permanent reminder of the price of success.



Capt MacCormack (front row at the far left) with her Nijmegen team at the finish line just after receiving their medals

During the march, each competitor goes through a number of mental "highs" and "lows" which are just as

exhausting as the physical part of completing the march. To help us keep our mind off the marching, we handed out Canadian souvenirs such as pins, pennies and flags while going through the numerous villages.

Completing the Nijmegen March was an experience I will never forget. The euphoria of the Dutch people towards the Canadians was overwhelming. We were always being greeted with open arms and cheers whenever someone saw the Canadian uniform or a Canadian flag. Being in Holland also gave me more insight into the history of the liberation of Holland and the great loss of Canadian lives as a result.



# So What's New in Edmonton?

by Capt Antonella Trache

The Edmonton Garrison Dental Detachment, as always, is a hub of activity – even more so now as the end of the year is approaching. There is a big push on the part of management to see as many people as humanly possible for the annual exams. We're catching up to many delinquents! Maj Lysechko has been away from the clinic on numerous occasions in recent months that some of the mice have been spotted playing around. He was on TD in Calgary and Moose Jaw before leaving for Germany on a well-deserved vacation. Maj Austin, having missed the joys of general dentistry, went to Moose Jaw on TD to do just that. With Maj Lysechko gone, Maj Austin took the helm at the clinic. Our "efforts" (Capt Moser and myself) are beginning to show results as is evidenced by the new wrinkles on his face. In August we officially welcomed Maj Vankka, the new Oral and Maxillofacial Surgeon. For months we had been saving all of the difficult wisdom teeth that we could find. Although these cases could not compare in glamour to mandible advancements, we hope that he found them interesting. Maj Vankka, together with Maj Lysechko, Maj Austin and Capt Mohr – the Detachment's Prosthodontist – make up the regional specialist team. Their presence ensures that our most challenging patients get the best treatment possible. In October we welcomed back Capt Moser, "fresh" off Roto 6. Capt Moser was replaced

in Bosnia by Capt Duffy. (We are so sure that Capt Duffy misses us all that care-packages full of Mars bars have been sent to soothe his loneliness.) As for Capt Moser, we immediately proceeded to put him to work rid himself of any bad habits he may have picked up overseas. Capt White has been had an elusive presence in the dental clinic. As our only recent graduate (from the University of Western Ontario), he has spent the better part of the time since his graduation on military courses and away from the chair. By the time we got to know him a little better, he was off again in August to Borden. He will be back in Edmonton by the time you read this article.

For those who may recognize my name, I'm back in uniform after trying my hand at private practice for 2.5 years. In short, the grass on the other side was not as green as it had originally appeared. I really missed the camaraderie of the CF Dental community, my government-subsidized wardrobe, the phenomenal continuing education courses (such as the Oral Surgery course I was on a RMC in November), and even the sacred PT time.

As for the day-to-day operation of the clinic, WO Giroux continues to keep the ship afloat. In the early part of the summer, he was part of the directing staff on the Dental Assistants' Supervisory Level course.

Sgt Dwyre, having returned from her tour in Bosnia, assumed responsibilities in the Senior DA position. This summer we welcomed Sgt Gilholm, posted in from Ottawa. He took over the Senior Dental Hygienist role from Sgt Bishop who retired in September and moved to Calgary to finally be with her husband. Sgt Gilholm's challenge is to find and hire one or two civilian Hygienists to fill in the vacant positions. This task is proving to be a difficult one given present financial considerations. Rumour has it the dentists themselves may have to do their own cleanings. That is quite a scary thought! MCpl Chaisson was posted to HSOTU and the clinic from 1 Fd Amb. MCpl Plante became Maj Vankka's Dental Assistant, while Cpl Clark has been keeping Dr Mohr organized and busy. MCpl Quaghebeur has taken over the supply and ordering of materials. She ensures that all of the dentists have all that they need to do their job and that there are no excuses not to work. With so many military staff away on TDs or courses, the dental clinic in Edmonton would have to go to half days if it weren't for our civilian dentists and dental assistants – thanks!

Well, that is all the news from Edmonton. All of us in Edmonton with all of you out there a merry holiday season and a very prosperous New Year.

Sanitas in Ore



# From Petawawa The Garrison of Choice

It's happened, it's finally happened. Was it the waters of the Ottawa River or the vibes floating around in the air that finally had the folks of Petawawa turn the corner to weirdness. We are not sure, but the proof is definitely in the pictures.

Our thanks to Capt Tim Pohlman, Capt Lianne Paquette and Maj Gilles Levesque for sparing us the time to help in making a dent in the quantity of dentistry required and put a stop to some of these strange goings on.

The spooks were certainly flying around the dental clinic on Oct 31st, everything from Sgt Chris Ingersoll showing off his classy --or is that, hairy -- legs (they won him the big prize at the end of the day) to witches and warlocks to lil' ol' grannies. The toothsome threesome were definitely a winning group to advertise our profession. Definitely poster children.

Onto other things, we almost, and that is a big almost, have the M-12 Dental Annex back up and running. The pretty walls of peach and blue brighten up the atmosphere....well, if that doesn't do it for you, the huge air system roaring through will remind you of the mountains of the Himalayas; you could almost get wind burn in its wake. The Annex will now be a treatment facility, only, with three of our famous hygienists and one dentist.

We added two civilian dentists, Dr Elisa Cham and Dr Danie Bujold, one new Dental Assistant, Corporal Dan

Norry to the clinic team and as well, a new CR3, Frankie-Jane Giller...and a partridge in a pear in a tree and on and on and on..... Oh yes, we also took over some ground from

the medical side of our building by moving into two offices in the medical wing and painting them with our dental colours. We are moving on up into the big time here folks, and we are surprised that we haven't had more people putting in for a posting to our great clinic. Don't delay to put your names in to Chief Baird or to our wonderful CM CWO Noel for you NCM ranks. But it may be too late for any Dental Officers to come here as we have had many super people asking about the jobs here.

Tooooooooooooo late.....well you can grovel if you want to and maybe, just maybe, you can send us your resume and we might look at it.

We are getting into shape here as well, the body that is. We are all jogging, playing hockey, doing aquafit, biking, playing touch football (that's Monty Montgomery -- so get out of his way). We could be poster people for the new military, we are so fit (fit to be tied).

You have heard how we are doing and the air is rare here. We are enjoying the best of life and pass on our best wishes for a great Christmas and Happy New Year to all of you and your families.

Remember, send those resumes in.



Dent Det Petawawa Personnel at Halloween



Sgt Luneau, Lorena Nason-Stein, and Cpl Sinclair showing off their Halloween Dental Fitness



# DENTAL DET GANDER

By Cpl Pattie Powell

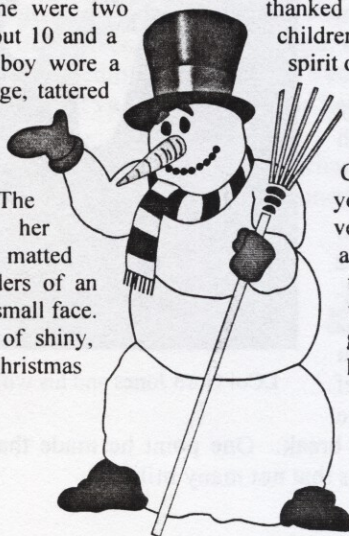
Well, it has been a busy year at the Gander Dental Clinic. We would like to welcome our newest clinic member; MCpl Scott Swindells, our Clinic Coordinator. Scott didn't take long getting to know the Wing and the Wing didn't take long getting to know him. Shortly, after his arrival we were having water trouble in the clinic - four different walls were leaking (or should I say flooding) with water every morning. We finally realized it would occur whenever the X-ray processor was running. Captain Ross was going away to do some relief work in Haiti and she asked if the problem could possibly be fixed while she was away. MCpl Swindells said, "I will get to the bottom of the problem!" And that he did! When Captain Ross returned the walls in the X-ray room, darkroom, hallway and sterilization room were missing. What a state! But only after 4 short months of all this, things were put back together - just like new or should I say better. Who said there are no problems living on an island (shortage of supplies and a trucker strike delayed the renovations). MCpl Swindells enjoys his TD trips to St. John's just as much as we do. Who would have ever thought a man could shop or out-shop a woman! While on TD MCpl Swindells saw his first iceberg and was introduced to the local tourist destinations, including the famous George Street. We were lucky to have two visitors on one of our TD trips to St. John's and that was our regular TD Hygienist Sgt Linda White (who is sure to acquire carpal tunnel) and DA Cpl Kathy. On this special occasion we introduced Kathy to Newfoundland culture: screech, George Street, a boat tour of the harbour and Cape Spear, shopping, and of course, the food: fish, shrimp, scallops, lobster, cod tongue and cheeks. I must say she sure impressed us. Captain Ross enjoyed her trip to Haiti (she was accompanied by six other people, including Colonel (Ret'd)

Brogan.) She didn't know that you could do dental work with a flashlight as your only source of light, work with broken dental chairs (they had to put a chair under the head rest so that part of the chair wouldn't fall to the floor), no running water (thank goodness for waterless soap), and no air conditioning (except for the holes in the walls!). Times were tough but the rewards were many. The children were very appreciative at the orphanage. Captain Ross said she might even go back next year. She says thanks to those who supported both her and the mission! As for myself, I am now a qualified First Aid Instructor and keep busy with that and with work (you know about that wonderful Blue Cross stuff!). Below is a touching Christmas story that I received last year. I hope you enjoy reading it as much as I did.

It was on five days before Christmas. The spirit of the season hadn't yet caught up with me, even though cars packed the parking lot of the shopping centre. Inside the store, it was worse. Shopping carts and last minute shoppers jammed the aisles. "Why did I come today?" I wondered. My feet ached almost as much as my head. Hurriedly, I filled my shopping cart with last minute items and proceeded to the long checkout lines. I picked the shortest line but it looked as if it would mean at least a 20-minute wait. In front of me were two small children - a boy of about 10 and a younger girl about 5. The boy wore a ragged coat. Enormously large, tattered sneakers jutted far out in front of his much too short jeans. He clutched a handful of coins in his grimy hands. The girl's clothing resembled her brother's. Her head was a matted mass of curly hair. Reminders of an evening meal showed on her small face. She carried a beautiful pair of shiny, gold house slippers. As the Christmas music sounded in the store's

stereo system, the girl hummed along off-key but happily. When we finally approached the checkout register, the girl carefully placed the shoes on the counter. She treated them as though they were a treasure. The clerk rang up the bill. "That will be \$6.09," she said. The boy laid his coins atop the stand while he searched his pockets. He finally came up with \$3.12. "I guess we will have to put them back," he bravely said. "We will come back some other time, maybe tomorrow." With that statement, a soft sob broke from the little girl. "But Jesus would have loved these shoes," she cried. "Well, we'll go home and work some more. Don't cry. We'll come back," he said. Quickly, I handed \$3.00 to the cashier. These children had waited in line for a long time. And, after all, it was Christmas. Suddenly a pair of arms came around me and a small voice said, "Thank you Sir." "What did you mean when you said Jesus would like the shoes?" I asked. The small boy answered, "Our mommy is sick and is going to heaven. Daddy said she might go before Christmas to be with Jesus." The girl spoke, "My Sunday school teacher said the streets in heaven are shiny and gold, just like these shoes. Won't mommy be beautiful walking on those streets to match these shoes?" My eyes flooded as I looked into her tear-streaked face. "Yes I answered, "I am sure she will." Silently I thanked God for using these children to remind me of the true spirit of Christmas - Love.

Canada's most Easterly Dental Clinic would like to wish you and your loved ones a very Merry Christmas and a Happy New Year and that your holiday be filled with appreciation and gratitude for what you have and those you love.





# CFDS Mess Dinner at CFB Trenton

This year as part of the CFDS Fall Working Group, held at CFB Trenton, a mess dinner was added to the activities. This dinner gave the branch the opportunity to say farewell to LCol Bob Hart and LCol Gord Jones and to be formally introduced to our new Colonel-Commandant, Mr. Jardine Neilson.

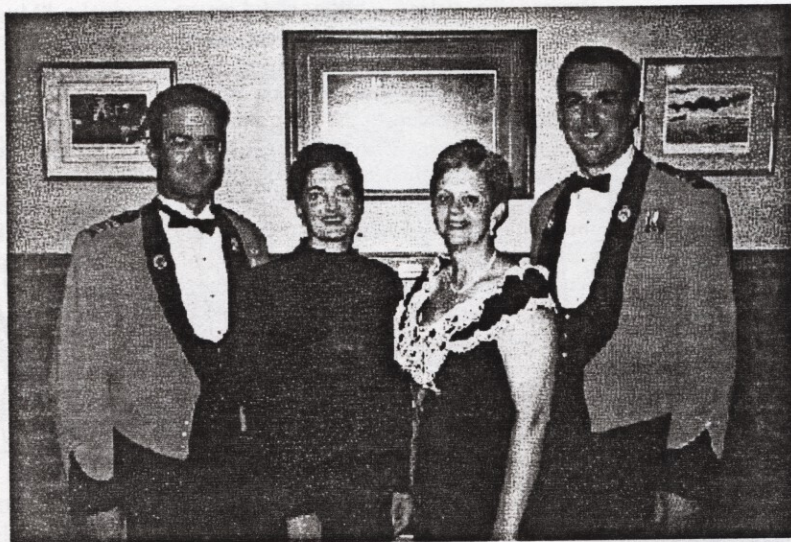
One week before the dinner the roof collapsed at the Yukon Galley, causing all food services to relocate to the Officers' Mess. With the dining room no longer available for private functions, the mess staff did an excellent job of setting up both the before dinner gathering and the dinner in the upstairs lounge. Entertainment was provided by the 8 Wing Concert Band and also by Pipe-Major John MacDonald (a world class piper who played at the service for the Unknown Soldier).

After a tasty meal Col Currah briefly addressed the diners and introduced Col Jardine Neilson, who has commenced a term as Colonel-Commandant of the CFDS. Col Neilson also made a brief address before we adjourned for a short break. One point he made that was very well received was that not many military

organizations could pull off an all ranks formal gathering where all attendees can enjoy themselves and the company of their coworkers.



Col Cmdt Jardine Nelson and Col Currah at the Head Table



LCol Gord Jones and his wife Lindseyy & LCol Bob Hart and his wife Loreen

When the dinner resumed LCol Becker bade farewell to LCol and Mrs Hart, who was retiring after 20 years of service. LCol Swan then gave a farewell address to LCol and Mrs Jones, also retiring having completed 20 years of service. Both couples were seated at the head table. Mrs Hart and Mrs Jones had obviously looked forward to this military formal dinner as both had procured tiaras for the evening. For details on who dared who you will have to ask another source.

The party continued in the Oak Room for a few hours, but as most attendees had to be at the conference the next morning the bar was deserted by last call. Thank-you to Cpl Tracy Gauthier for ensuring that we all were driven home safely.

It is anticipated that Trenton will be hosting a mess dinner each

year during the CFDS Working Group / RCDS Golf Tournament week. See you there next year.



# NOUVELLES DU DÉTACHEMENT DENTAIRE ST-JEAN

Le 16 juin 2000, tous les membres des détachements dentaires de St-Jean et de Longue-Pointe se sont réunis au vieux port de Montréal pour célébrer le départ du Maj Morin, commandant du détachement dentaire de St-Jean. Étant donné que le Maj Morin désirait participer à une activité spéciale avant son départ pour le QG, le détachement a organisé la descente des rapides de Lachine avec la compagnie Saute-Mouton. La plupart des gens sans le vouloir ont bu quelques gorgées d'eau du fleuve St-Laurent. Une expérience mémorable pour certains individus et un calvaire de 30 minutes pour d'autres. Si vous prévoyez venir visiter le vieux Montréal l'été prochain, cette activité s'impose si vous aimez l'aventure. De plus, un excellent repas est servi après cette dure épreuve.

Pendant la période estivale, le détachement de St-Jean est demeuré très occupé avec les cours de recrues; les réservistes et l'entraînement pour les futurs officiers CEO.

Mercredi le 4 octobre 2000, les détachements dentaires de St-Jean et de Longue-Pointe ont participé à un dîner régimentaire conjointement avec le personnel médical de la région de Montréal. Étant donné que le personnel dentaire et médical ne se côtoie pas souvent, cette soirée a permis aux convives de faire connaissance. La Cpl Besmargian a reçu un "BRAVO ZULU" de la part du "PMC", pour son implication dans la réussite de cette soirée.

Dans la parution du mois d'octobre du journal Servir, (journal des USS Montréal et St-Jean) la Cpl Alarie a fait la page couverture avec ses deux fils dans un dossier intitulé "Place aux femmes dans les FC".

Mardi le 31 octobre 2000, c'était l'halloween et les membres de la clinique ont accueilli leurs patients vêtus en Capitaine Crochet; Blanche-Neige; Aladin; la sorcière Blair...



L'Halloween au détachement dentaire St-Jean

La Capt Quenneville est finalement revenue au bercail le 17 novembre 2000, après un long séjour de 8 semaines à Borden où elle a complété son entraînement à L'ESDFC et L'ESMFC.

Vendredi le premier décembre 2000, le détachement organise son souper de Noël au casino de Montréal. Cette soirée débutera avec

un souper et le spectacle "British Invasion" suivra; un mélange d'une cinquantaine de chansons des Beatles, Bee-Gees, etc... avec danseuses à gogo. Histoire à suivre dans la prochaine édition du Croc Vedette... Quelqu'un du détachement va-t-il faire sauter la banque?

Le personnel du détachement de St-Jean vous souhaite un JOYEUX NOËL et une BONNE ANNÉE.

Sgt JP Caron





# St-Jean Detachment News

On the 16<sup>th</sup> of June 2000, all personnel from St-Jean and Longue-Pointe reunited at the old port in Montreal to celebrate the departure of Maj Morin, Dental Detachment Commander of St-Jean. Knowing that Major Morin wanted to participate in a special activity before her departure, the St-Jean Detachment organized a trip through the Lachine Rapids by the "Saute Mouton" company. Most participants were forced to swallow some water from the St-Laurence River. It was a

memorable experience for some individuals and a thirty-minute nightmare for others. If you are planning to visit old Montreal next summer and if you like adventure, you must try this activity. Also an excellent meal is served after this difficult feat.

During the summer period, the St-Jean Detachment was kept very busy with recruit courses, the reserves, and Basic Officer Training Courses.

On Wednesday the 4<sup>th</sup> of October 2000, both St-Jean and Longue-Pointe detachments participated in a regimental dinner, teaming up with the medical personnel from the Montreal area. Given that the dental and medical personnel do not come into contact with each other very often, this evening allowed the guests to socialize. Cpl Besmargian received a "Bravo Zulu" from the PMC for helping to organize this successful evening.



Lachine Rapids by the "Saute-Mouton"

the October issue of the Servir newspaper (ASU St-Jean and ASU Montreal newspaper), Cpl Alarie made the front page with her two boys under the headline "Place for Women in the Canadian Armed Forces".

Tuesday the 31<sup>st</sup> of October 2000, it was Halloween and the members of the dental clinic greeted their patients dressed as Captain Hook; Snow White; Aladin; Blair witch...

Capt Quenneville finally returned to work the 17<sup>th</sup> of November 2000, after a long eight week stay in Borden where she completed her training at CFDDSS and CFMSS.

Friday the 1<sup>st</sup> of December 2000, the detachment is organizing its Christmas dinner at the casino in Montreal. This evening starts with a supper followed by a spectacle of the "British Invasion"

consisting of a mixer of 60's songs from the Beatles, and the Bee-Gees, etc... with gogo dancers. Stay tuned for the next Fang edition to see if someone from the detachment won the jackpot.

The personnel from St-Jean detachment would like to wish you a very MERRY CHRISTMAS and a HAPPY NEW YEAR.

Sgt JP Caron  
Translated: Cpl Alarie



# DENTAL DETACHMENT PETAWAWA

By Sgt Anna J. Aldrich, Dental Hygiene

## April

- Farewell to some of our clinic staff: Ms Belinda Slazds, Mr Walter Spencer, Ms Janet Wilson and Ms Carrie Moxsom. Our staff will miss you all.
- Sgt Anna Aldrich was away at CFDSS Borden teaching X-Ray Quality Assurance for the Snr Dental Assistant Crse.
- Farewell to Maj Allain Ouellet on his departure to North Carolina for Post Grad.
- Maj Michel Maltais and MWO Pat Leitch the Pacific CDA Conference in Vancouver, B.C.
- Sgt Anna Aldrich provided a school visit to Grade 2 students reviewing how to brush and floss.
- Ushering in our new civilian staff: Ms Patricia Paplinskie and Ms Syndi Marquette will be working as dental assistants and Ms Sharon Kellar will be working at the front desk in reception. Also, we welcome back Mr Frank Lemieux and Ms Christine McLean to our dental hygiene department and Ms Julie Milligan back to reception.

## May

- Welcome to Sgt Valerie Moore on her safe arrival to the hygiene department from CFB Trenton. Her family will be following at the end of June when she takes possession of her new home.
- Congratulations to Maj Ray Warmerdam on his promotion to that rank.
- Goodbye to Cpl Bill Norris who is being internally posted to 1 Cdn Fd Hosp from our Detachment; filling his void will be Cpl Monty Montgomery from 1 Cdn Fd Hosp.
- Capt Ralph West organized a Beach volleyball clinic sports day on the 26<sup>th</sup>, followed by a BBQ where a great time was enjoyed by all staff.
- Maj Ray Warmerdam and Sgt Chris Ingersoll provided an informative lecture recounting their experiences during their Kosovo tour. It reinforced the importance of dental screening and treatment prior to deployment.

## June

- Welcome to Capt Deidra McLean our new dental officer. We hope that Petawawa brings you fewer ulcers than dental school did.
- Maj Michel Maltais was away to Winnipeg to teach on the Endo Course; while Capt Ralph West was away to Winnipeg learning on the same course.
- Sgt Chris Ingersoll is away ½ days from the clinic learning French.
- Capt Mike Kaiser has been officially posted from our Detachment to 1 Cdn Fd Hosp and has been preparing for his tour to Bosnia.
- Farewell and good luck to Tania Discher, our co-op student from General Panet High School. We wish you luck in your pursuits in the dental field.

## September

- Welcome to Ms Frankie Giller our new receptionist. Frankie loved coming to the dental clinic so much that when she retired from the Armed Forces she applied for a position here.
- Welcome also to Ms Misty Finnermore our new dental assistant.
- MWO Pat Leitch and Maj Michel Maltais attended the CFDS Working Group in Trenton.
- Capt Deidra McLean was whisked away to Borden to attend Basic Officer Field Course (18 Sep to 18 Nov).
- Maj Michel Maltais completed ACLS (Advanced Cardio Life Support) 14 to 16 Sep and also a Summary Trial Crse 26 to 27 Sep.

## October

- Welcome to Capt Tim Pohlman our new dental officer on loan from Ottawa for two weeks and Capt Lisane Paquette and Maj Gilles Levesque on a return engagement from Ottawa for one week each helping to prepare troops Op PALLADIUM /Roto 8. We hope that your Petawawa experience prompts you to beg for a posting here.
- Capt Ralph West organized a badminton clinic sports day on the 6<sup>th</sup>, followed by a Pizza/Potluck where a great time was enjoyed by all staff.
- Capt Ralph West ran off to Halifax to attend the Perio course (16 to 26 Oct). He wants to study the effects of lobster on his gingiva.
- Congratulations are extended to Ms Charlotte Johnston on her marriage to Rob Fraser 21 Oct. We wish you many years of happiness.
- A warm welcome is extended to Dr Elisa Cham our new civilian dentist. We hope that you enjoy your time with us.

## November

- Sgt Anna Aldrich will be away on TD to Shape, Belgium 5 to 24 Nov. She plans to indulge in Godiva chocolates in her spare time.
- Welcome back to Cpl Dan Norry posted to our Detachment from Geilenkirchen, Germany.
- A warm welcome is extended to Dr Danielle Bujold our other new civilian dentist. We hope that you enjoy your experiences.

## Christmas Wishes

- Maj Michel Maltais and staff want to extend warmest wishes to D Dent Svcs, 1 Dent Unit HQ and all Detachments and their families throughout the Christmas season and the coming New Year. Let the spirit of love gently fill our hearts and homes with peace and goodwill.



# RCDCA News

## Trenton Golf Tournament

The second annual gold tournament was held at CFB Trenton in September 2000 and it was a great success with an attendance of about 60 players. This year featured the addition of a nine hole event and an increased number of prizes. Plans are in progress for September 2001 at CFB Trenton and it is likely that all golf and social events will be opened to wives/partners/spouses/friends.

### Below are the winners for the 2000 Golf Tournament:

HAP Protheroe Trophy	Sgt Matt Hall
RCDCA Officers	CWO Denis Cote
KM Baird Trophy	Major R Gillis
JN Wright Trophy	Capt MS Grewal
Chas Hunt Trophy	CWO J Brisebois MWO G Gosselin CWO (Ret'd) Bernier CWO D Cote
GR Covery Trophy	Sgt Matt Hall Col (Ret'd) Yates LCol (Ret'd) Ayotte LCol (Ret'd) Budzinski
Closest to the Pin	Col (Ret'd) P McQueen
Longest Drive	CWO Cote



## Purchase of an RCDC Flag

The RCDCA would like to purchase an RCDC Flag; new or used as long as it is in reasonable condition. Please note that the RCDC flag IS NOT the same as the CFDS Flag (close but not the same). If anyone can help please communicate with us.

## Sad News

The RCDCA and the CFDS lost some good friends in 2000 with the passing of MWO Joe Hohsdort, MWO George Bradley, Col John Brick and Major Max Fisk.

## Medical-Dental Gala

This "Gala" is for retired and serving dental and medical officers. While it was originally a medical corps event, all dental officers are welcome to attend. This social get together is held in Ottawa every couple of years, and the next one will be in Ottawa on 18 – 20 May 2001. Details will be released later.

## RCDCA Membership

Are you a member of the RCDCA? We have newsletters, e-mail groups and of course the Trenton Golf Tournament. Annual dues are low at \$15.00.

Please contact us for more information/enrolment forms, etc. at:

RCDCA Association  
939 Raftsman Lane  
Orleans ON K1C 2V3

Phone: (613) 837-5743

Fax: (613) 837-9503

E-mail: [princequeen@home.com](mailto:princequeen@home.com)



# Greetings from 1 Dental Detachment Ottawa

Capt Pohlman and Sgt Langlois arrived back from OP KINETIC in June 00. Sgt Langlois was presented with a Commander's Commendation at the end of the tour for his outstanding contributions to the Task Force Kosovo. Leaving the safety of Kosovo, the team proceeded on disembarkation leave, which proved eventful as Capt Pohlman had to dodge a bullet at a shopping centre and Sgt Langlois recontoured his left index finger with a chainsaw. Watch out for stress relief! They are now both back working safely in the HCC clinic.

Maj Gilles Lévesque assumed command of the detachment from Maj MacTaggart who headed off to Cold Lake. Sgt Bizier arrived in running mode from Valcartier to the NDHQ clinic since he had to take over for MWO Zwarycz. Maj Payne moved upstairs to D Dent Svcs from the HCC clinic and Capt Cupples arrived from Greenwood. Cpl Norine Ebel was posted from Cold Lake to the HCC clinic. The hygiene department has also seen a few changes at the HCC clinic. Sgt Gilholm was posted to Edmonton, Tracy Forgues left to join her husband in Borden and delivered a healthy baby boy while Maureen Byrne and Joanne Gendron have joined the team. Josée Lalonde and Colleen Brown are two new civilian dental assistants at HCC. Angela Beairsto is on maternity leave and the Dumas family is expecting an addition in Dec 00.

There were several awards presented to clinic members this fall. Cpl Kevin Proctor received his CD1 while Cpl Stacey Hollands and Cpl Leona Kerr received their CDs. MCpl Marty Raymond was presented with the Order of St. John and he also won the Masters Division of the Canadian Forces National Triathlon Competition 2000. Capt Pohlman and Sgt Langlois received NATO medals for Kosovo. They, as well as Sgt Bizier, are also getting UN Peacekeeping medals. Maj Dumas received a certificate of Superior Achievement from the USN for services rendered during the joint exercise "Purple Caduceus" (Roving Sands 2000) held 14 - 23 Jun 00.

Maj Gilles Lévesque and the staff of 1 Dent Det Ottawa send a most sincere wish of health, happiness and safety during this upcoming holiday period to all members of the CFDS and their families. Nos meilleurs vœux de santé et de prospérité à nos consoeurs et confrères du SDFC en ce temps des Fêtes!



Maj Lévesque presenting Cpl Stacey Hollands with her CD



Maj Lévesque presenting Cpl Leona Kerr with her CD



Maj Lévesque presenting Cpl Proctor with his CD



# Words of Wisdom on Remembrance Day and Thanksgiving

Remembrance Day and Thanksgiving Day should be recognized and thought of much more often than on 11 Nov and 14 Oct. We owe everything to the thousands of young men and women that have died in the service of Canada in numerous conflicts over the years.

It is all too easy to complain that we don't make enough money, that we are taxed too much, that our futures aren't rosy enough and the list could go on and on. We take things too much for granted and I feel ashamed of not writing, talking, or volunteering on the behalf of veterans to at least make them, and the spirits of their dead comrades, aware that their supreme sacrifices have not been in vain.

When I read or listen to factual accounts of the two World Wars and other theatres of operations past and present I try without success to feel the thoughts of 17,18,19

and 20 year olds (some younger and some older) who have left this world much too soon. How does one feel just before meeting the enemy when the odds of waking up the next day are not at all guaranteed? How does it feel to pass by the lifeless bodies of fallen comrades whom you may have just shared a beer or laugh the night before? How do you deal with the ever occurring flash backs of seeing bodies missing limbs, the dying crying out for help that cannot be given or the passing of a buddy in your arms?

The truth of WAR is an ugly and final reality that we as a people should be teaching our youth more about so as to hopefully avoid entering into conflicts whose outcomes can never yield a winner on either side.

Sgt Charles Langlois  
11 Oct 96

## NEWS FROM TRENTON

The Trenton clinic has been very active this summer and fall. Major Dwayne Lemon assumed command of the detachment in July and found out Trenton is not the quiet little backwoods posting he was expecting.

For the second year Trenton hosted the CFDS Fall Working Group and RCDCA Golf Tournament. With no scheduled service flights nor inter-base bus service, and the collapse of the Yukon Galley roof the week before the conference the clinic was very busy organizing the service support necessary for this event. By all accounts everybody enjoyed their visit to Trenton thereby making it all worthwhile.

In August the entire clinic was hosted by the Kingston Det for an afternoon of golf and BBQ. Being good guests we allowed them to keep the trophy, but made sure it was a close race. We are looking forward to the rematch during curling season.

New personnel in the clinic this summer are Cpl Anna Gnurlantino-Lamarre from Gagetown and Mrs Denise Souter. Dr Dom Belcastro, a local dentist, has also joined our team on a part-time basis. Dr Ajit Chaudry took some time off to honeymoon with Jasmine; he is now back to work and in a perpetual good mood.

In October Major Lemon was found climbing the wall, literally, along with a dozen others from the clinic, at the Canadian Parachute Centre. After an informative tour of the centre the entire clinic ascended the 30 foot rock face, scratching and clawing their way to the top.

Cpl Tim Jordan, who has remustered from Dental Asst to Photo Tech is now posted to Trenton and has been a frequent visitor, using clinic personnel as subjects while he refines his photographic skills.

Maj Lemon, WO Burton and the rest of the staff wish you a Merry Christmas and a Happy New Year.



# Detachment Photos



Dental Detachment Ottawa



Dental Detachment Trenton

Photo compliments of Cpl Tim Jordan/Wing Photo



## News from the Branch CWO

The Senior NCM Council met in Trenton in September. In attendance were Col Currah – Director Dental Services, LCol Becker – CO 1 Dental Unit, LCol Taylor – Ops and Trg, CWO Baird – Chairman, MWO Bujold – Snr Hygienist, MWO Shirley – CSM Dental Coy, MWO Leitch – Snr Garrison MWO, MWO Beach – CFDS SWO and WO Tracy – Secretary. Various issues and initiatives were discussed and a draft copy of the minutes of the meeting was sent to all detachments at the end of September.

I would like to extend my congratulations to WOs Tracy and Savoie who were recently promoted to that rank.

Recruiting continues to move along at an acceptable rate. We currently have approximately 10 personnel already working in the Detachments and several more who will graduate from St Jean in Dec. Any civilians who may be interested in pursuing a military career in our field should contact the nearest Canadian Forces Recruiting Centre.

My congratulations to the successful candidates from the 722 QL6A Crse who graduated at the end of June. Congratulations also to MWO St Jacques on the completion of his Life Cycle Material Managers Crse.

Farewell to recent retirees MWO Corney, WO Cote, WO Skinner, Sgt Bishop and Sgt Duguay.

Just a few words on some of the current issues we are dealing with in the NCM world:

- a) the merit board sat in Oct and the members were LCol Strilesky, Maj Ross, myself and MWO Bujold. The board also reviewed Terms of Service offers for eligible personnel;
- b) the implementation of the MOZART Teams' recommendation to amalgamate the assistant and hygiene MOCs is scheduled for 31 Mar 01;
- c) the EC(Establishment Change) document implementing the Reforger positions has been signed and will be effective 01 Apr 01; and
- d) a preliminary posting plot has been completed incorporating a significant number of Reforger related postings. Additional funding has been set aside to help facilitate the implementation of these moves.

Finally, I would like to take this opportunity to thank all NCMs for their outstanding efforts and dedication over the past year. I hope everyone will have a safe and happy Christmas.

Please remember, FRIENDS DONT LET FRIENDS DRINK AND DRIVE. Joyeux Noel et Bonne Année!



**LCol Swan receiving  
his promotion from  
LCol Jones, A/D Dent Svcs**





# 1 Cdn Fd Hosp United Way Fundraising

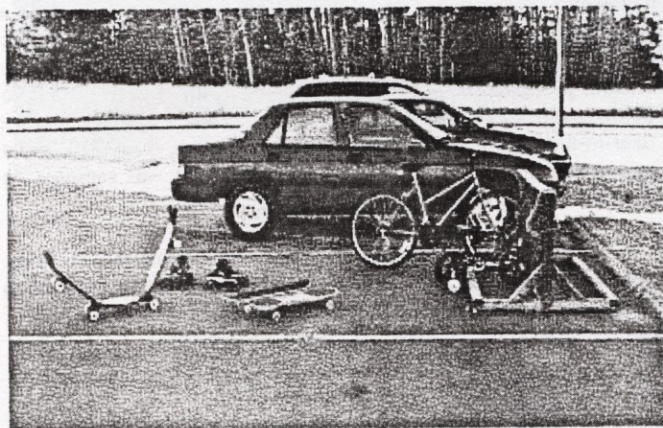
What started off as a fundraiser, quickly turned into an exercise in morale. The members of Dental Company, 1 Canadian Field Hospital, pooled their money and bought the CO's parking spot for a week in an auction geared to raise money for the United Way. Parking our personal vehicles in this spot gave way to the various

Money was raised for a good cause and we made a lot of people laugh. A special thanks to the Base Fire Department who helped out on two separate occasions!



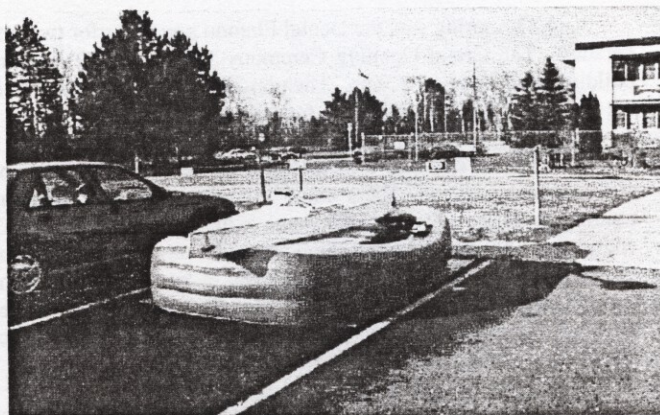
The CO's parking lot on Monday

displays we conjured up. The sky was the limit. Our imaginations ran wild as we planned our presentations. We would prepare the CO's parking spot late at night or early in the morning before people showed up for work. The



The CO's parking lot on Tuesday

element of surprise was on our side Monday, catching most people off guard, as they had no idea what had been planned. Starting small, the displays grew each day, culminating with Friday's attraction. Secrecy was key. No one in the unit other than Dental Company and a few key personnel knew what was coming next. Talk would focus on what we had done and speculation grew as to what was coming next. Word of our activities spread. Personnel from other units came by to see what was in the CO's spot. All in all, members of Dental Company had a great time.



The CO's parking lot on Wednesday



The CO's parking lot on Thursday



The CO's parking lot on Friday



# Greetings from 2 Field Ambulance Petawawa

If you want time to fly then ask to be posted to this unit! Preparations for OP PALLADIUM Roto 8 combined with taskings by Brigade result in a high operational tempo to ensure that your stay will seem short.

The spring saw the Dental Platoon preparing for two unit parades. The Grand Opening Ceremony for our new 2 Fd Amb building took place on 2 June. Then on 28 June, we participated in the Change of Command parade for our unit.

Spring was also time to begin our new Warrior Training cycle again. All members must complete personal weapons training with the C7 rifle and some with the 9mm pistol. Of course there are the fieldcraft, battlecraft and navigation refreshers to do. All of us took week-long courses to learn how to use the new TCCCS radios and accessories. But the "piece de resistance" is always the Battle Fitness Test consisting of the 13km rucksack march followed by the 100m fireman's carry.

This year, the brigade is busy installing the new TCCCS comms equipment into all vehicles requiring radios. The result was that many vehicles were grounded during the process which started in Mar 00 and is still ongoing at this time. The impact that this had on the unit and consequently us, was that we were unable to deploy to the field en masse. So, our *field* unit has done very little *field* time since last X-mas. Some were not unhappy about this, but 2 Fd Amb is planning a week-long winter indoctrination exercise for 1 Jan 01 so, we'll be making up for lost time.

This APS has seen a few changes. Newly promoted Maj Ray Warmerdam arrived 1 Jun from 1 Cdn Fd Hosp across the street to replace Maj Alain Ouellet. We received a post-card from Maj Ouellet the first month after he moved to North Carolina but none since. We assume he's up to his eyeballs in schoolwork by now and has no time to write.

WO Horodecky departed for the Fd Hosp taking MWO Shirley's position after she was promoted and posted this summer. Arriving from CFDSS in Borden, WO Lorraine Fortin took WO Horodecky's position as PI WO. Her spouse was posted to 1 Cdn Fd Hosp so the two of them are within waving distance of each other! She wasn't with us for long before she went off in September to successfully complete her SLC in Borden.

Cpl Sinclair got his wish and left us to join 1 Dent Det Petawawa. He is happy to get back to the chair after 3 years here. Replacing him, Cpl Morin arrived from BFC

Valcartier end Aug. Our "professional trucker," she pursued her dental assistant training on her own time and was elated to be permitted to remuster this year from the MSE Op trade to MOC 722. A sports fanatic, she is our platoon sports rep and has been organizing a variety of PT activities ranging from stationary bike "spin" classes to Tai Boxing to step aerobics. We should all be in pretty good shape by the time she's done with us!

On a happy note, Capt Loranger left for her maternity leave on 31 July when she delivered a healthy baby boy, Maxim, about 7 days earlier than expected. During the rest of the fine

weather, she and her son could be found on their new deck supervising the efforts of Marc, the proud father, as he put the finishing touches on their riverside home.

MCpl Deslauriers spent the most part of August and Sept as A/PI WO. This fall her spouse retired from the CF, found employment and a new house in Montreal and now she's brushing up on her French in the hopes of a posting to Quebec so she can join him there.

MCpl Grantham has recently taken her First Aid/CPR Instructors Course and is now up for hire by any unit who wants her to teach them! On 1 Nov, she began the Driver/Wheeled Course which will keep her fully occupied for five weeks.

Cpl Hagglund was very happy to be loaded on a part-time French course consisting of a daily 2-hour computer workshop. She has her own tutor in the form of Cpl Morin whose desk is conveniently located beside her own. As entertainment rep, Cpl Hagglund is involved in all unit social events. She is especially talented with children. During the August Family Day, she could be found utilizing her lab-tech skills in the children's face painting tent or chucking the little darlings around the "Bounc'n Gym."

As it turned out, Maj Warmerdam was not to stay with us for very long. Just when he began to feel at home, 2 Fd Amb was reorganized and he was posted to the position of OC Health Services Company on 1 Nov. There he will command the medical and ambulance platoons. It's a big job, but at 6 feet 5 inches, we know he's big enough for it! The unit reorganization resulted in a vacant Dent PI Comd position. So it followed that on 3 Nov, at the unit pancake breakfast, Maj Warmerdam and CO, LCol J.P.J. Ricard, promoted Capt Silver to Maj to fill that role (see picture below). She was completely taken aback by the promotion and the deer-in-the-headlights expression on her face provided great amusement for the personnel present. That look was captured on the unit's digital camera and copies are available.

Season's greetings and a happy New Year from all of us. And for those who like fresh air and exercise, don't hesitate to give us a call for more info! Maybe Field Ambulance is for you!



by Maj C.M.B. Silver, Dent PI Comd, 2 Fd Amb



# CFDSS Basic Dental Officer Course

The Basic Dental Officer Course commenced on 18 Sep 00 and involved the following candidates:

Capt Abbey RS	Ottawa
Capt Bussiere DSJ	Valcartier
Capt Dumas MJC	Bagotville
Capt Garand JSE	HMCS Preserver
Capt Labbe SM	Winnipeg
Capt Langevin LJG	Greenwood
Capt Lopex-Guabloche C	Cold Lake
Capt Mansour RP	Winnipeg
Capt McLean DE	Petawawa
Capt Quenneville I	St-Jean
Capt Shaw JL	Borden
Capt Tang E	Esquimalt
Capt Tardif JFJC	Gagetown
Capt White BSJ	Edmonton

The course duration was 19 working days and consisted of the following:

<u>Topic</u>	<u>Instructor</u>
Military Writing	Sgt Buxcey
History of the Dental Branch	Maj Hedley
Bosnia Brief	Sgt Wilson Sgt Buxcey
Mobile Dental Clinic (MDC)	Sgt Wilson MCpl Blanchard MCpl Tremblay
1 Dental Unit Standing Orders	LCol Reid
CF Dental Care Program	Maj Morin
Leadership Issues and Clinic Personnel Dynamics	LCol Becker Sgt Wilson
Dental Operations and Post Graduate Training	LCol Taylor
Dental Corps Overview	Col Currah

The course finished on 28 Sep 00. From there, our 14 successful candidates commenced the 7 week Basic Medical Officer's Course on 7 Oct 00 at Club Med.



Cam and concealment





# CFDSS Basic Dental Officer Course

The Basic Dental Officer Course commenced on 18 Sep 00 and involved the following candidates:

Capt Abbey RS	Ottawa
Capt Bussiere DSJ	Valcartier
Capt Dumas MJC	Bagotville
Capt Garand JSE	HMCS Preserver
Capt Labbe SM	Winnipeg
Capt Langevin LJG	Greenwood
Capt Lopex-Guabloche C	Cold Lake
Capt Mansour RP	Winnipeg
Capt McLean DE	Petawawa
Capt Quenneville I	St-Jean
Capt Shaw JL	Borden
Capt Tang E	Esquimalt
Capt Tardif JFJC	Gagetown
Capt White BSJ	Edmonton

The course duration was 19 working days and consisted of the following:

<u>Topic</u>	<u>Instructor</u>
Military Writing	Sgt Buxcey
History of the Dental Branch	Maj Hedley
Bosnia Brief	Sgt Wilson Sgt Buxcey
Mobile Dental Clinic (MDC)	Sgt Wilson MCpl Blanchard MCpl Tremblay
1 Dental Unit Standing Orders	LCol Reid
CF Dental Care Program	Maj Morin
Leadership Issues and Clinic Personnel Dynamics	LCol Becker Sgt Wilson
Dental Operations and Post Graduate Training	LCol Taylor
Dental Corps Overview	Col Currah



Cam and concealment

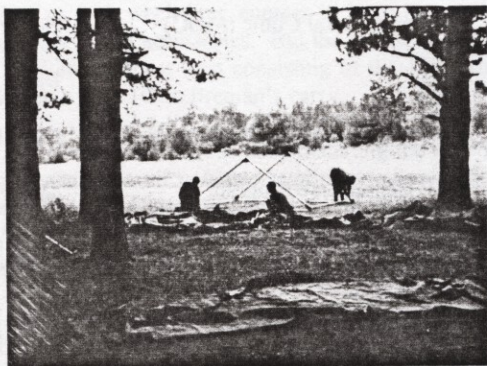
The course finished on 28 Sep 00. From there, our 14 successful candidates commenced the 7 week Basic Medical Officer's Course on 7 Oct 00 at Club Med.







Interface



Top Student – Capt Langevin



Basic Dental Officer Course Picture



# MERRY CHRISTMAS FROM COMOX

Merry Christmas and a Happy New Year from everyone in Comox!!! This has been a very busy year with Sgt Maggiolo and Capt Campbell being on course, supporting courses or on TD throughout the 2000/2001 season.

Cpl Sheppard won the "No Retreat Award." This award was initiated by the Wing to recognize noteworthy contributions by military and civilian individuals. The reward is in the form of a gift selected by the unit or recipient. The purpose of this monetary award is to provide an opportunity for COs and Branch Heads to give quick recognition and appreciation in the form of an award for specific projects and tasks completed under significant constraints (ie, time, lack of resources, stressful environments, etc.). Cpl Sheppard's name was submitted by Sgt Maggiolo for all of the work she did while he was away in Borden.

Cpl Sheppard also helped raise over \$600.00 for the "Child Development Organization" which gave us second place this year and we were forced to relinquish the Tin Grin Cup.

Cpl Sheppard and Deb Stahn joined 6 other Wing personnel in shaving their heads for COPS for Cancer; they raised \$1785.00 for this noteworthy fundraiser.

Sgt Isberg is busy raising money for United Way (I'm looking forward to our traditional pancake breakfast).

Take care everybody; we hope to see you in Winnipeg...



Comox Detachment personnel with Cpl Sheppard on receiving her \$100 Gift Certificate for the "No Retreat Award"

Sgt Maggiolo

## From the FANG Editor

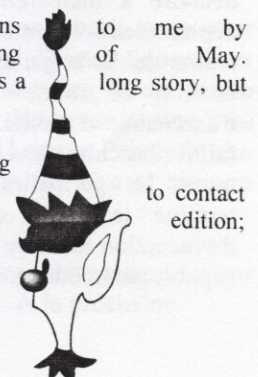
Thanks again for all of your excellent submissions – I know that some of you put a lot of effort into them and it is really appreciated! I apologize to those of you who requested your photos to be printed in colour, however, our budget just doesn't have the funding to do so. Don't forget that copies of the FANG can be seen in colour on the CFDS Private Area of the Intranet.

It wasn't very difficult to choose the cover of this years' Christmas Edition as no one submitted a Christmas Picture (where was yours Greenwood?) Maybe I will get a few submissions for the next editions' cover...?

The next edition of the FANG will be published for end April 2001 – so if you could have your submissions 17 April 2001, the hard copies of the FANG will hopefully be hitting your Detachments and Units by the beginning. When submitting pictures/graphics, please DO NOT send them attached in a Microsoft Internet Explorer file. It's a suffice to say that it causes me much headache...thanks!

Once again, please remember that anything controversial will not be published. So if there is something that you have submitted that you do not see in the FANG, it may have been too controversial to publish – feel free me if you wish. As the editor, I also use my own discretion when publishing pictures as I receive a lot for each so once in a while, a picture that you've sent may not be published.

Capt Tracey MacCormack  
FANG Editor  
D Dent Svcs AO





# Nouvelle du Pon Dentaire

## 5e Amb de C

Par le cpl Chantal Magnan

Le mois d'avril fut un mois très occupé par la préparation en vue du déploiement pour l'exercice de brigade du 24 avril au 16 mai 2000 à Gagetown. Tous les membres du pon dent ont activement participé à cette tâche qui consistait en une inspection approfondie de l'équipement et du matériel afin d'être certain de rien manquer à Gagetown. Même le **Cpl Benoît Desmeules**, de la clinique, a été mis à contribution car il a dû nous commander beaucoup de matériel dans un très court laps de temps. Le **Capt Stéphane Gendron** a quant à lui été sur un cours de gestion du 03 au 14 avril 00.

Après trois semaines de dur labeur, voici enfin arrivé le moment tant attendu de tous : le départ pour Gagetown. Le **Sgt David Southall** et le **Capt Geneviève Bussière** sont partis le 26 avril avec le groupe précurseur. Le 27 avril c'était au tour du **Cplc Bruno Tremblay** et du **Cpl Chantal Magnan** de partir. Pendant que nous nous dirigeons vers le N.B. le **Maj Nancy Dubois** était sur un meeting à Ottawa. Elle est venue nous rejoindre en avion jusqu'à Fredericton où un chauffeur l'attendait pour la conduire à Hogan Hill, notre bivouac.

Pour le **Capt Bussière**, qui a remplacé le **Capt Gendron**, s'était vraiment une première expérience puisqu'elle n'a pas encore fait sa phase d'entraînement de campagne pour les dentistes. Elle s'en est très bien sortie malgré une première expérience. Si vous la rencontrez parlez-lui des douches communes et du chauffage dans la tente des officiers. Comme nous tous, je crois qu'elle était contente de retrouver le confort de son foyer.

Le moment le plus mémorable pour le **Maj Dubois** et le **Cpl Magnan** fut sans contredit, celui où la brigade entière s'est déployée à feux masqués, la nuit. Le tout a commencé le soir du 9 mai 00 avec un déplacement à feux masqués (black out) d'une durée de quatre heures. L'équipe dentaire a bien failli écourter son exercice durant ce déplacement. Comme le convoi était en avance sur les temps de la brigade, la son dentaire a dû s'arrêter pour environ 20 min. C'est lors du départ que le taux d'adrénaline a monté. La van dentaire a, à deux reprises failli basculer dans le fossé sur le côté de la route. Malgré toutes les péripéties l'exercice s'est quand même bien terminé le matin du 12 mai 00 avec un exercice d'évacuation massive auquel le pon dent a participé comme support paramédical.

Pour le **Capt Bussière**, **Sgt Southall** et le **Cpl Magnan** l'exercice s'est terminé le 16 mai 00 avec le retour à Valcartier. En ce qui concerne **Maj Dubois** et **Cplc Tremblay** ils ont été les heureux gagnants d'une semaine supplémentaire avec le 12<sup>e</sup> RBC comme équipe de support dentaire. Dès notre retour le **Capt Gendron** et le **Cpl Magnan** ont été impliqués sur un cours de tir instinctif (bush lanes). Ce fut une très bonne expérience. Fièrement le **Capt Gendron** nous a raconté qu'il était le seul tireur dans son équipe qui n'a pas fait parti un piège (booby trap) pendant son trajet.

Vous vous demandez sûrement qu'est ce qui a retenu le **Capt Gendron** à Valcartier ! Eh ! bien lui et sa femme, **Christine**, attendaient impatiemment la naissance de leur second enfant. **Émilie** a vu le jour le 29 mai 00. Félicitation aux heureux parents.

Pour notre party d'unité le 16 juin 00, l'équipe du quartier-maître a eu l'idée géniale d'organiser un rallye. Le point d'arrivée était situé à Val-Bélair où une tente avec hot dog et rafraîchissements attendait les participants. Ils en ont profité pour remettre les plaques de départ à tous ceux qui étaient mutés.

De retour après le congé d'exercice il y a eu un inventaire majeur de l'unité pour la commission d'enquête en vue du changement de commandant. Nous n'avions même pas encore effectué le nettoyage post exercice que les tâches affluaient de tous bords tout cotés. Le 19 juin 00, les pratiques de parade pour le changement de commandement ont commencé. Le 27 juin 00 le **Maj Dubois** a reçu sa CD et le **Sgt Southall** sa CD-1. Félicitations à nos deux récipiendaires ! La parade a eu lieu le 28 juin 00 sous la présidence d'honneur du **Col Pépin**, commandant de la 5e brigade Valcartier. Le 29 juin 00 le **Gén Mathieu** et l'**Adjuc Doucet** sont venus nous parler du nouveau service médical des prochaines années. Rien de nouveau en ce qui concerne le service dentaire.

Le **Cplc Richard Asselin** est de retour parmi nous depuis le 28 juin 00 après avoir gradué de son NQ-6 où il a très bien fait. Félicitation et re-bienvenue à la 5<sup>e</sup> Amb de C. Mais pas pour longtemps car il est muté à la BFC Longue Pointe. Bonne chance avec ta nouvelle affectation.

Et voilà, en espérant vous avoir divertit avec nos histoires des pays d'en-bas !



# 5 Field Amb Dental Platoon News

by Cpl Chantal Magnan

The month of April was very busy with preparations before our deployment on Brigade Exercise Lion Intrepide, from 24 Apr to 16 May. All members of the platoon actively participated in this exercise which consisted of a detailed inspection of platoon equipment and material in order to certain nothing was missing while we were in Gagetown. Even Cpl Benoit Desmeules, of the clinic, contributed as he had to order lots of supplies in a very short period of time. Capt Stephane Gendron left us briefly from 4 to 14 Apr for his Middle Management Course.

After three weeks of hard labour, the moment we all waited for finally arrived: the departure for Gagetown. Sgt David Southall and Capt Geneviève Bussière were the first to leave with the advance party on 26 Apr. The 27<sup>th</sup> saw MCpl Bruno Tremblay and Cpl Chantal Magnan depart. At the same time as we voyaged towards New Brunswick, Maj Nancy Dubois was at a meeting in Ottawa. After her meeting she flew out from Ottawa to Fredericton where a driver waited to ferry her to Hogan Hill where our bivouac was located.

For Capt Bussière who replaced Capt Gendron, it was her first experience in the field with dental because she has not yet done her dental officer field phase. She came away very well in spite of the fact it was her first experience in that sort of environment. Due to the difficulties accessing shower facilities and lack of heat in tents, she was like the rest of us, very happy to return to the comfort of her home at the end of the ex.

The most memorable event for Maj Dubois and Cpl Magnan was, without a doubt, when the entire Brigade deployed for night driving with blackout lights. It all started the evening of 9 May with a blackout move which lasted 4 hours, the dental team almost terminated their exercise right there! As the convoy was sometimes in advance of the timings given by the Brigade, the dental section was forced to halt for about 20 minutes. Because the conditions of the roads were poor due to heavy rains the dental van began to slide into the ditch on 2 occasions, this was when the adrenaline began to pump. In spite of all the difficulties, the tactical phase ended well on 12 May with a mass casualty evacuation where the members of the dent platoon participated in a paramedical support role.

For Capt Bussière, Sgt Southall and Cpl Magnan, the exercise ended on 16<sup>th</sup> May with the return to Valcartier.

As for Maj Dubois and MCpl Tremblay, they were the happy winners of an extra week in Gagetown providing dental support for 12 RBC. On our return, Capt Gendron and Cpl Magnan were involved in instinctive shooting training conducted as bush lanes. This was a great experience, our Capt Gendron was the only one in his syndicate who walked the entire trail without setting off a booby trap.

You may be asking yourself what kept Capt Gendron back in Valcartier while we were off getting muddy and wet in Gagetown. He and his wife Christine were impatiently awaiting the birth of their second child. Emily was born the 29<sup>th</sup> of May, congratulations to the happy parents.

Our unit party was held on 16 Jun, the members of the unit QM organized a car rally. The finish line was in Val Belair, the town just to the south of the base where a tent with hot dogs and refreshments awaited the participants. They also took advantage of the occasion to present farewell plaques to those who would be posted out.

After the post-ex time off there was a major inventory of unit equipment before our change of commanding officer. We had hardly finished our post-ex cleanup when the taskings began to be overwhelming.... Then on 19 Jun the parade practices began. During a parade practice on 27 Jun, Maj Dubois was presented with her CD and Sgt Southall received his CD1, congratulations to them both. The change of command parade was held on 28 Jun in the presence of the Brigade Commander Col Pepin and the DGHS BGen Mathieu. The morning of the 29<sup>th</sup> we attended a presentation by BGen Mathieu and Med Br Chief, CWO Doucet, where they spoke of the future of the medical and health services in the future; we didn't learn anything new about the dental services.

MCpl Richard Asselin has come back to us after graduating from a rigorous 722 6A Dental Supervisors Course. Congratulations for a good showing on the course and welcome back to 5 Field Amb. However he won't be here for long as he is posted to CFB Longue Pointe for the beginning of Aug. We all wish him the best at his new posting.

Et voilà, I hope you have been entertained by our story of life in 5<sup>e</sup> Amb de Campagne. À la prochaine.



# 1 DENTAL DETACHMENT GREENWOOD NEWS

The year is sure flying by here!! (Pardon the Air Force pun!)

There have been some significant changes in personnel at the detachment since the last issue of the Fang. Sgt MacNeil has procured the position of clinic coordinator and joined the detachment in April from Gander. Captain Cupples has departed to be collocated with her spouse in Ottawa. The detachment, the patients, and the personnel of 14 Wing will miss her. WO Spencer has returned to 4 Wing Cold Lake, who also will be missed by all; hopefully she learned how to hunt and fish on her first tour, if not, we are sure Dr. Leblanc will be able to teach her a few things. Major Chambers has arrived as the new Detachment Commander from CFB Esquimalt. He is still trying to get over the shock of leaving the fine facility at the new Dockyard Dental clinic at CFB Esquimalt. He and really misses all the dental personnel in Esquimalt, and of course sailing the gulf islands. Anyone interested in purchasing a sailboat on the west coast feel free to call, LCol (ret) Jones, there is room for twins on board.

We undertook the huge task of fall cleaning, and Master Corporal Lacoursiere has been proving her skills as disposer of antiquated dental materiel in valiant effort to make the most of the limited space at this detachment; anyone need any rubber base? Now we have space to accumulate a whole lot of new items, just in time for the year end acquisition requests. The clinic is in need of a little TLC from the CE folks, and hopes are that we can get the projects completed prior to the demolition of the current accommodation and the building of new facilities.

**Congratulations to Captain Luc Langevin and Melanie on the birth of their son, Xavier on 25 Apr 00!! Luc hasn't stopped grinning since!**

Shortly after receiving his commissioning scroll from LCol Travis, WadmO, Captain Langevin left for his BDOC training at CFDSS Borden. A Bravo Zulu is in order for Captain Langevin for achieving the overall top

candidate award. Capt Langevin decided to enjoy a little bit of parental leave and we look forward to his return, especially during sick parade. Master Corporal Lacoursiere completed her instructor's course in first aid at the Wing and is now capable of teaching others how to treat and provide assistance in case of injury and accident. This may prove to be valuable training if you are driving the local highway (Highway 101), or as it is called here, the highway of death.

Our newest addition to the ranks is Corporal Samson. She just completed her basic training course in St. Jean in September and was posted here with her military spouse and children. She is a direct entry bringing with her 10 years of dental assistant experience and a real positive attitude. Apparently, she was thought of by the other recruits as their 'Mother'; hard to believe if you have seen the pictures. The clinic is now up to six military personnel and six civilian personnel and provides dental care to almost 2500 personnel.

Here are some words of wisdom taken from a local restaurant down here:

## Five Best Things to Say if You Get Caught Sleeping at Your Desk

5. "They told me at the blood bank this might happen."
4. "I wasn't sleeping! I was meditating on the mission statement and envisioning a new paradigm."
3. "I was doing a highly specific Yoga exercise to relieve work-related stress. Are you discriminatory toward people who practice Yoga?"
2. "Why did you interrupt me? I had almost figured out a solution to our biggest problem!"
1. "... in Jesus name, Amen."

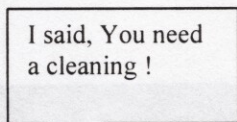
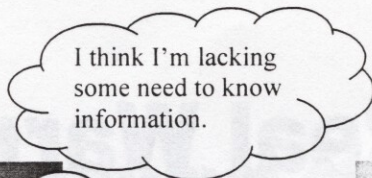
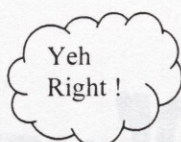


# A Real Warrior



Cpl Sampson, from Dent Det Greenwood,  
doing some real Army Training during her  
Recruit Course in St-Jean





*From Us  
To You*

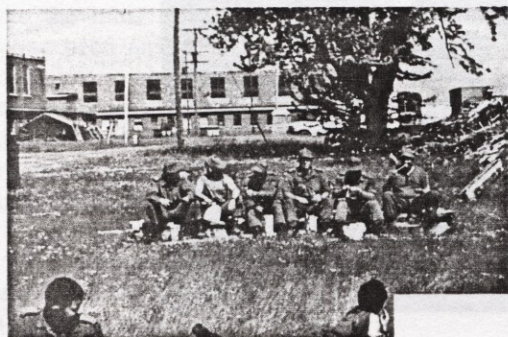


*Merry  
Christmas*

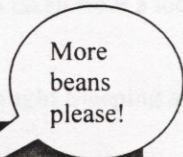
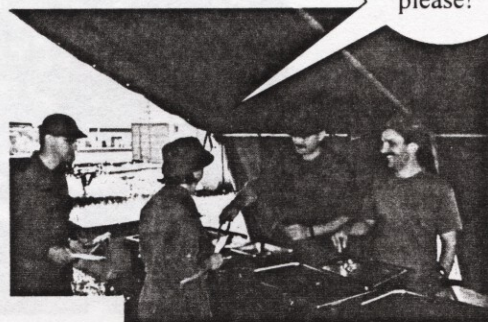
# 1 Cdn Fd Hosp

2000

## Dent Coy



Hear no evil, see no evil,.....





# MORE 5 Field Amb Dental Platoon News

By MCpl Bruno Tremblay

Hello everyone from the 5 Fd Amb dental platoon and also from me, the newest member of the platoon. I have been here since 01 Aug, replacing MCpl Richard Asselin who has been posted to Longue Pointe after his 6A course, I'm totally wrapped up in the new challenge. OK, enough of me, to the platoon news....

September was standardization month for dental equipment; after our Gagetown exercise we undertook to take control of 2 of our generators that were loaned to Service Platoon so they could provide electricity for the camp during the exercise. Cpl Chantal Magnan and I put them back to our accepted standard. After several hours of work, mission accomplished, easier to say than to actually do. During this time Sgt David Southall was very busy with the admin side of things due to the absences of Maj Ellen Sim and Capt Stephan Gendron. Maj Sim is to return from Maternity Leave on 1 Jan and Capt Gendron has been back since 25 Sept. In spite of a high workload, Sgt Southall made the time to go to Trenton from 20 to 22 Sept for the CFDS Golf Tournament. Upon his return he was very happy to turn over the reins to Capt Gendron who returned from his Parental Leave.

October was also busy, starting with a short training session on the setup of the Interface for the members of the unit pharmacy section who have just received one of their own. The experience was fun as they were surprised to find the Interface sets up so quickly by just two people! We gave them several little tricks and hints to help them along. Oct 9<sup>th</sup> was the visit to our lines by the CO, LCol Patenaude, and the RSM, CWO Blais. We shared coffee and donuts during a short discourse by the CO, all went very well. From 2 to 22 Oct, Sgt Southall went to Sherbrooke to participate in EX PIGEON D'OR, a massive casualty exercise with the members of the dental det of 52 Fd Amb.

The end of the month was designated for maintenance of equipment and vehicles to get ready for the Annual Technical Inspection from 20 Oct to 3 Nov.

November, the month of training and re-qualification, wasn't very restful. From 3 to 5 Nov we completed our exercise/refreshers training on the handling and maintenance of dental field equipment for members of the reserve (Sherbrooke) and CFMG Valcartier. This exercise was enriching for all and will likely be repeated in the future. Sgt Southall left us for the period of 5 to 10 Nov to update his dental assisting skills on the Level II course in Halifax. Then on 17 Nov we did our 13km march with full equipment and rucksack. The week of 20 to 24 Nov was spent doing requalifying for our Individual Combat Techniques including shooting our personal weapons, gas hut training and handling of all types of small arms and mine awareness training. 27 Nov to 01 Dec was spent on annual refresher training such as fire extinguishing, POW's, radiation protection, computer security, ethics and drug and alcohol to name but a few.

Finally December, the month of functions. The Children's Christmas Party on the 2<sup>nd</sup>, Intermess Exchange for officers and Snr NCO's on the 6<sup>th</sup>, Men's X-Mas Mess Dinner on the 11<sup>th</sup> and finally the Unit Christmas Party on the 15<sup>th</sup> for members of the Unit and their spouses before starting Christmas leave the same day. On that happy note, on behalf of all the members of the Dental Platoon of 5 Fd Amb, I wish you all a happy holiday period with your families and a prosperous and happy year 2001!





# D'autres Nouvelles du Pon Dentaire 5e Amb de C

par le Cplc Bruno Tremblay

Bonjour à vous tous de la part du Pon Dentaire du 5 amb C de Valcartier et de la part du petit nouveau au peloton dentaire le Cplc Bruno Tremblay. Je suis en postes depuis l'août 00 pour remplacer le Cplc Richard Asselin qui fut muté à Long-Pointe après son cours de 6A, je suis bien emballé par le nouveau défi. Bon, assez parler de moi, passons aux nouvelles du peloton.

Septembre fût le mois de standardisation au niveau d'équipement car après l'exercice à Gagetown nous entreprenons les démarches pour récupérer deux génératrices prêtées aux pon de service pour l'alimentation du campement durant l'exercice. Le Cpl Chantal Magnan et moi les avons remis au même standard, facile à dire. Après plusieurs heures de travailles, mission accomplie. Pendant ce temps le Sgt David Southall fut très occupé par le côté administratif car il occupait le poste de Cmdt pendant l'absence du Maj Sim et Capt Gendron. Le retour de congé de maternité de Maj Sim et prévu pour 01 janvier et le retour du Capt Stephan Gendron en congé de paternité, le 25 sept. Malgré sa charge de travail élevé, le Sgt Southall a pu se libérer pour assister au tournoi de golf du CFDS à Trenton du 20 au 22 sept 00. À son retour il est bien heureux de redonner le commandement au Capt Gendron qui a terminé son congé de paternité, bon retour Capt Gendron !

Octobre fut tout aussi chargé, un cours de montage de tente de liaison donné par le Cpl Magnan et moi à l'équipe de la pharmacie du 5 Amb. L'expérience fut très agréable car il était incrédule de voir monter cette tente si rapidement par seulement deux personnes. Nous leur avons enseigné quelques bons petits trucs intéressants. Le 9 oct fut la visite du Cmdt du 5 Amb C le Lcol Patenaude dans nos lignes, il est accompagné par le SMR Adjuc Blais. Nous avons pris un bon café et mangé des beignes tous s'est

très bien déroulé. Du 20 au 22 oct 00, le Sgt Southall accompagne la section dentaire de la réserve de Sherbrooke pour l'exercice intitulé (Pigeon d'Or), un ex d'évacuation massive, tous s'est bien déroulé. La fin du mois fut consacrée à la vérification des véhicules et de tous les équipements dentaires pour être prêts pour l'inspection technique annuelle qui se déroule du 30 au 03 nov 00.

Novembre ne fut pas très reposant car ce fut le mois d'entraînement et de qualification. Du 03 au 05 nov exercice de perfectionnement de maniement d'équipement dentaire avec les membres de la section de la réserve et 5<sup>e</sup> UEOAS (GMFC). Cet exercice fut très enrichissant pour tous et va se répéter dans le futur. Sgt Southall nous avons quitté pour le période du 05 au 10 nov pour son cours Assistant Dentaire Niveau II à Halifax. Puis, nous avons fait le 17 nov, la marche du 13 km avec l'équipement de combat et le sac à dos. La semaine du 20 au 24 nov nos Techniques du Combat Individuel incluant le tir à la carabine, chambre à gaz et recyclage sur le maniement des armes de toutes sortes. La semaine du 27 nov au 01 déc s'est passé en recyclage annuel tel qu'incendie, prisonnier de guerre, radioactivité, sécurité informatique, éthique et drogue et alcool pour mentionner quelques-uns uns.

Finalement décembre, le mois des fonctions. La Party de Noël des enfants le 02 déc, rencontre inter-mess pour les officiers et sous-officiers supérieurs le 06 déc, dîner de la troupe le 11 déc, et le 15 déc le souper pour les membres d'unité et leurs conjoints et conjointes avant le bloc de vacances débutant la journée même. Sur ça je vous souhaite de la part de tous les membres du pon dentaire du 5 Amb de c que vous passiez une belle période des fêtes en famille et une bonne et heureuse année 2001.





# MCpl Raymond admitted to the Order of St-John

by Major G. Lévesque

On October 20<sup>th</sup> 2000, MCpl Raymond was admitted as a Serving Member to the Most Venerable Order of the Hospital of St-John of Jerusalem. The National Investiture ceremony was held at Christ Church Cathedral, in Ottawa and attended by members from all grades. MCpl Raymond has supported the mission and goals of the Order and was found deserving of recognition. The membership in the Order of St-John is not solely an honour but carries certain obligations.

Over the last 20 years, MCpl Raymond has instructed First Aid and CPR principles and practices to a wide variety of members. He has actively participated in the preparation of a training film of FA/CPR, which is currently in use. On a voluntary basis, he has provided over 1000 hours of instruction to cadets and other organized groups.

CplC Raymond mérite d'emblée cette marque de reconnaissance et, au nom du personnel du détachement, je désire transmettre les plus sincères félicitations.

Congratulations Marty!



MCpl Raymond receiving the Order of St John

## More Honours for the CFDS Dental Forensic Team

Colonel Currah was notified by ADM HR-Mil, somewhat unexpectedly, that the CFDS Dental Forensic Team was being honoured by Treasury Board for their support in the Swissair disaster. As Colonel Currah was out of country at the time of presentation, LCol Becker and Jones stood in on behalf of D Dent Svcs and the Forensic Team. The presentation was made by LGen Couture, on behalf of Lucienne Robillard who is the President of the Treasury Board, on November 3 at National Defence Headquarters.

The Certificate of Recognition scroll read: "Awarded to CFDS Dental Forensic Team for your overwhelming compassion, humanity and dedication to duty in the aftermath of the Swissair tragedy. Your extraordinary effort and respect are deserving of service-wide recognition." Signed by Lucienne Robillard.

Congratulations to all the Team members.



# PERIO COURSE 0001

This year's Canadian Forces Dental Services School's Officer's Clinical Periodontics Course was held in Halifax from 16 to 26 October 2000. The candidates were Capt Grewal from Toronto, Capt West from Petawawa, Capt Holmes from Gagetown, Capt Rix from Halifax and myself. The instructors were Maj Anderson (course director) from Halifax, Col Kerns of the US Army Dental Corps, Maj Cuff from Ottawa, and Maj Austin from Edmonton. The course assistants were Ms Gourley from Halifax, MCpl Tremblay from CFDSS in Borden, and Cpl Redding from Ottawa.

The course was designed as a low-stress environment meant to give you increased confidence in dealing with periodontal issues, including diagnosis, oral hygiene instruction, surgical principles and clinical practice in surgery. It consisted of lectures, student seminars and periodontal surgeries. Each student was assigned three or four patients who required crown lengthening surgery, which allowed us to put into practice the principles taught in class. We were also very fortunate to have a day-long oral pathology lecture by Dr. Douglas D. Damm of the Oral Pathology Department of the College of Dentistry, University of Kentucky. He is a very entertaining lecturer

who has authored two textbooks and hundreds of papers, and has the ability to make a potentially dry subject interesting.

The course ended at 1530 every day, leaving the evenings free for sitting back with a coffee and discussing any burning issues of the periodontium. Unfortunately, this conversation would fade and most evenings were spent socializing and taking in the many sights and sounds of downtown Halifax, including maritime music at the Lower Deck and a course dinner at Salty's. We were also able to get the group together for music provided by Maj Cuff, aka John Prine, on vocals/guitar, Capt Rix vocals/guitar, Capt West vocals and myself guitar/banjo (The Gum Gardeners). Seriously, though, we were able to allow the lectures/surgeries of the day sink in and prepare for the next day with lots of time left over for socializing.

All who attended found the course to be a worthwhile, enjoyable learning experience and it comes highly recommended for anyone with an interest in improving their knowledge and clinical skills in the field of periodontics and periodontal surgery.

Capt Comeau  
12 Wing Shearwater

Gee Sparkle, that  
looks kind of  
complicated...



Perio Course in action



# More Retirements

Major Greg Austin presents a certificate from LCol Becker to Mrs Gerry Volk upon her retirement after 30 years of dedicated service to the CFDS. Mrs Volk was employed as a dental assistant in Edmonton and for the past number of years has been the periodontal specialty assistant.

Over her long career, Gerry has been present for the opening of three different dental clinics at Edmonton and has worked with many different dental officers, hygienists and dental assistants. A retirement dinner was held in her honour at the Garrison Edmonton Officers' Mess on 10 Dec 00.

She will be sadly missed by all the staff at Edmonton and the CFDS.

Good luck Gerry!



LCol Reid presenting Ron with his  
CFDS Retirement Certificate



Ron Receiving his retirement gift from  
Major Nancy Dubois on behalf of the clinic  
and members of the CFDS

A retirement luncheon was held for WO Ron Cote on 24 Nov 00 at the USS Valcartier WO and Sgts' Mess. WO Cote will retire from the CF in January 2001 after 28 years of service; 23 of them having been served in the CFDS.

His leadership, work ethic and great sense of humour will be greatly missed by all who had the pleasure to have worked with him.



**CFDS/1 DENT UNIT PHONE DIRECTORY/  
SDFC/1<sup>ère</sup> UNITÉ DENTAIRE ANNUAIRE  
TÉLÉPHONIQUE  
December 2000**

**@ DENOTES E-MAIL AVAILABLE**

<b>D Dent Svcs</b>	<b>Area Code (613)</b>	<b>CSN 849</b>
Director	Col J.R. Currah	945-6785 @ 6785
D Dent Svcs Secretary	Donna Mitchell	945-6720 @ 6720
D Dent Svcs AO	Capt T. MacCormack	945-6786 @ 6786
D Dent Svcs 2	LCol E.S.C. Swan	945-6790 @ 6790
D Dent Svcs 2-2 & 3-3	Maj C. Payne	945-6788 @ 6788
D Dent Svcs 2-3	Maj M.N. Morin	945-6722 @ 6722
D Dent Svcs 3	LCol J.C. Taylor	945-6736 @ 6736
D Dent Svcs 3-2	Maj D. Fullerton	945-6600 @ 6600
	Ext 3109	
D Dent Svcs 3-4	MWO L. Shirley	945-6888 @ 6888
D Dent Svcs 4	Cliff Beauchamp	945-6620 @ 6620
D Dent Svcs 4-4	MWO R. St-Jacques	994-8281 @ 8281
D Dent Svcs/Dent Fin O	Maj A. Ross	945-6787 @ 6787
Branch CWO	CWO A. Baird	945-6789 @ 6789
FAX		945-6726 @ 6726

<b>Other CHS Numbers</b>	<b>Area Code (613)</b>	<b>CSN 849</b>
ACOS Trg Dev	Capt J. Snell	945-6796 @ 6796
FAX		945-6750 @ 6750
Compt	Maj Skura	945-6831 @ 6831
FAX	(CSN 842)	992-9725
ACOS Op Red	Maj M. Smith	945-6889 @ 6889
Trg 4		
FAX		945-6750 @ 6750
DentIS Computer	R. Edma(CSN 841)	945-4911 @ 4911
FAX		990-6045

<b>Careers</b>	<b>Area Code (613)</b>	<b>CSN 842</b>
PCO	Maj J. Henry	992-4958 @ 4958
FAX		992-7265
DPCOR	CWO D.Noel	992-7448 @ 7448
FAX		992-7265
Confidential Fax		992-4839

<b>1 Dental Unit HQ</b>	<b>Area Code (613)</b>	<b>CSN 849</b>
CO	LCol S. Becker	945-6913 @ 6913
DCO/E	LCol E.L.Reid	945-6918 @ 6918
DCO/W	LCol T.M. Strilesky	945-6994 @ 6994
Adm O	Capt E. Richards	945-6917 @ 6917
Region W	Capt A. Brown	945-6921 @ 6921
Region E	Capt F. Fowler	945-6919 @ 6919
UWO		
CC	Sgt MFL Boisjoly	945-6916 @ 6916
Reception	Ms. S. Touchette	945-6915 6915
FAX		945-6599 @ 6599

<b>Bagotville 1 Dent Det</b>	<b>Area Code (418) 677-8011</b>	<b>CSN 661</b>
Det Comd	Capt J.R.Y. Roussy	Ext 8396 8396
Clinic Coord	Sgt A. Fillion	Ext 8152 8152
FAX		677-8281 8281

<b>Borden 1 Dent Det</b>	<b>Area Code (705) 424-1200</b>	<b>CSN 270</b>
Det Comd	Maj G.S. Ford	Ext 2200 @ 2200
Clinic Coord	MCpl D.E.Forbes	Ext 2203 @ 2203
Reception		Ext 2643 2643
FAX		423-2642

<b>Borden CFDS</b>	<b>Area Code (705) 424-1200</b>	<b>CSN 270</b>
Cmdt	Maj F.W.H. Hedley	Ext 3820 @ 3820
DCmdt/Stds O	Maj P. Bosch	Ext 2884 2884
Adm O/CI	Capt F.E. Kaye	Ext 2306 2306
Trg Coord	MWO M.M.J.E..Beach	Ext 2307 2307
Stds W	Sgt M.C. Buxcey	Ext 2646 @ 2646
Trg	Sgt M.A. Wilson	Ext 2573 2573
Reception		Ext 3310 3310
FAX		423-2821

<b>Cold Lake 1 Dent Det</b>	<b>Area Code (780) 840-8000</b>	<b>CSN 690</b>
Det Comd	Maj K.V. McTaggart	Ext 8781 @ 8781
Clinic Coord	Sgt S.G. Black	Ext 8782 @ 8782
Reception		Ext 8787 8787
FAX		840-7327

<b>Comox 1 Dent Det</b>	<b>Area Code (250) 339-8211</b>	<b>CSN 252</b>
Det Comd	Capt L. Campbell	Ext 8661 8661
Clinic Coord	Sgt M. Maggiolo	Ext 8844 8844
Reception		Ext 8347 8347
FAX		339-8244 8244

<b>Edmonton 1 Dent Det</b>	<b>Area Code (780) 973-4011</b>	<b>CSN 528</b>
Det Comd	Maj O.J. Lysechko	Ext 4049 @ 4049
Clinic Coord	WO D.Giroux	Ext 4067 @ 4067
Reception		Ext 4466 4466
FAX		973-4048

<b>Edmonton Fd Amb</b>	<b>Area Code (780) 973-4011</b>	<b>CSN 528</b>
OC	Maj S.J. Molyneaux	Ext 2608 2608
NCO I/C Dent Pl	Sgt S.G. Buck	Ext 2644 2644
FAX		973-1635 1635

<b>Esquimalt 1 Dent Det</b>	<b>Area Code (250) 363-2000</b>	<b>CSN 255</b>
Det Comd	Maj A.M. MacIssac	363-4148 @ 4148
Clinic Coord	WO S.E. Tracy	363-4479 @ 4479
Reception		363-4149 4149
FAX		363-4435

<b>HMCS PROTECTOR-Capt P.A. Henn</b>	
Ship Telephone	363-5479
FAX	363-5473

<b>Gagetown 1 Dent Det</b>	<b>Area Code (506) 422-2000</b>	<b>CSN 432</b>
Det Comd	Maj D.A. Stuart	Ext 2606 2606
Clinic Coord	WO L. Crowell	Ext 2184 @ 2184
Reception		Ext 2185 2185
FAX		422-1455 1455

<b>CFMG</b>	Maj J. Livingston	Ext 3615 3615
FAX		422-1426 1426

<b>Gander 1 Dent Det</b>	<b>Area Code (709) 256-1703</b>	<b>CSN 622</b>
Det Comd	Capt G.L. Ross	Ext 3388 3388
Clinic Coord	MCpl S.M. Swindells	Ext 3494 3494
FAX		256-1711 3711

<b>Goose Bay 1 Dent Det</b>	<b>Area Code (709) 896-6900</b>	<b>CSN 568</b>
Det Comd	Capt N. Adams	896-7206 @ 7206
Clinic Coord	Sgt M.C.C. Vezina	896-7014 7014
Reception		896-6902 6902
FAX		896-6969

<b>Greenwood 1 Dent Det</b>	<b>Area Code (902) 765-1494</b>	<b>CSN 568</b>
Det Comd	Maj D.I Chambers	Ext 5578 @ 5578
Clinic Coord	Sgt V.L.S. MacNeil	Ext 5133 @ 5133
Reception		Ext 5241 5241
FAX		765-1702

<b>Halifax FHSU N14</b>	<b>Area Code (902) 427-0550</b>	<b>CSN 447</b>
Det Comd	Maj T.J. Anderson	Ext 8103 8103
Clinic Coord	MWO J. MacKenzie	Ext 8964 8964
Reception		Ext 8960,61,63
FAX		427-8708 8708

<b>HMCS Preserver - Capt E. Garand</b>	
Ship Telephone	Ext 2795 / 2788

<b>Kingston 1 Dent Det</b>	<b>Area Code (613) 541-5010</b>	<b>CSN 270</b>
Det Comd	Maj R. Gillis	Ext 5544 5544
Clinic Coord	WO S.R. Ells	Ext 5516 @ 5516
Reception		Ext 5543 5543
Fax		541-4465
OIC RMC	Capt T.L. Russu	Ext 6650 6650
Sr Dent CIA	Sgt S. Beacco	Ext 6278 @ 6278
Reception		Ext 6278 6278
FAX		545-8458

<b>Longue-Pointe 1 Dent Det</b>	<b>Area Code (514) 252-2777</b>	<b>CSN 621</b>
Det Comd	Capt F. Lavoie	Ext 2383 2383
Clinic Coord	MCpl J.G.R. Asselin	Ext 2965 2965
FAX		252-2104 2104



<b>Moose Jaw</b>	<b>1 Dent Det</b>	<b>Area Code (306) 694-2222</b>	<b>CSN 826</b>
Det Comd		Ext 5512 @	5512
Clinic Coord	Sgt J.L. Sushelniski	Ext 2224 @	2224
Reception		Ext 2223	2223
FAX		694-2875	

<b>North Bay</b>	<b>1 Dent Det</b>	<b>Area Code (705) 494-6011</b>	<b>CSN 628</b>
Det Comd	Capt J.C. Lemay	Ext 2220 @	2220
Clinic Coord	Sgt W. Weir	Ext 2211	2211
Reception		Ext 2221	2221
FAX		494-2156	

<b>Ottawa</b>	<b>1 Dent Det NDHQ</b>	<b>Area Code (613)</b>	<b>CSN 842</b>
Det Comd	Maj G. Levesque	992-1431 @	1431
Clinic Coord	MWO L.A. Zwarycz/	992-1846 @	1846
Reception	Sgt Bizier	992-7389	7389
FAX		996-9676	

<b>Ottawa</b>	<b>1 Dent Det HCC</b>	<b>Area Code (613)</b>	<b>CSN 849</b>
Sr Dent CIA	Sgt C.P.J. Langlois	945-6548	6548
Reception		945-6547	6547
Prosthodontist	Maj J.R. Paul	945-6551	6551
Oral Surgeon	Maj J.W.M. Dumas	945-6935	6935
Periodontist	Maj M.J.A. Cuff	945-6552	6552
FAX		998-6656	6656

<b>Petawawa</b>	<b>1 Dent Det</b>	<b>Area Code (613) 687-5511</b>	<b>CSN 677</b>
Det Comd	Maj M. Maltais	Ext 5631 @	5631
Clinic Coord	MWO P.G. Leitch	Ext 6459 @	6459
Reception		Ext 5619	5619
OIC Dent Annex		Ext 6839	6839
Reception		Ext 5836	5836
FAX		588-6997	6997

<b>Petawawa</b>	<b>FD AMB</b>	<b>Area Code (613) 687-5511</b>	<b>CSN 677</b>
OIC	Maj R.A. Warmerdam	Ext 7044/5619	
Dent Pl WO	WO L.A. Fortin	Ext 6592/6939	
FAX		677-6637	6637

#### CFMG CADRE

OIC	Lt Oneil	Ext 7262
OPS WO	WO M.J. Horodecky	Ext 7344
FAX		588-7539

<b>Saint-Jean</b>	<b>1 Dent Det</b>	<b>Area Code (450) 358-7099</b>	<b>CSN 661</b>
Det Comd	Maj M.J.N. Mailhot	Ext 7281	7281
Clinic Coord	Sgt J.J. Caron	Ext 7274	7274
Reception		Ext 7273	7273
FAX		358-7440	

<b>Shearwater</b>	<b>Area Code (902) 460-1011</b>	<b>CSN 479</b>
OIC Shearwater	Capt J.P. Comeau	Ext 1093
Sr Dent CIA		Ext 1094
FAX		460-1270

<b>Shilo</b>	<b>1 Dent Det</b>	<b>Area Code (204) 765-3000</b>	<b>CSN 257</b>
Det Comd	Capt L. Hache	Ext 3163	3163
Clinic Coord	MCpl L.M.T. Fisher	Ext 3165	3165
FAX		765-3118	

<b>Toronto</b>	<b>1 Dent Det</b>	<b>Area Code (416) 633-6200</b>	<b>CSN 827</b>
Det Comd	Capt M.S. Grewal	633-4240	4240
Clinic Coord	MCpl J.R. Desmarais	633-4241	4241
Reception		633-4242	4242
FAX		635-4406	4406

<b>Trenton</b>	<b>1 Dent Det</b>	<b>Area Code (613) 392-2811</b>	<b>CSN 827</b>
Det Comd	Maj D.M. Lemon	Ext 7024	7024
Clinic Coord	WO L. Burton	Ext 3376	3376
Reception		Ext 3330	3330
FAX		965-7551	

<b>Valcartier</b>	<b>1 Dent Det</b>	<b>Area Code (418) 844-5000</b>	<b>CSN 666</b>
Det Comd	Maj M.G.N. Dubois	Ext 6300	6300
Clinic Coord	Sgt M.J. Vincent	Ext 6302	6302
Reception		Ext 5270	5270
FAX		844-6801	6801
<b>Citadelle</b>	Capt S. Lavoie	694-2877	
	MCpl B. Tremblay	694-2877	

<b>Valcartier</b>	<b>FD AMB</b>	<b>Area Code (418) 844-5000</b>	<b>CSN 666</b>
OC	Maj E.J. Sim	Ext 5107	5107
	Sgt D.M. Southall	Ext 7978	7978

<b>Wainwright</b>	<b>1 Dent Det</b>	<b>Area Code (780) 842-1363</b>	<b>CSN 530</b>
Det Comd	Capt MJD Walton	Ext 1732 @	1732
Clinic Coord	Sgt J.L. Thibault	Ext 1730	1730
FAX		842-1806	
MIR FAX		842-1809	

<b>Winnipeg</b>	<b>1 Dent Det</b>	<b>Area Code (204) 833-2500</b>	<b>CSN 257</b>
Det Comd	Maj G. Collins	Ext 2247 @	2247
Clinic Coord	Sgt D.N. Forward	Ext 5162 @	5162
Reception		Ext 5522	5522
FAX		833-2527	
OIC South Side	Capt R.K. Krawat	833-6849	6849
Reception		833-6126	6126
FAX		833-2688	

<b>CFSU (Europe)</b>	<b>Geilenkirchen</b>	<b>Area Code</b>	<b>011-49</b>
OIC	Capt T.J. Barter	2451-71116	
RDAO	Sgt M.L. Savoie	2451-717181 @	
Reception		2451-632256	
FAX		2451-65505	

<b>CFSU (Europe)</b>	<b>Shape</b>	<b>Area Code</b>	<b>011-32--</b>
OIC	Capt C. Batsos	65-445056	
Sr Dent CIA	Sgt A.M. Martineau	65-445885	
FAX		6531-8470	

#### Bosnia

Dental Van	996-7811 EXT 5098
FAX	013851815196